

**What to do if you have been in close contact\* with a COVID positive individual**

*Note – Close contact is defined as within six feet for 15 minutes or longer within 2 days of the individual testing positive for COVID or their symptom onset, whichever occurred first*

- Wear a well-fitting mask while around others for 10 days from the last date of exposure
- Test at day five (if possible)
- If symptoms appear, stay home, and seek testing
- Contact the University's employee medical reporting hotline at 518-442-1501 if you receive a positive test result

CDC guidance no longer requires quarantine following close contact with a COVID positive individual. University employees are not required to call the medical reporting hotline unless they test positive for COVID.