EAP Lunchtime Financial Wellness Program

Understanding Your NY Health Insurance Program (NYSHIP) Retiree Benefit*

If you missed this presentation last year, here’s your 2nd chance to attend!

Did you know that to meet the current NYSHIP eligibility requirements at the time of retirement employees must have the following:
- Have at least 10 years of NYSHIP eligible service,
- Be at least 55 years old, and
- Be enrolled in a NYSHIP plan at the time of retirement.

UAlbany Health Benefits Administrator Kathy Zazarine will outline a framework for understanding how your NYSHIP benefits work within your retirement package as well as offer you a snapshot of the current benefits. You’ll walk away with a general knowledge of the NYSHIP basics to help you understand the steps you need to take when preparing for retirement. A brief Q & A period will be included. NOTE: Dental and vision benefits and individual health benefit estimates will not be included in the program.

UPTOWN CAMPUS

Friday, February 16
12 noon—1:00 pm
Assembly Hall
Campus Center
Deadline to Register:
Thursday, February 15

To Register Contact:
Brenda Seckerson
EAP Coordinator
bseckerson@albany.edu
442-5483 or online at
http://www.albany.edu/eap/event_sign-up.htm

The NYSHIP retiree benefits are for state/SUNY employees not Research Foundation employees.

*To attend this seminar employees must be within 5 years of retirement.