### POLITICAL SCIENCE B.A.  
**+GLOBAL DISTINCTION**  
MAJOR ACADEMIC PLAN (MAP)  
Sample Progression Plan

<table>
<thead>
<tr>
<th>Fall Semester 1</th>
<th>Spring Semester 1</th>
<th>Summer 1</th>
</tr>
</thead>
</table>
| RPos 101 US or RPos 102 CH SS *(Transnational)*  
Natural Science Gen Ed NS  
Arts Gen Ed AR  
Elective  
Foreign Language FL  
*(You can start FL study in your 2nd year instead.)* | RPos 101 US or RPos 102 CH SS *(Transnational)* or RPOS 103 HU  
UUni 110 WCI  
Elective  
Prof Development/Elective  
Foreign Language | Consider coursework (Pro Tip: spread out Major Gen Ed requirements by taking them in the summer)  
Look for a summer job in the area of your studies |

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<tr>
<th>Fall Semester 2</th>
<th>Spring Semester 2</th>
<th>Summer 2</th>
</tr>
</thead>
</table>
| RPos 101 US or RPos 102 CH SS *(Transnational)*  
or RPOS 103 HU  
Minor course  
Math Gen Ed MS  
Elective  
Foreign Language | RPos/RPad 395 *(Development)*  
= RPos elective or concentration course  
RPos Elective  
Minor course  
Elective  
Foreign Language | Consider study abroad options  
Look for shadowing or research opportunities (ex.: Global Institute for Health and Human Rights; U.N.) |

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<thead>
<tr>
<th>Fall Semester 3</th>
<th>Spring Semester 3</th>
<th>Summer 3</th>
</tr>
</thead>
</table>
| RPos concentration course  
RPos elective  
Minor course  
Elective (more language?)  
Prof Development/Elective | Study Abroad! *(IP)*  
RPos concentration course  
RPos elective  
Minor course  
Elective (more language?)  
Elective (culture area course?)  
Study abroad in any semester or even for 1 year, with the approval of your Major and GD academic advisors. | Intern/Research Abroad! *(IP)*  
(8-10 weeks)  
May earn credit for RPos 397/498Z.  
Pro Tip: Why not declare the International Studies Minor to formally reflect study and interning abroad, or a Culture Area (Afs, Lcs, Eas), History, or Language Minor/Major? |

<table>
<thead>
<tr>
<th>Fall Semester 4</th>
<th>Spring Semester 4</th>
<th>Congratulations!</th>
</tr>
</thead>
</table>
| RPos 400/4952/498/4992 *(globally-oriented capstone project)*  
= RPos 400-level elective (research/writing course)  
RPos concentration course  
Minor course  
Elective  
Professional Development/Elective | RPos/RPad/CEhc 341 *(Culture)*  
= RPos elective  
Minor Course  
Elective  
Elective  
Prof Development/Elective | You have earned UAlbany’s Global Distinction! |

**General Education Requirements, for students matriculating Fall 2014 and after:**

<table>
<thead>
<tr>
<th>MS</th>
<th>Mathematics and Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td>WCI</td>
<td>Writing and Critical Inquiry</td>
</tr>
<tr>
<td>AR</td>
<td>Arts</td>
</tr>
<tr>
<td>HU</td>
<td>Humanities</td>
</tr>
<tr>
<td>NS</td>
<td>Natural Sciences</td>
</tr>
<tr>
<td>SS</td>
<td>Social Sciences</td>
</tr>
<tr>
<td>IP</td>
<td>International Perspectives</td>
</tr>
<tr>
<td>US</td>
<td>U.S. Historical Perspectives</td>
</tr>
<tr>
<td>CH</td>
<td>Challenges for the 21st Century</td>
</tr>
<tr>
<td>FL</td>
<td>Foreign Language (one semester of collegiate study, or the equivalent, of a foreign language)</td>
</tr>
</tbody>
</table>

**Credit bearing Professional Development Options:**

- RSSW 290, 291 and 390 – Community Service  
- Research within major University  
- Internship Departmental Internship  
- Community Engaged Coursework  
- Study Abroad  
- Tutoring opportunities

**NOTE:** This is a suggested course sequence.

**Global Distinction (GD) Course Categories:**

- UAlbany Gen Ed or Major requirement AND counts towards the GD (Global Distinction)!  
- Counts towards the GD AND your Electives AND may also count towards your Major, Minor or Gen Ed Requirements!

*See the back of this sheet for more information about the Global Distinction.

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Prepared by CIEGS – 2018
What the Global Distinction Program can do for you!

Global Distinction is a new University at Albany Milestone (appearing on the bottom of your official transcript upon graduation) conferred upon students who complete a structured set of life-changing, international academic experiences that produce a globally competent graduate. Today’s employers and graduate school programs seek students who have the right balance of disciplinary knowledge and real-world problem-solving skills. In today’s highly globalized society, scientists, artists, employees, and small business owners all need to master inter-cultural communication skills. Global Distinction meets that need through

- 2 years (4 semesters) of foreign language acquisition or the equivalent in proficiency
- Interdisciplinary, globally-oriented coursework, including 1 course that includes a focus on
  - Culture-Area Studies or Inter-Cultural Competency (Culture)
  - International Development or Economics (Development)
  - International Relations, Migration, or Human Rights (Transnational)
  - a Capstone Research Project that is approached with a global lens (if your Major requires a research seminar/paper)
- International immersion via a study abroad semester and an 8-10 week summer internship/research opportunity

You can graduate on time!

With the guidance of your academic advisors for your Major, Minor and the Global Distinction (GAP) Director Dr. Annette Richie; email arichie@albany.edu for an appointment), you will find your “best fit” university for your study abroad semester and your summer internship or lab research placement. The “extra” language and interdisciplinary, globally-oriented coursework can be completed at UAlbany or abroad, or applied from your Transfer, Advanced Placement, and University in the High School courses. Culture, Development and Transnational courses can be found in various Majors and Minors and many fulfill Gen Ed requirements.

The GD program is within your financial reach!

You can use financial aid and most UAlbany scholarships for studying and interning abroad as you are earning UAlbany credit! Global Distinction participants will be eligible for a Flight Voucher, to apply towards studying, interning, or researching abroad.

Global Academic Programs offers its own scholarships through the World Within Reach Scholarship Fund and The Joan N. Savitt Scholarship for Study Abroad. Learn more at http://www.albany.edu/studyabroad/scholarships-grants.php. Jacqueline Ledermann, GAP Assistant Director, advises on external scholarship applications, such as the NSEP Boren Scholarship, the Benjamin A. Gilman International Scholarship, and the Critical Language Scholarship. Some nations and overseas universities that we partner with also offer their own scholarships. Amounts and eligibility criteria vary.

Study abroad in your Major at these UAlbany partner universities (these are just a few examples)!

Argentina: Universidad del Salvador (USAL, Buenos Aires)
Australia: University of Notre Dame of Australia (Freemantle and Sydney); University of Wollongong (Wollongong)
China: Beijing Normal University (Beijing); East China Normal University (Shanghai); Peking University (Beijing); Sichuan University (Chengdu)
Cuba: History, Politics, and Culture of Cuba, at Universidad de Ciencias Pedagogicas (Havana)
Denmark: Aarhus University (Aarhus); Study Abroad in Scandinavia (DIS, Copenhagen)
Finland: Abo Akademi University (Abo-Turku); University of Helsinki (Helsinki)
France: University of Grenoble-Alpes (Grenoble)
Germany: Germany Universities of Applied Sciences (Berlin, Bremen, and Munich)
Ireland: Foundation for International Education (Dublin)
Israel: Ben-Gurion University of the Negev (Beer Sheeva); The Hebrew University of Jerusalem (Jerusalem); Tel Aviv University (Tel Aviv); University of Haifa (Haifa)
Japan: Kansai Gaidai University (Hirakata City); Kwansei Gakuin University (Nishinomiya); Tokyo University of Foreign Studies (Tokyo); Waseda University (Tokyo)
Kenya: United States International University (Nairobi)
Korea: Hallym University (Chuncheon); Yonsei University (Seoul)
Luxembourg: University of Luxembourg (Luxembourg City)
Mexico: Autonomous University of Social Movements (Various – Tlaxcala)
Netherlands: Radboud University Nijmegen (Nijmegen); Tilburg University (Tilburg)
Russian Federation: Internship Program in Russia, Moscow School of Social and Economic Sciences (Moscow, option in Latvia too)
South Africa: University of Cape Town (Cape Town)
Spain: UAlbany in Madrid (Madrid)
Sweden: Gothenburg University (Gothenburg); Study Abroad in Scandinavia (DIS, Stockholm)
Taiwan: National Taiwan University (Taipei)
Trinidad and Tobago: University of the West Indies, St. Augustine
U.A.E.: American University in Dubai
U.K.: Foundation for International Education (London, England); Swansea University (Wales); University of Aberdeen (Aberdeen, Scotland); University of Glasgow (Glasgow, Scotland); University of Hull (Kingston-on-Hull, England); University of Nottingham (Nottingham, England)