











HUMAN BIOLOGY B.S.

PRE-HEALTH TRACK

+GLOBAL DISTINCTION

MAJOR ACADEMIC PLAN (MAP)

Sample Progression Plan

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| <p>Fall Semester 1 ABio 120 NS AChm 120/130 AChm 124 AMat 108 MS AENG 121 HU AANT 108 SS  (<i>Culture</i>)</p> | <p>Spring Semester 1 ABio 121 AChm 121/131 AChm 125 AAnt 110 Mat elective (AMat 106 or above) UUNI 110 WCI</p> | <p>Summer 1 <i>Consider coursework (Pro Tip: spread out Chemistry & Physics courses & labs, Math, & Gen Eds by taking them in the summer)</i> <i>Look for a summer job in the area of your studies</i></p> |
| <p>Fall Semester 2 ABio 212 ABio 201 ABio 217 AChm 220 AChm 222 <i>Foreign Language FL</i>  (You can start FL study in your 1st year instead.)</p> | <p>Spring Semester 2 AANT 211 ABio 202Z AChm 221 AChm 223 AANT 119 NS CH  (<i>Development</i>) <i>Foreign Language</i> </p> | <p>Summer 2 <i>Consider study abroad options</i> <i>Look for shadowing or research opportunities (ex.: Albany Medical Center, Global Institute for Health and Human Rights)</i></p> |
| <p>Fall Semester 3 Arts Gen Ed AR US Historical Perspectives Gen Ed US Elective Professional Development/Elective <i>Foreign Language</i> </p> | <p>Spring Semester 3 <i>Study Abroad!</i>  IP Major Elective (Ant, Bio, Chm, Phy, Psy, SPH) 2-3 Electives (culture area course?) <i>Foreign Language</i>  <i>Study abroad in any semester or even for 1 year, with the approval of your Major and GD academic advisors.</i></p> | <p>Summer 3 <i>Intern/Research Abroad!</i>  IP (8-10 weeks) May earn credit for AAnt 498. <i>Pro Tip: Why not declare the International Studies Minor to formally reflect study and intern abroad or add a Language Minor?</i></p> |
| <p>Fall Semester 4 APhy 105 APhy 106 AANT 316 AANT 312/319/411/416 Elective (more language?) Professional Development/Elective</p> | <p>Spring Semester 4 APhy 108 APhy 109 AANT 318 ABIO 311 or HHPM/RPAD/RPOS 486  (<i>Transnational</i>), as Major Elective AANT 389/482/483/498/499  (globally-oriented capstone project) Elective (more language?)</p> | <p>Congratulations! <i>You have earned UAlbany's Global Distinction!</i></p> |

General Education Requirements, for students matriculating Fall 2014 and after:



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|---|--|
| MS Mathematics and Statistics | SS Social Sciences |
| WCI Writing and Critical Inquiry | IP International Perspectives |
| AR Arts | US U.S. Historical Perspectives |
| HU Humanities | CH Challenges for the 21 st Century |
| NS Natural Sciences | FL Foreign Language (<i>one semester of collegiate study, or the equivalent, of a foreign language</i>) |

Credit bearing Professional Development Options:

- RSSW 290, 291 and 390 – Community Service
- Research within major University
- Internship Departmental Internship
- Community Engaged Coursework
- Study Abroad
- Tutoring opportunities

NOTE: This is a suggested course sequence.

Global Distinction (GD) Course Categories:

-  UAlbany Gen Ed or Major requirement AND counts towards the GD (Global Distinction)!
-  Counts towards the GD AND your Electives AND may also count towards your Major, Minor or Gen Ed Requirements!

*See the back of this sheet for more information about the Global Distinction.

Prepared by CIEGS – 2018

What the Global Distinction Program can do for you!

Global Distinction is a new University at Albany Milestone (appearing on the bottom of your official transcript upon graduation) conferred upon students who complete a structured set of life-changing, international academic experiences that produce a globally competent graduate. Today's employers and graduate school programs seek students who have the right balance of disciplinary knowledge and real-world problem-solving skills. In today's highly globalized society, scientists, artists, employees, and small business owners all need to master inter-cultural communication skills. Global Distinction meets that need through

- 2 years (4 semesters) of **foreign language** acquisition or the equivalent in proficiency
- **Interdisciplinary, globally-oriented coursework**, including 1 course that includes a focus on
 - Culture-Area Studies or Inter-Cultural Competency (**Culture**)
 - International Development or Economics (**Development**)
 - International Relations, Migration, or Human Rights (**Transnational**)
 - a Capstone Research Project that is approached with a global lens (if your Major requires a research seminar/paper)
- **International immersion** via a **study abroad** semester and an 8-10 week summer **internship/research** opportunity

You can graduate on time!

With the guidance of your academic advisors for your Major, Minor and the Global Distinction (GAP Director Dr. Annette Richie; email arichie@albany.edu for an appointment), you will find your "best fit" university for your study abroad semester and your summer internship or lab research placement. The "extra" language and interdisciplinary, globally-oriented coursework can be completed at UAlbany or abroad, or applied from your Transfer, Advanced Placement, and University in the High School courses. *Culture*, *Development* and *Transnational* courses can be found in various Majors and Minors and many fulfill Gen Ed requirements.

The GD program is within your financial reach!

You can use financial aid and most UAlbany scholarships for studying and interning abroad as you are earning UAlbany credit! Global Distinction participants will be eligible for a **Flight Voucher**, to apply towards studying, interning, or researching abroad.

Global Academic Programs offers its own **scholarships** through the World Within Reach Scholarship Fund and The Joan N. Savitt Scholarship for Study Abroad. Learn more at <http://www.albany.edu/studyabroad/scholarships-grants.php>. Jacqueline Ledermann, GAP Assistant Director, advises on external scholarship applications, such as the NSEP Boren Scholarship, the Benjamin A. Gilman International Scholarship, and the Critical Language Scholarship. Some nations and overseas universities that we partner with also offer their own scholarships. Amounts and eligibility criteria vary.

Study abroad in your Major at these UAlbany partner universities (these are just a few examples)!

Australia: University of Notre Dame of Australia (Freemantle and Sydney); University of Wollongong (Wollongong)

China: Peking University (Beijing); Sichuan University (Chengdu)

Denmark: Study Abroad in Scandinavia (DIS, Copenhagen)

Finland: Oulu University (Oulu)

Germany: Germany Universities of Applied Sciences 7 (Hamburg and Muenster)

India: Symbiosis University (Pune)

Israel: Ben-Gurion University of the Negev (Beer Sheeva)

Japan: Kansai Gaidai University (Hirakata City)

South Africa: University of Cape Town (Cape Town)

Sweden: University of Gothenburg (Gothenburg); Study Abroad in Scandinavia (DIS, Stockholm)

Taiwan: National Central University (Taoyuan); National Taiwan University (Taipei)

Trinidad and Tobago: University of the West Indies, St. Augustine

U.K.: University of Aberdeen (Aberdeen, Scotland)