

# Sexuality Month 2020

**FEBRUARY 3-26, 2020**

**UNIVERSITY AT ALBANY  
STATE UNIVERSITY OF NEW YORK**



**COORDINATED BY:**

*Middle Earth Peer Assistance Program  
Center for Behavioral Health Promotion and Applied Research*



**Student Affairs**  
**Center for Behavioral Health  
Promotion and Applied Research**



**Auxiliary Services**



**STUDENT  
ASSOCIATION**  
**EMPOWERING THE STUDENT VOICE**



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## EXHIBITS

### ❖ **SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION PROGRAM**

In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Lecture Center Concourse from 10:00 AM to 3:00 PM during Sexuality Month. The exhibits will include information, as well as handouts and brochures, on topics such as contraception, sexually transmitted infections, HIV/AIDS, and breast and testicular cancer.

### ❖ **MIDDLE EARTH EXHIBIT**

Visit the Middle Earth exhibit in the Lecture Center Concourse from 10:00 AM to 3:00 PM during Sexuality Month and pick up free information and giveaways.

#### **MIDDLE EARTH: CELEBRATING 50 YEARS OF STUDENTS HELPING STUDENTS**

*Established in 1970 in the spirit of students helping students, the Middle Earth Peer Assistance Program is a campus service in which trained University at Albany undergraduate students offer hotline assistance, peer wellness coaching, and peer education under the supervision of professionals at The Center for Behavioral Health Promotion and Applied Research and Counseling and Psychological Services. For additional information about Middle Earth, go to [albany.edu/middleearthcafe/index.shtml](http://albany.edu/middleearthcafe/index.shtml).*



## KEYNOTE SPEAKER



# “An Evening with Ryan Russell”

Professional NFL Football Player

**TUESDAY, FEBRUARY 4, 8:00PM**

**Campus Center Ballroom  
University at Albany, SUNY**

Reception and Book-Signing to Follow

## ABOUT RYAN RUSSELL

Being the first openly LGBTQ+ professional to play in the NFL, Ryan Russell articulates how truth is essential to not only survive but to thrive. In addition to being a professional football player in the NFL, he is also a published poet, writer, and artist.

Ryan dedicated his life to football. He learned the responsibility and hard work it took to become a Big Ten Starter, an All-Conference player, and a reliable teammate. Off the field, he began to take his studies more seriously, write long-form creative pieces, and discover his sexuality. Ryan had always dated women and like a lot of young men his age he had fallen in love once or twice, but the presence of something more began to surface. Ryan confided in his best friend, teammate, and roommate at the time, Joseph Gilliam in his revelation. Liberated by his inner circle, Ryan signed with Tampa Bay and found brotherhood, camaraderie, and success for two years before suffering a horrific shoulder injury. He played through the injury his last year in Tampa but with surgery looming and his last year on contract up, the Buccaneers parted ways with Russell. In 2017, Russell appeared in 14 games with Tampa Bay, while registering 17 tackles. He missed the fifth and sixth games with a dislocated left shoulder, which limited him the rest of the year. His 2 sacks came in each of the final two games. On July 29, 2018, Russell signed with the Buffalo Bills.

Ryan moved to Los Angeles, a place he had visited every offseason and longed to reside. He began sharing and expressing his story through writing and poetry. With his creativity thriving, Ryan also started dating both men and women openly. With those he encountered, he identified as bisexual and his life away from football was finally starting to feel substantial. The thought of repressing his art, his writing, and his love, seemed unbearable. In April of 2019 he released his debut poetry book *Prison or Passion*.

Longing for freedom, On August 29th, 2019, Ryan Russell came out to the world as the 1st active NFL player to identify as bisexual. His courage and bravery deriving from the need to live his dream as exactly who is he is and whom he was meant to be. Such a significant moment in professional sports history was ignited by the single notion that someone can dedicate their life to sports while also being dedicated to their truth.

*Co-sponsored by the Writers Institute in association with UAlbany's Sexuality Month, a program of the Middle Earth Peer Assistance Program of the Center for Behavioral Health Promotion and Applied Research*



## BRIDGING PERFORMANCE AND EDUCATION

### A Performance by Comedian and Activist Hayden Kristal Tuesday, February 11, 2020 7:30PM – Campus Center Ballroom



**Hayden Kristal** (They/them/theirs) is a Deaf, bisexual, Jewish, queer activist and stand-up comedian. Living their life at the intersection of multiple marginalized identities led them to a career as a professional speaker exploring the intersections of disability, gender, and sexuality, particularly within the spheres of activism and social justice. They have brought their funny, engaging, and interactive workshops and speeches to dozens of conferences and schools all across North America. In 2016, they delivered their first TEDxTalk, and received a Catalyst Award from the University of Missouri, for their dedication to creating change for and within the LGBTQ community.

Comedically, Hayden was a semifinalist for Stand Up NBC, a finalist for Full Frontal with Samantha Bee's Comedy Writing Mentorship, and has opened and featured for Maria Bamford.

*Sponsored by the Disability Resource Center in association with UAlbany's Sexuality Month.*

## CAMPUS FORUM

### CAMPUS FORUM A Conversation with the University at Albany LGBTQ+ Advisory Council Thursday, February 6, 2020 3:00PM – 4:30PM University Hall 306

The University at Albany's LGBTQ+ Advisory Council advocates for an inclusive campus environment that affirms the diverse and intersectional identities of our campus community. It is composed of UAlbany students, faculty, and staff who represent key areas of University academics, administration, and campus life. The Council is charged to provide recommendations and guidance to senior University administration about the campus climate and changing needs of LGBTQ+ communities.

Join Council members to learn about their work, find out how you can get involved, and share your ideas and concerns.

**Facilitators:** *Sarah E. Nolan, Ph.D., Assistant Director, Counseling and Psychological Services*  
*Ben Weaver, Ph.D., Assistant Vice Provost for Academic and Faculty Affairs and Service Professor, School of Education*

# WORKSHOPS AND PROGRAMS

## MONDAY, FEBRUARY 3

❖ 10:00AM - 3:00PM Lecture Center Concourse

### STI & HIV/AIDS PREVENTION EXHIBIT

Presenters: **Members, Project SHAPE: Sexual Health & Peer Education**

❖ 8:30PM – 9:45PM Campus Center 375

### FROM SURVIVING TO THRIVING: HOW DEVIATING FROM HYPERMASCULINE NORMS INCREASES SEXUAL PLEASURE AND INTIMACY AND LOWERS SEXUAL RISK

How does masculinity limit you? Does your definition of masculinity increase your risk for HIV or lead to unfulfilling relationships? Come discuss the effects of masculinity on sexual health, intimacy, and sexual exploration. Learn how to redefine masculinity to increase sexual pleasure and enhance your relationships.

Presenters: **Erik Stonecipher and Gabe Masse**  
*Master's Students, Mental Health Counseling  
Department of Educational & Counseling Psychology, School of Education*

❖ 7:00PM – 8:15PM Campus Center 375

### BEYOND THE SEXUAL BINARY: AN INTRODUCTION AND EXPLORATION OF NON-MONOSEXUALITY

Monosexuality involves attraction to one sex or gender (e.g., straight, gay, lesbian). This workshop will provide a Non-Monosexuality 101, with basic definitions of non-monosexual identities (e.g., bisexual, pansexual, demisexual), common myths, and monosexual privilege, as well as allow space for an open discussion about lived experiences and observations.

Presenter: **Rachel Brenner, Ph.D., Assistant Professor**  
*Department of Educational & Counseling Psychology, School of Education*

## TUESDAY, FEBRUARY 4

❖ 10:00AM - 3:00PM Lecture Center Concourse

### MIDDLE EARTH PEER ASSISTANCE PROGRAM EXHIBIT

❖ 8:00PM Campus Center Ballroom

### SEXUALITY MONTH KEYNOTE PRESENTATION

“AN EVENING WITH RYAN RUSSELL”

**First Openly LGBTQ Professional to Play in the NFL**

*Reception and book-signing to Follow Presentation*

*(See page 3 for details.)*

## WEDNESDAY, FEBRUARY 5

❖ 10:00AM - 3:00PM Lecture Center Concourse

### BREAST & TESTICULAR CANCER PREVENTION EXHIBIT

Presenters: **Members, Project SHAPE: Sexual Health & Peer Education**



❖ 7:00PM – 8:15PM

Campus Center 375

**MOTIVATIONS FOR BDSM AND KINKY DESIRES**

Why do we desire to explore BDSM? Mistress Couple, the author of “The Ultimate Guide to Bondage” and former Head Mistress of La Domaine Esemar, is an experienced professional Dominatrix with a degree in psychology. Join Miss Couple as she speaks about motivations for our kinky desires.

Presenter: **Mistress Couple, Author**

❖ 8:30PM – 10:30PM

Campus Center 375

**SEXUALITY AND ART: A PAINT AND SIP NIGHT**

Come join us for a “paint and sip” night where you will be guided by an artist from Saratoga Paint and Sip in painting a unique, beautiful, and colorful work of art while sipping mocktails and learning more about pleasure, anatomy, and celebrating body diversity. You will be provided with your own canvas and can take your artwork home with you. **This event is free and limited to the first 35 participants at the door, so arrive early!**

Presenters: Haley Vicente, Member, Project SHAPE: Sexual Health and Peer Education  
Kirstin O’Sullivan, B.S., MPH Student and Health Promotion Graduate Assistant  
Center for Behavioral Health Promotion and Applied Research  
Artist, Saratoga Paint and Sip

**THURSDAY, FEBRUARY 6**

❖ 10:00AM - 3:00PM

Lecture Center Concourse

**MIDDLE EARTH PEER ASSISTANCE PROGRAM EXHIBIT**

❖ 3:00PM - 4:30PM

University Hall 306

**SEXUALITY MONTH FEATURED EVENT**

**Campus Forum: “A Conversation with the University at Albany LGBTQ+ Advisory Council”**

*(See page 4 for details.)*

❖ 7:00PM – 8:15PM

Campus Center 375

**INNER THOUGHTS, OUTER ACTIONS: PROCESSING IMPLICIT BIAS AROUND GENDER AND SEXUALITY**

We may be diverse, but are we always inclusive and accepting? How do we evolve our spaces at UAlbany into ones which are reflective of the multi-faceted identities of UAlbany students?? This workshop, *Welcoming Spaces*, is an exploration of the intersectionality and inclusivity of the spaces we hold on campus.

Presenters: **Tibisay Hernandez**, Assistant Director, Career and Professional Development  
Implicit Bias Trainer, National Institute on Race and Equity  
**Anna Hess**, Project SHAPE: Sexual Health and Peer Education

❖ 8:30PM – 9:45PM

Campus Center 375

**PERFORMATIVE PROFESSIONALISM**

What are our standards of professionalism? How do these standards impact how we perceive our coworkers? This program will explore how our expectations of one another in the workplace have roots in discrimination, and how our shared image of a successful professional is biased in behavior as in appearance.

Presenters: **Anna Hess and Karlee Gonzalez**  
Members, Project SHAPE: Sexual Health and Peer Education

**MONDAY, FEBRUARY 10**

❖ 10:00AM - 3:00PM

Lecture Center Concourse

**BREAST & TESTICULAR CANCER PREVENTION EXHIBIT**

Presenters: **Members, Project SHAPE: Sexual Health & Peer Education**

❖ 6:00PM

Dance Studio, Physical Education Building

**BODY POSITIVE ZUMBA**

Looking to try something new with a twist? Body positive Zumba will be an energetic, affirmative and inclusive dance class. Come get your sweat on while feeling good about YOUR body! This playlist is sure to please and leave you feeling like your best self!

Presenter: **Daria Gregory**, Group Exercise Instructor, Campus Recreation

❖ 7:00PM – 8:15PM

Campus Center 375

**LET'S TALK ABOUT SEX...UALLY TRANSMITTED INFECTIONS:WHAT ALL COLLEGE STUDENTS NEED TO KNOW**

Young adults ages 15-24 account for more than half of new Sexually Transmitted Infection (STI) diagnoses annually. Join us for an interactive discussion in which our Student Health Services Medical Director will share valuable information about STIs among college students, prevention methods, and STI testing, and will debunk common and pervasive myths about STIs.

Presenters: **Graciela Desemone, MD**, Medical Director, Student Health Services  
**Melissa Ertl, M.S.**, Doctoral Candidate in Counseling Psychology  
**Kirstin O'Sullivan, B.S.**, MPH Student and Health Promotion Graduate Assistant  
Center for Behavioral Health Promotion and Applied Research

❖ 8:30PM – 9:45PM

Campus Center 375

**OUT OF THE CLOSET: ACKNOWLEDGING DOMESTIC VIOLENCE IN LGBT POC RELATIONSHIPS**

Living at the intersection of multiple identities/oppressions (racism, sexism, transphobia, homophobia, ethnocentrism, classism, etc.), LGBT victims/survivors of domestic violence face additional barriers to obtaining safety and support. This workshop will cover Domestic Violence Dynamics (tactics, root causes, responses, and prevention) and the LGBT community. The presentation will focus on the intersectionality of such identities since as we know the LGBT Community is not a monolithic group

Presenters: **Phillip Burse**, Director of Operations  
**Antonio Vega-Villegas** | YMSM Intervention Specialist  
In Our Own Voices, Inc.

**TUESDAY, FEBRUARY 11**

❖ 10:00AM - 3:00PM

Lecture Center Concourse

**MIDDLE EARTH PEER ASSISTANCE PROGRAM EXHIBIT**

❖ 7:30PM

Campus Center Ballroom

**SEXUALITY MONTH FEATURED PRESENTATION**  
**A Performance by Comedian and Activist Hayden Kristal**  
(See page 3 for details.)

**WEDNESDAY, FEBRUARY 12**

❖ 10:00AM - 3:00PM

Lecture Center Concourse

**CONTRACEPTION EXHIBIT**

Presenters: **Members, Project SHAPE: Sexual Health & Peer Education**



❖ 7:00PM – 8:15PM

Campus Center 375

### **UNEXPECTED PREGNANCY: NAVIGATING OPTIONS, SUPPORT, AND CHALLENGES (PANEL DISCUSSION)**

Unexpected pregnancy is a general term that suggests pregnancies that a woman states were either mistimed or unexpected at the time of conception. While approximately half of all pregnancies are unintended, little is explored about meanings women attributed to their experiences as well as options and resources available in the event of unexpected pregnancies. In this panel discussion, deriving from rich experiences at Non-Governmental Organizations (NGOs), panelists would focus on systems challenges (where to go, referrals, etc.) facing women and birthing people who experience and unexpected pregnancy, and seeking out psychological and social support for women and their partners/family. Local resources and challenges of accessing these resources will be discussed.

Facilitator: **Jennifer Ho, M.A.**, Staff Psychologist, Counseling and Psychological Services

Panelists: **Kathryn Mitchell**, Director, Maternal Child Health;  
**Zanetta Graham**, Vice President for Education & Corporate Compliance Officer  
Upper Hudson Planned Parenthood

## **THURSDAY, FEBRUARY 13**

❖ 10:00AM - 3:00PM

Lecture Center Concourse

### **MIDDLE EARTH PEER ASSISTANCE PROGRAM EXHIBIT**

❖ 7:00PM – 8:15PM

Campus Center 375

### **WHAT MAKES A HEALTHY RELATIONSHIP? LET'S TALK ABOUT IT!**

Many of us can think of what makes for an unhealthy or abusive relationship, but what makes for a healthy one? Let's talk about it! Join us in a conversation about boundary setting, self-advocacy, and how to enhance one's relationship to themselves and their partner(s).

Presenter: **Kirstin O'Sullivan**, Health Promotion Graduate Assistant, MPH Candidate  
**Members, Project SHAPE:** Sexual Health and Peer Education  
Center for Behavioral Health Promotion and Applied Research

## **MONDAY, FEBRUARY 17**

❖ 7:00PM – 8:15PM

Campus Center 375

### **TO TOP, OR TO BOTTOM; THAT IS THE QUESTION. OR IS IT?: A CRITIQUE ON THE TOP/BOTTOM DICHOTOMY AND ITS IMPLICATIONS FOR AUTHENTIC SEXUAL EXPERIENCE**

What does it really mean to be a "Top" or a "Bottom?" What does this language imply? Come break down the Top/Bottom dichotomy, discuss how to increase sexual pleasure, and learn the simple steps to living in an authentic, empowered sexuality.

Presenter: **Erik Stonecipher**,  
Masters Student, Mental Health Counseling  
Department of Educational & Counseling Psychology, School of Education

❖ 8:30PM – 9:45PM

Campus Center 375

### **THE MORE WE TALK ABOUT IT, THE BETTER IT GETS: INCREASING SEXUAL PLEASURE THROUGH COMMUNICATION**

Have you ever felt like you couldn't communicate your most intimate desires with your sexual partners? Do you feel like your sexual communication could be improved? This interactive workshop will focus on the benefits of sexual communication and teach evidence-based skills on how to increase one's sexual pleasure, intimacy, and safety.

Presenters: **Erik Stonecipher and Casey Aley,**  
*Master's Students, Mental Health Counseling*  
*Department of Educational & Counseling Psychology, School of Education*

## TUESDAY, FEBRUARY 18

❖ 7:00PM – 8:15PM

Campus Center 375

### **UNDERSTANDING CONSENT THROUGH POP CULTURE & REINFORCING YES MEANS YES!**

Rape Culture greatly impacts our university community, and there are few shows on today that address consent! Join us for a discussion about Pop Culture and how rape culture is perpetuated through messaging and have a conversation about affirmative consent. This program is just another way to help us spread the message that only YES MEANS YES!

Presenters: **Mary McCarthy, M.A.,** Assistant Director  
*Advocacy Center for Sexual Violence*  
**Members,** Sexual Violence Prevention Ambassadors

❖ 8:30PM – 9:45PM

Campus Center 375

### **BEHIND THE POST: EXPLORING THE IMPACT OF SOCIAL MEDIA ON HEALTHY RELATIONSHIPS IN COLLEGE**

Join us for a powerful discussion about social media and its impact on intimate partner relationships in college. Participants will discuss their own experiences with social media images versus reality and explore the “perfect couple paradigm” as well as healthy vs unhealthy characteristics of a relationship.

Presenters: **Mary McCarthy, M.A.,** Assistant Director  
*Advocacy Center for Sexual Violence*  
**Members,** Sexual Violence Prevention Ambassadors

## WEDNESDAY, FEBRUARY 19

❖ 7:00PM – 8:15PM

Campus Center 375

### **KINK 101: SAFETY AND COMMUNICATION**

Are you interested in Kink and BDSM but don't know where to start in your search for information? This introduction to kink is a great way to learn more! This program is a judgement free zone on how to talk to your partners about what you are into and some basic kink safety you should know!

Presenter: **Fae Simpson,** Director of Gender and Sexuality Concerns  
*Student Association*

❖ 8:30PM – 9:45PM

Campus Center 375

### **FACT OR OPINION? HOW VARIOUS NEWS OUTLETS REPORT SEXUAL HEALTH INFORMATION**

Can news be objective, or does our societal view shift the way information is reported? What are the implications of social biases on public health issues? Join us as we review a variety of news articles on sexual health topics and explore the different language and perspectives across each of them.

Presenters: **Kirstin O'Sullivan,** Health Promotion Graduate Assistant, MPH Candidate  
**Members,** Project SHAPE: Sexual Health and Peer Education  
*Center for Behavioral Health Promotion and Applied Research*



❖ 10:00PM – 11:15PM

Campus Center 375

### **SEX EDUCATED AND VACCINATED: A CONVERSATION ON SEXUALLY TRANSMITTED INFECTIONS PREVENTABLE BY VACCINATION**

Did you know there are several Sexually Transmitted Infections (STIs) that can be prevented by vaccination? Though vaccinations are available for some STIS, up to half of individuals are not protected! Come learn about HPV and Hepatitis vaccines, how they work, and how to receive them.

Presenters: **Kirstin O'Sullivan**, Health Promotion Graduate Assistant, MPH Candidate

**Molly Hadley**, Alcohol and Drug Prevention Graduate Assistant

**Members:** Project SHAPE: Sexual Health and Peer Education

**Members**, Middle Earth Peer Assistance Program

Center for Behavioral Health Promotion and Applied Research

## **THURSDAY, FEBRUARY 20**

❖ 7:00PM – 8:15PM

Campus Center 375

### **EVERYTHING YOU WANT TO KNOW ABOUT BIRTH CONTROL**

Birth Control can be very confusing. There are so many advertisements, myths and facts surrounding the subject. Dr. Zimring will be presenting the facts on each kind of birth control, the advantages and draw backs, as well as popular concerns around each. There will be time for question and answer as well as information on how to access resources on campus that can assist students with individual needs.

Presenters: **Debra Zimring, MD, Ph.D.**, Community Care Physicians

**Jillian Mertzluft, MPH**, Assistant Director of Fitness and Wellness,  
Campus Recreation

❖ 8:30PM – 9:45PM

Campus Center 375

### **TWITTER, INSTA, HINGE, OH MY! KEEPING RELATIONSHIPS HEALTHY THROUGH SOCIAL MEDIA**

Social media and an online presence is simply part of everyday life for most of today's college students. Balancing social media and a relationship can be tough, but it has to be done for the health of you and your partner. Join us for a discussion on how you can develop and sustain healthy relationships in the world of social media.

Presenters: **Peer Wellness Ambassadors**, Middle Earth Peer Assistance Program

**Natalie Sumski, MPH**, College Prevention Coordinator

Center for Behavioral Health Promotion and Applied Research

## **MONDAY, FEBRUARY 24**

❖ 5:00PM – 7:15PM

Basketball Gym, Physical Education Building

### **FITFAIR**

Come visit Campus Recreation's Annual Fitfair in the Basketball Gym of the Physical Education Building. Various on and off campus vendors will be available to inform you of their services, educate you on how to stay fit, and answer any questions you might have. Don't miss the interactive exhibits!

Coordinator: **Jillian Mertzluft, MPH**, Assistant Director of Fitness and Wellness,  
Campus Recreation



❖ 7:00PM – 8:15PM

Campus Center 375

### QUEER SEX EDUCATION

Sexual health is incredibly important. Unfortunately, LGBTQ experiences, especially trans experiences, are often left out of the conversation. Come and learn about topics such as consent and communication and pleasure in a non-judgmental space with an opportunity to ask anonymous questions! Queer Sex Education answers questions you may have had for years and questions you didn't even know you had.

Presenter: **Fae Simpson**, Director of Gender and Sexuality Concerns  
Student Association

❖ 8:30PM – 9:45PM

Campus Center 375

### SO I'VE BEEN WONDERING....: UNDERSTANDING WHAT IT MEANS TO QUESTION ONE'S SEXUAL IDENTITY AND HOW TO SUPPORT THOSE WHO ARE.

Questioning one's sexual identity is normal, yet can feel difficult and isolating. Come learn what psychological research says about the questioning process, hear personal accounts from those who have gone through the questioning process, and explore how to be an ally/advocate for those who are currently questioning their sexual identity.

Presenters: **Erik Stonecipher**, Masters Student, Mental Health Counseling  
**Maddie Egli**, Doctoral Student, Counseling Psychology  
Department of Educational & Counseling Psychology, School of Education

## WEDNESDAY, FEBRUARY 26

❖ 7:00PM – 8:15PM

Campus Center 375

### SEXVERSATIONS FOR HIM

*Sexversations for Him* is an exciting program that aims to promote a culture of healthy attitudes about sex and sexuality through open communication to reduce sexual stigma and the negative effects of negative values and perceived norms. Risk factors addressed include: unhealthy models of top/bottom dynamics, power and control in relationships, social isolation, stigma, rigid gender roles, racism, homophobia, and the effects of trauma, self-hatred, self-sabotage, risky sexual behaviors and more.

Presenters: **Phillip Burse**, Director of Operations  
**Antonio Vega-Villegas** | YMSM Intervention Specialist  
*In Our Own Voices, Inc.*

❖ 8:30PM – 9:45PM

Campus Center 375

### NOBODY KNOWS ME LIKE ME: MASTURBATION, SEX TOYS, AND ORGASMS

Masturbation and knowing your body are vital parts of sexuality! Masturbation can provide stress relief, help with migraine and period cramp relief, and, most importantly, can help individuals develop a stronger understanding of their bodies and what they find pleasurable. Come learn some helpful tips and information about different ways one can explore their own sexuality.

Presenters: **Kirstin O'Sullivan**, Health Promotion Graduate Assistant, MPH Candidate  
**Members**, Project SHAPE: Sexual Health and Peer Education  
Center for Behavioral Health Promotion and Applied Research



## ABOUT SEXUALITY MONTH 2020

During the 38 years that Sexuality Month has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender and sexuality, HIV/AIDS and other sexually transmitted infections, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Month reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

**All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area.** We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention and the promotion of health and well-being.

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### Sexuality Month 2020 Planning Committee

#### Planning Committee Co-Chairs

M. Dolores Cimini, Ph.D., Middle Earth and Center for Behavioral Health Promotion and Applied Research  
Sarah E.M. Nolan, Ph.D., Counseling and Psychological Services

#### Planning Committee Members

Lexy Brooks, Planned Parenthood Generation  
Robert Cardom, Ph.D., Center for Behavioral Health Promotion and Applied Research  
Christine M. Cowieson, B.S., Campus Center Management  
Mackenzie Darling, Project SHAPE: Sexual Health and Peer Education  
Melissa Ertl, M.S., Middle Earth Peer Assistance Program  
Nicole Evereth, Campus Recreation  
Jameelee Ford, Department of Residential Life  
Jennifer Ho, M.A., Counseling and Psychological Services  
Karla Jaime-Benitez, M.A., Campus Center Management  
Brooke Knight, Disability resource Center  
Jillian Mertzluff, MPH, Campus Recreation  
Kirstin O'Sullivan, B.A., Center for Behavioral Health Promotion and Applied Research  
Fae Simpson, Student Association, Middle Earth & Project SHAPE: Sexual Health and Peer Education  
Erik Stonecipher, Masters Student, Mental Health Counseling, School of Education  
Natalie Sumski, MPH, Center for Behavioral Health Promotion and Applied Research

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