Recently, a **new travel advisory** was announced for out-of-state travel. Specifically, any travelers who were in another state for more than 24 hours (excluding Connecticut, Massachusetts, New Jersey, Pennsylvania and Vermont) require a 10-day quarantine upon return. You must also complete a **Traveler Health Form** upon return. The travel advisory may change often so the **travel advisory** should be referenced directly.

There are a couple circumstances that will reduce or eliminate the 10-day quarantine for state travel:

- You receive a test within three days of departure from the applicable state, you quarantine for three days upon return to New York State, and you receive a second diagnostic test on the fourth day after return. If both tests are negative, you may leave quarantine upon receipt of the second negative diagnostic test, **OR**

- Certain essential employees may receive approval from Human Resources to return to work

For travel less than 24 hours, you must complete a **Traveler Health Form** and receive a test on the fourth day upon return, however you do not need a test prior to departing the applicable state or quarantine upon return.

**International travel advisory** requires a 10-day quarantine from any Level 2 or Level 3 travel restriction country upon return, in addition to completing a **Traveler Health Form**.

We will be updating the **Health Screening Assessment** regarding these new travel restrictions.

Employees who can work remotely during any quarantine period should do so. Employees who are quarantined due to travel who cannot work remotely will be required to charge appropriate accruals.

Questions can be directed to Time Records at **timerecords@albany.edu**. Please continue to report COVID symptoms or positive test results to the Medical Reporting Hotline at 518-442-1501.

Regards,

Denise L. Szelest  
Sr. Director of Human Resources Management