

24/7 Emergency Resources

ON CAMPUS

Police or Medical Emergency911

University Police Dept. and 5-Quad Ambulance

From a cell or off-campus phone **518-442-3131**

Blue Light phones: parking lots, residence halls,
academic podium

OFF CAMPUS

**Albany County Crime Victim & Sexual Violence
Center (CVSVC)**

Local 24-hr Hotline and information..... **518-447-7716**

Campus Resources

MEDICAL ASSISTANCE

University Health Center..... **518-442-5454**

COUNSELING AND SUPPORT

University Counseling Center..... **518-442-5800**

International Student and

Scholar Services..... **518-591-8189**

STUDENT CONDUCT COMPLAINT

Office of Conflict Resolution &

Civic Responsibility..... **518-442-5501**

SEXUAL HARASSMENT COMPLAINT / TITLE IX COORDINATOR

Tamra Minor..... **518-956-8110**

PEER ASSISTANCE: *Students Helping Students*

Middle Earth Hotline..... **518-442-5777**

Off Campus Resources

The Pride Center (LGBT)..... **518-462-6138**

In Our Own Voices (LGBT)..... **518-432-4188**

National Resources

RAINN National Sexual Assault Resourcesrainn.org
Hotline..... **1-800-656-HOPE(4673)**

The University at Albany is committed to providing a safe and secure environment in which all its members are treated with dignity and respect. To that end, the University takes the strongest possible stand against sexual violence in all its forms including sexual assault but also including the use of coercion, intimidation, or exploitation of others for sexual purposes. The University is actively engaged in educating its members about these vital issues and in providing timely support and assistance to victims of sexual assault.



UNIVERSITY COUNSELING CENTER
UNIVERSITY AT ALBANY
State University of New York

518-442-5800

consultation@albany.edu

Visit us on the web at:

albany.edu/counseling_center

Sexual assault resources:

albany.edu/counseling_center/sarc

Our location:

400 Patroon Creek Blvd. Suite 104
Albany, NY 12206

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Responding to Sexual Assault

for
International Students



U|ALBANY

Did you know?

International students are at an increased risk for sexual assault.

Reasons that international students may be targeted for sexual violence often include the following:

- Perceived vulnerability due to inexperience with culture (This can include language, unfamiliarity with laws, resources, etc.)
- Prejudice & discrimination

DID YOU ALSO KNOW THAT...

Talking to a counselor about an assault can be helpful and freeing.

The University Counseling Center offers free and confidential counseling and consultation. Student visits and conversations do not become part of their academic record.

“It slowly clicked that I never deserved the abuse I had received in my childhood. It slowly clicked that people loved me, because I was an ok person to be around. I wasn’t astonished when people remembered my name.”

– Crystal

Got consent?



A consensual sexual act or behavior requires that individuals:

- Agree to sexual activity freely and knowingly.
- Do not use threat, intimidation or coercion.
- Are not temporarily or permanently impaired by drugs, alcohol, or any other physical/mental impairment.
- Are not unconscious or asleep.
- Are not under the age of 17 years.

(Community Rights & Responsibilities, albany.edu/judicial/conduct.shtml)

Things you can do



Get yourself to a safe place

Call 911 or local Police.
University Police Department ... 518-442-3131



Seek immediate medical treatment

- Because most injuries are not obvious, a medical exam is important.
- Receiving medical care does not require you or the medical staff to file a police report.
- Seek medical care from a hospital emergency room where professionals are certified to do a rape kit. A rape kit is a medical examination in which sexual assault evidence is collected.

LOCAL RESOURCES

Albany Medical Center 518-262-3131
Albany Memorial Hospital 518-471-3111



Save evidence - consider a forensic rape exam

A forensic exam is done to collect evidence and is free of charge whether or not you choose to file a police report.

It is best not to shower, bathe, douche, rinse your mouth or wash the clothes you wore and to be seen within 36 hours.

You can still go for an exam within 5 days of the assault.

Seek medical care even if you decide you don't want a rape kit performed.



Seek counseling, support, and/or advocacy services

It can be helpful to speak informally and confidentially with a counselor or other designated campus staff to determine what options, support, and help are available.

All services listed below are on or close to campus and are free of charge. (also listed on back of brochure)

University Counseling Center (UCC) 518-442-5800

Albany County Crime Victim & Sexual Violence Center (CVSVC) 24/7 hotline 518-447-7716



Consider reporting the incident

REPORTING OPTIONS INCLUDE:

- Confidential Report to a Counselor (UCC, CVSVC)
- Official Police Report (UPD or other community police department)
- Student Conduct Complaint (Office of Conflict Resolution & Civic Responsibility)
- Title IX Coordinator

AVAILABLE ACCOMMODATIONS INCLUDE:

- Academic: Flexibility with coursework
- Residential: Assistance with changing one's living situation