I hope that everyone enjoyed the summer, and now it's time to return to work, school, and the Emeritus Center!

We have a varied and exciting program for the fall semester. Topics range from sustainable farming to evidence-based medicine to the 2018 mid-term elections - the detailed program is in the newsletter. Of special note is our hosting of Allen Shaw on December 17. Dr. Shawn is a composer of orchestral and chamber music and a faculty member at Bennington College. He is a noted expert on Leonard Bernstein, and will speak to us as part of the Leonard Bernstein Centennial celebration. Given the likely popularity of his talk, it will be held in the Standish Room of the Science Library. The Writers Institute is co-sponsoring the event.

We also announced the awardees for the 2018 Three Voices Grant Program. Six awards totaling over $8,000 were made. See the article in the newsletter for a list of the winners and their projects.

Finally, we are beginning to plan for our biennial general meeting of all the emeriti. The major purpose of the meeting is to elect the Board of Directors. A request for nominations will be mailed in late September, and the general meeting and election will be held in late November. More details to come.
Editorial: Ten Ways to Worry Less
Ram Chugh, Ph.D. Distinguished Service Professor of Economics (Emeritus)

In his survey of 1,200 elders for The Legacy Project, Cornell researcher, Karl Pillermer, was surprised to find that most elderly regretted “worrying” the most.

“What do older people regret when they look back over their lives? I asked hundreds of the oldest Americans that question,” said Pillermer. “I had expected big-ticket items: an affair, a shady business deal, addictions – that kind of thing. I was therefore unprepared for the answer they often gave:

“I wish I hadn’t spent so much of my life worrying.’

“Over and over, I heard versions of ‘I would have spent less time worrying’ and ‘I regret that I worried so much about everything.’ Indeed, from the vantage point of late life, many people felt that if given a single ‘do-over’ in life, they would like to have all the time back they spent fretting anxiously about the future.” (1)

Our UA emerita colleague, Hedi McKinley, LCSW and a clinical social worker, shares 10 ways to worry less. She is 97 years old and these pearls of wisdom to worry less come from her experiences of living a long life.

1. Remember that today is the tomorrow you worried about yesterday. And nothing happened. See?!

2. Ask yourself “What is the worst that can happen?” Most of the time it is something you can live with. You may not like it, but you’ll survive.

3. It’s hard to worry while you try to solve other problems or while you’re in action. So, move!

4. Life is too short to be little. Don’t brood over tiny hurts, small grievances. Ask yourself whether “it” will be meaningful three years from now. If not, forget it; if yes, don’t agonize, act.

5. Don’t worry about giant ants, earthquakes, and bridges collapsing. Think of the odds and have some faith.

6. Don’t expect happiness. Who said life was fair? Remember that happiness is not a station to arrive at, but a mode of travel. A moment here or there is all you can ask for.

7. Don’t expect gratitude. Do what you do because you think it’s right.

8. The universe is immense. Believe that there is an order in the vastness and that you are part of it. Leave it at that.

9. Not everybody is going to love you or even like you. You don’t like everybody yourself. Do the best you can and then sit back. There are other shows in the sea.

10. Accept the inevitable: you are going to die. So will everybody else. Don’t pretend otherwise. Face it every day by saying “If I die, I die.”

And remember, worrying does not bake cakes, win wars or raise kids. Instead, worry makes you tired, dull to be with and brings about some of the things you worry about. (2)

Reference 1
Reference 2
Final Report for the UAEC Three Voices Grant Program 2018

Declared Defective Index Project:
Robert Jarvenpa, Professor Emeritus, University at Albany, SUNY

My book Declared Defective: Native Americans, Eugenics, and the Myth of Nam Hollow was published this past May by the University of Nebraska Press. It is part of UNP’s Critical Studies in the History of Anthropology series. The exceptionally detailed index that appears on pages 223-238 was prepared by a professional indexer. This is an invaluable guide in helping readers navigate the myriad personal names, place names, ethnic group names, historical events, and researchers’ projects and arguments discussed in the book. I am most grateful to the Emeritus Center for the Three Voices Grant which made this index possible.

continues on page 10

UA Retirement Story

1. John Schmidt, Professor Emeritus of Biological Sciences, University at Albany*

So far, retirement has gone as anticipated, but it's only been three months and I’m still filling out paperwork for various things. I have hobbies (kayaking, cross-country skiing, camping), and we just bought a cabin on a lake last spring. Fixing up the lake house has kept me busy too. I still come into my office in the department about one day a week. I am reviewing the teaching of the lecturer who took over my fall courses, and I serve on the governance council of the University Faculty Senate, which continues my long involvement with campus governance. I will probably look for a community volunteer position later to round out my activities. I am finishing writing a book about my research area in Neurobiology, and may do some more writing after that is done.

I would say that it is very important to study the process and make plans. Don’t just get fed up and quit your job (with the unfortunate changes coming down the pike at colleges these days, it would be easy to get led in that direction). Explore all those other interests you have, but simply haven’t had time to pursue. It’s better to have them going already when you retire, but at least have some definite ideas about how to spend your newly freed-up time when you retire.

Take extensive note on the process when you go to the HR retirement seminars, because there is a lot to keep track of. Then once it’s done, relax and enjoy the free time.

University at Albany Retiree Services

Below is contact information for services provided by the University at Albany to retirees. For services with no specific contact information, please contact the Office of Human Resources Management:

**Office of Human Resources Management**
University at Albany
Albany, NY 12222
*(518) 437-4700*

Services and Privileges

- E-mail Access for Emeriti
  [Information Technology Services Website](#) *(518) 442-4000*

- Parking Decals (renewable annually)
  [University Retirees Vehicle Registration Application](#)

- Listing in Campus Directory
  [Faculty and Staff Online Directory Website](#)

- Retiree Organization on Campus
  [Emeritus Center Website](#) *(518) 439-6917*

- Library Privileges (including inter-library loan and online research databases)

- Office Space (if available in the department/school)

- Campus Publications and Events

- Campus Facilities (e.g., gym, meeting spaces)

- Consideration for Adjunct Teaching Opportunities and Campus and Community Service Opportunities

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**UA Emeriti in the News**

1. **From: Robert J McCaffrey**
   (Department of Psychology)
   - President of the American Academy of Pediatric Neuropsychology.
   - Editor-in-Chief of *Developmental Neuropsychology: An International Journal of Life-Span Issues in Neuropsychology*.

2. **From: Robert W Jarvenpa**, Professor Emeritus of Anthropology
   - I have a new book, just out, in the Critical Studies in the History of Anthropology series from University of Nebraska Press: *Declared Defective: Native Americans, Eugenics, and the Myth of Nam Hollow*. I received support from a Three Voices Grant from the Emeritus Center to complete this project, for which I am most grateful. Click [HERE](#) for more info:

3. **From: Anita Pomerantz** (Dept. of Communication, SS 337)
   - In August 2017 in Montreal, I received the Garfinkel-Sacks Lifetime Achievement Award of the Ethnomethodology and Conversation Analytic Section of the American Sociological Association. Attached is the notice that went out about it.
   - In July 2018 at the 5th International Conference of Conversation Analysis at Loughborough England, I will receive a Lifetime Achievement Award from the International Society for Conversation Analysis. See [HERE](#) for more info.
How loneliness changes across your lifetime
The Greater Good Magazine, 8/1/18
Researchers find that loneliness ebbs and flows as we age, in relatively predictable ways. Counter intuitively, we tend to be lonelier when young—and also when old.

‘Too little too late’: Bankruptcy booms among older adults
NY Times, August 5, 2018
A recent study by the Consumer Bankruptcy Project found that the rate for people 65 and older filing for bankruptcy is now three times what it was in 1991.

Five ways to fight elder abuse, neglect, and financial exploitation
Social Security Administration, June 14, 2018
We cannot talk about elder abuse without talking about social isolation. Elders without strong social networks face a greater risk of abuse, neglect, or exploitation.

A sure way for retirees to extend their "life"
CBSNews, May 7, 2018
It’s not advances in medicine or science, but rather how you spend your time in retirement that may have a significant impact on quality and length of life.

New Emeriti

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<td>Robert Pulling</td>
<td>College Physician</td>
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<td>Laura Schweitzer</td>
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UA Emeriti in the News

Recently Eugene Garber wrote to describe his forthcoming novel, The House of Nordquist. Here is the thumbnail description he sent:

In The House of Nordquist, the final novel of the Eroica Trilogy, Eugene K. Garber creates his most demonic narrative of the series. Readers will quickly understand that Garber is a genre iconoclast. Elements of Gothic mystery are radically altered to explore, often through metafictional inventions, the profound ontological uncertainties generated by Faustian hubris. At the same time a gripping tale is told. Deep in the infernal regions of the bizarre house of his mad father, the Faustian Eric Nordquist conducts an atrocious experiment, extracting sounds for a world-changing symphony from the body of a Holocaust victim. He sucks everyone around him into the vortex of his mad dream of a cleansing cataclysm. His most devoted follower, Paul Albright, not only assists in the experiment but becomes infected with unholy powers. Now, years later, the House of Nordquist burned to the ground by an unknown arsonist, Eric is on the loose with the score of his abysmal symphony and Paul is in pursuit. Can Paul find Eric and the sinister score? If he does, what will he do?

Useful Links for Retirees

- Medicare Information
- NY State Commission on National and Community Service
- TIAA-CREF
- NYSUT Retirees and Retirement
- ULIP
- AROHE

FOR FUN:
- Think like a 94 year old genius
- 50 Ways to live longer
- How to live to 100 and enjoy it
Educational Differences in Smoking in Turkey: Evidence for the Tobacco Epidemic Transition Model?*

By Samantha Friedman*, UA Associate Professor of Sociology
And Aysenur Kurtulus, UA Doctoral Student, and Ismet Koc
Professor of Demography, Institute of Population Studies,
Hacettepe University, Turkey

Education has been identified as an important factor associated with whether individuals smoke. Numerous studies find that education is negatively related to smoking. However, other studies find that the relationship between education and smoking is not as straightforward, and sometimes education is positively associated with smoking. To clarify these contradictory patterns, studies have adopted a view that the prevalence of smoking and changes in the prevalence of smoking must be viewed as occurring in stages like that of other disease epidemic transitions. Accordingly, the association between education and smoking will vary across countries depending upon their stage in the tobacco epidemic transition. The positive effect of education on smoking will be seen in the early stages, when smoking is new and there is less known about its harmful effects, and the negative effect of education on smoking will be seen in the later stages, once cigarettes have become widely available and the harmful impacts of smoking are apparent.

Despite having a high prevalence of smoking, research examining the association between education and smoking in Turkey is limited. The studies that focus on adults find little impact of education on smoking. The main goal of our paper is to build upon this limited literature and examine whether the lack of findings for the impact of education in the aggregate is a result of two countervailing forces in the tobacco epidemic transition -- 1) transition to the final stage for men, resulting in a negative effect of education on smoking for them; and 2) being caught in the middle of the transition for women, resulting in a positive effect of education on smoking for females.

Using 2011 data from the Research on Family Structure, a nationally representative sample the Turkish population, we find evidence that men and women are in different stages of the tobacco epidemic transition. For men, education is negatively related to smoking prevalence, as has been documented in many other studies in developed nations, suggesting that the tobacco epidemic transition has been completed. However, Turkish women have not made it through the transition because education is positively associated with smoking rates. This is consistent with other studies and suggests that more time is needed for the transition to fully occur.

Taken together, our preliminary results suggest that the association between education and smoking is more complicated than previous research on Turkey has shown. By ignoring gender, previous research has had an incomplete view of the association between educational status and smoking. Our paper suggests that gender should be a key factor in policy considerations to curtail smoking in Turkey.

* Dr. Friedman's research focuses on housing market discrimination, racial and ethnic segregation, and the neighborhood attainment of racial and ethnic groups by nativity, generation, socioeconomic status, and familial status.

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On my first trip to Iran in the 1990s, my vehicle was stopped by a soldier at a border crossing. I tugged my black rusari, the most lenient form of Iranian head covering, lower on my forehead to conceal errant wisps of hair. Was I in trouble?

After a cursory glance at my passport, the soldier asked me – via my interpreter – what I thought of his country. I replied that Iran’s biggest problem was the skewed perception – or misperception – Americans had of it.

The soldier asked my interpreter to tell me, “Please, don’t judge the people of my country by our crazy politicians.”

This was a quarter of a century before our current political climate. Still, I asked my interpreter to tell him whatever the Farsi word was for “Ditto.”

The soldier then gave my driver the contact information of his cousin who lived where we were heading and would want to invite us to his home for dinner.

This is one example, from a lifetime of many, of how our perceptions of another country, another culture, another way of living or thinking, collide with reality. The U.S. Department of State (US DOS) proffers advice regarding its travel warnings or advisories. But I’ve found my experiences are at odds with formal government-ese description.

Wondering whether bureaucracy was similar throughout the world, I researched travel warnings about America. Here’s what other countries advise their citizens to keep them safe traveling in the U.S.:

1. **Canada**: In large metropolitan areas, violent crime commonly occurs in economically disadvantaged neighborhoods, especially from dusk to dawn. Verify official crime statistics before planning an outing. Don’t expect airline safety standards to be as good as ours. Be aware of the legality of civil asset forfeiture—a widespread practice where police officers stop motorists, then confiscate their cash. If you are stopped by police, don’t leave litter on the vehicle floor, especially energy drink cans. Do not wear expensive designer clothes.

2. **Russia**: In many parts of the country, the majority of people keep their doors closed. Avoid going out alone at night. Inequalities in socio-economic status between rich and poor are staggering, resulting in criminal acts. They do not have an extradition treaty with us. Tourists could be arrested and handed over to a foreign government. Their government has been accused of hunting for foreigners and ignoring international law. The number of such cases has exceeded a dozen. Considering these circumstances, travelers are advised to carefully weigh up all the risks before undertaking travel.

3. **Germany**: In addition to terrorism, there is an increased number of political demonstrations and increased danger of politically motivated violence. Be careful, monitor the news, and avoid demonstrations. It is comparatively easy to obtain possession of guns. If you are the victim of an armed conflict, do not try to fight back. It is a criminal offense to engage in sexual activities with prostitutes. Even talking to a prostitute may be punishable by law. Nudity—even for infants—should be avoided. Breastfeeding babies in public is usually considered an exception to ‘indecent exposure’ criminal provisions but would be best treated like any other nudity in less ‘liberal’ regions.
1. Mexico: Foreigners without proper documentation may be detained. Furthermore, all foreigners are subject to questioning or harassment by police at any time without motive.

2. U.K.: Terrorist attacks may occur in places visited by tourists. Gas stations that don’t display the price of fuel will charge more than the national average for gas. These are located close to tourist destinations and notoriously near airports.

3. Australia: We continue to receive reports that terrorist groups are planning attacks there. Terrorist attacks have occurred in recent years and a significant number of terror plots have been disrupted. There is the potential for attacks to be conducted with the intention of targeting the general public. Do not use Gmail or Hotmail for email for official business. Use discretion when deciding whether to link to free internet services in public places. Tap water is usually considered safe to drink, although it has an unpleasant taste.

Do you agree? Disagree?

*J. Thalia Cunningham is a playwright, travel writer, and photographer who has visited 120 countries. Her theatre work explores complex social issues that have no easy answers, and she has a predilection for insurgents.

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**Emeritus Center Program Schedule for Fall Semester 2018**

**September 10, 2018**
Eloise Briere, PhD., Department of Languages, Literature, and Cultures (French). “Seeing Through the Veil of Racism: Painter Lucie Coustrurier,” a paper which is part of a book-length project on French colonialism in West Africa. Dr. Briere received an Emeritus Center Three Voices award.

**September 24, 2018**
Gary Kleppel, Ph.D., Department of Biological Sciences, an agricultural ecologist. “Eden 2.0: How Farming with Nature Can Save the Food System and Maybe the Planet.”

**October 8, 2018**

**October 22, 2018**
Edward Hannan, Ph.D., Department of Health Policy, Management, and Behavior, “Evidence-Based Medicine and Outcomes Related to Cardiac Procedures.”

**November 5, 2018**
Robert Jarvenpa, Ph.D., Department of Anthropology. “Declared Defective: Native Americans, Eugenics, and the Myth of Nam Hollow.” Dr. Jarvenpa received an Emeritus Center Three Voices Award.

**November 19, 2018**
Michael Melbin, Ph.D., Department of Political Science, Rockefeller College. “Money in the Election of 2018 and the Implications for 2020.”

**December 3, 2018**
“Changes in K-12 Education: Technology (and What About the Humanities?)” Presenter TBD

**December 17, 2018**
Allen Shawn, PhD., Composer of orchestral and chamber music and faculty member, Bennington College. Author of *Leonard Bernstein: An American Musician* (Yale University Press, 2014), a presentation in celebration of the Leonard Bernstein Centennial Celebration. **In the Standish Room in the Science Library** (behind the Campus Center)
THE READING IS FUN PROGRAM (RIF): PAST, PRESENT, FUTURE
By Alvin Magid, Ph.D., UA Emeritus Professor of Political Science

The Reading Is Fun Program (RIF), a volunteer organization, was founded by me in December 2012--and since then has been headed by me as its executive director--as a response to the Schenectady City School District (SCSD)’s dire condition, i.e., persistent underperformance, K-12, on New York State standardized ELA and Math tests. In the school year, 2016-2017, 100 RIF volunteers worked on foundational reading-readiness and conversational skills and vocabulary with more than 150 highly challenged children, ages 4-9 in pre-K, Kindergarten, and Grades 1-3, in all 11 elementary schools in the district. In the school year 2017-2018, more than 100 RIF volunteers worked with more than 180 children in the district’s elementary schools. Volunteers undergo a quick, easy background check (no fingerprinting!) by the SCSD and participate in an orientation/training session conducted by accredited, experienced early-childhood literacy experts who are members of the cohort of RIF volunteers.

RIF partners with the SCSD, the SCSD Educational Foundation, the Schenectady Boys and Girls Club, the Schenectady United Methodist Church, the Schenectady Sheriff’s Office/Jail, the Schenectady Police Department, the Open Door Bookstore in downtown Schenectady, and the Schenectady County Public Library. RIF is open to acquiring more partners, where there are reciprocal interests keyed to early-childhood literacy.

RIF’s First Annual Grand Reading Jamboree was conceived by me two years ago (1) to promote the idea that parents and caregivers must work on reading with their children at home and (2) to encourage adults to become RIF volunteers working in the schools on the reading front with highly challenged children, mostly from highly challenged neighborhoods and families in the city. RIF volunteers work once weekly for an hour, one-on-one with a child (or children) designated by the classroom teachers as needing RIF’s help. Some volunteers work with more than one child, always by the same regimen. *(RIF can never have too many volunteers, never enough.)*

The Jamboree was held on Saturday, April 21, 2018 in the donated Proctors Theatre complex, on the entire first floor (including the GE Theatre) and basement level and part of the arcade. The event ran from 12 noon to 4 pm. CDTA donated buses to transport families without cars. RIF contracted with the Culinary Arts Dept. in the Steinmetz Learning and Career Academy, an off-site part of Schenectady High School, to cater for 1,000 youngsters and their parents and caregivers; RIF contracted also with the Industrial Technology Dept in the Academy, to produce reading-related artifacts for the youngsters. Staples-Clifton Park donated substantial supplies and other materials, as did the First New York Federal Credit Union and the Schenectady Federation of Teachers.

Eight hundred sixty-four youngsters and their parents and caregivers attended the Jamboree; additionally, more than 100 volunteers, some of them high school students, were at the event to assist in many ways. It was a splendid turnout for an unprecedented event in Schenectady, one enjoyed greatly by all.
Among the Jamboree sponsors donating money were BBL Construction, Turner Construction, Friends of the Schenectady County Public Library, the GE Foundation, Key Bank, Price Chopper Market 32, MVP, the Little Foundation, St. Kateri Tekakwitha Parish, Millennium Strategies, Pioneer Bank, Schenectady Kiwanis, the Schenectady Federation of Teachers, the Schenectady Foundation, the Schenectady County Community College, the Schenectady County Public Library, and the Seymour Fox Memorial Foundation.

RIF budgeted $23,000 for the Jamboree and succeeded in raising money to fully cover costs.

Students under the direction of an art teacher in each of the 11 elementary schools were tasked to produce a 10 ft. x 4 ft. mural keyed to a theme (sky, water, ghosts, planes, robots, whatever). RIF provided each school with a $100 gift certificate to buy art supplies for its mural project. (The murals were striking, beautiful.) Each school had a station built of wood, for which another $1,100 total was expended by RIF to buy the materials. A RIF volunteer’s carpenter father donated great time and effort to construct the stations. Each station was supplied with giveaway children’s books keyed to the station’s theme. $5,000 was allocated for the catering, $6,000 to buy about 1,200 books to give away to the children. The catering menu contained nutritious foods keyed to the 11 school-station themes. Friends of Schenectady County Public Library paid for a leading African-American children’s book author to join the Jamboree to distribute her autographed giveaway books. RIF paid for another African-American children’s book author to come and do the same. RIF paid for all the autographed books. The county library issued library cards and organized a book-nook for the children and their accompanying adults. At each of the 11 school-stations, games and exercises of varying kinds occupied the children, all keyed to reading and the station’s theme. WMHT-TV had a reading-related activity table at the Jamboree. A man who trained dogs to ‘read’ commands printed on placards participated in the Jamboree along with two of his dogs. Without charge to the attendees, seventy $25 gift certificates (for Price Chopper, CVS, etc.) were raffled off at the event.

Plans are being made to hold RIF’s Second Annual Grand Reading Jamboree in the spring 2019.

From RIF’s inception, the intent has been to grow the program in diverse ways, always keyed to promoting early childhood literacy among Schenectady’s most highly challenged youngsters. RIF is continuing to come up with new ideas and innovative approaches. Currently it is in the early stage of establishing a summer Reading Day Camp somewhere in the city, to begin in 2019, to counter the phenomenon of summer slide, where highly challenged youngsters regress on the reading front during the summer vacation months. RIF wishes also to establish in due course a program for training and deploying select former jail and prison inmates and recovering addicts to work on the reading front with highly challenged youngsters, in the late afternoon and on weekends, at county library and other supervised public venues; it is hoped that such an opportunity will help those RIF volunteers achieve a positive reintegration with family and community.

RIF has earned an important place in the civic firmament of Schenectady, testified to by various honors bestowed upon the reading program. In 2017, RIF received the Schenectady City School District Educational Foundation’s Dr. Ray and June Benenson Community Service Award for providing outstanding support to the teachers and students in the school district. In 2018, the Schenectady County Human Rights Commission presented its annual Group Achievement Award to RIF, "For outstanding leadership and contributions that improve the Human and Civil Rights of Schenectady Residents." Finally, I was the recipient of the Governor’s Recognition for Exemplary Service, 2017, in The Reading Is Fun Program.

*Alvin Magid is a Founder and Executive Director, The Reading Is Fun Program (RIF) Schenectady, NY "Where Every Child Is Everyone’s Child." Contact him at (518) 377-9542 or magid2@juno.com
Declared Defective is already receiving some attention. Vincent Reda interviewed me for an article about the book that appeared in Today at UAlbany in April. Kathleen Moore of the Glens Falls Post Star interviewed me for two articles in that newspaper in May. I recently wrote a blogpost for the University of Nebraska Press on the research and writing process involved in producing Declared Defective. I have been asked to write an essay on the book for the online journal SAPIENS, a publication of the Wenner-Gren Foundation. Over the next year or two reviews of the book should begin appearing in academic journals.

Briefly stated, my book is the anthropological history of an outcaste community and a critical reevaluation of The Nam Family: A Study in Cacogenics, written in 1912 by Arthur Estabrook and Charles Davenport, leaders of the early twentieth-century eugenics movement. Based on their investigations of an obscure rural enclave in upstate New York, the biologists were repulsed by the poverty and behavior of the people of Nam Hollow. They claimed that their alleged indolence, feeblemindedness, licentiousness, alcoholism, and criminality were biologically inherited.

Declared Defective reveals that Nam Hollow was actually a community of marginalized, mixed-race Native Americans, the Van Guilders, adapting to scarce resources during an era of tumultuous political and economic change. Their Mohican ancestors has lost lands and been displaced from the frontiers of colonial expansion in western Massachusetts in the late eighteenth century. Estabrook and Davenport’s portrait of innate degeneracy was a grotesque mischaracterization based on class prejudice and ignorance of the history and hybridic subculture of the people of Guilder Hollow. By bringing historical experience, agency, and cultural process to the forefront of analysis, Declared Defective illuminates the real lives and struggles of the Mohican Van Guilders. It also exposes the pseudoscientific zealotry and fearmongering of Progressive era eugenics while exploring the contradictions of race and class in America.

I look forward to giving a talk about my book before the Emeritus Center in November. I will also bring a copy for the Center’s library. Again, I deeply appreciate the Emeritus Center’s support.

Awardees for the 2018 Three Voices Grant Program

- **Ronald Bosco** (English) - $2,858 for “Caroline Sturgis and Ralph Waldo Emerson: An Intimate Biography”
- **Lindsay Childs** (Mathematics) - $500 for “Research on Hopf Galois structures on Galois extensions of fields”
- **Kenneth Jones** (Professional Staff) - $400 for “Historical Research Methodist Churches of Schoharie County, NY”
- **Gary Kleppel** (Biology) - $3,000 for “The Eden 2.0 Project: How Farming with Nature can Save the Food System and Maybe the Planet”
- **Anita Pomerantz** (Communication) - $200 for “Asking and Telling in Talk and Interaction”
- **Patricia Snyder** (Theatre) - $1,500 for “Over the Rainbow: A Place Where Dreams Were Born, History of the New York State Theatre Institute”
UA RETIREMENT STORY

Stephen Wasby, Professor Emeritus, University at Albany *

My retirement has been as anticipated. Transition was easy. I was working on a long-term research/writing project and I have continued that, and it will keep me busy as long as I wish. In 2017, I completed another book manuscript related to that project, and this April (2018), it was published as BORROWED JUDGES: VISITORS IN THE U.S. COURTS OF APPEALS.

Most of my time is spent with my research and writing. I give individual lectures when asked, but I don’t do semester-long courses. In 2016, I gave a series of talks - to Rotary Clubs, audiences at Town libraries, and at a few universities – about “The Supreme Court After Scalia,” and, in 2017 and 2018, I have given several talks on “Trump and the Law.”

I have done some six-session Adult Learning courses (no “required” reading but adults take “suggested” reading seriously; no exams to grade).

I also continue to mentor graduate students from other universities I have met through meetings and junior colleagues who work in my field.

Locally, I serve on the Zoning Board of Appeals, for which I have written regulations, and I have chaired the ZBA for a while. I also served on the Town’s Charter Review Committee. Most recently, I chair a task force on Animal Regulations (we have many rules about dogs but little about other animals (chickens and horses and . . ).

For a number of years, I was involved in the grants program of the National Railway Historical Society, and I served as its director for several years.

In short, apart from the local government service, I have continued to do what I was doing as a professor, minus regular meetings of classes.

To future SUNY retirees, I would say, have something in mind that you will do – continuation of a research project, or something that is a “hobby” in which you have already been engaged and know you enjoy.

My greatest concern is for those who teach and don’t also research and write; once they stop teaching, their adjustment is much more difficult.


Getting Outside Myself to Help the Thai People * By Bruce Svare

UA professor of psychology and neuroscience (Emeritus)

Those of us in higher education have a tendency to develop tunnel vision and become overly focused on our professional careers as scientists. When world problems remote from our homes become the lead story in news reports, we often pay only brief attention. That was me until 2004, when a tsunami struck Phuket, Thailand.

While trained psychologists descended on the country to provide needed assistance and comfort, I learned that the field of psychology was in its infancy in Thailand. Most universities had little in the way of a formal psychology curriculum, and the profession of clinical psychology and the role it plays in the diagnosis and treatment of mental illness was almost nonexistent.

In 2006, I was given an opportunity to help. I was named a Fulbright senior scholar to Thailand, with the year-long mission of promoting the development of psychology in the Thai higher education system. I taught behavioral neuroscience and assisted with curriculum development at Chulalongkorn University in Bangkok, and I also lectured at other universities and medical schools.

Behavioral neuroscience is critical for understanding the biological basis of both normal and disordered behavior. My ultimate hope is that my Fulbright work will have a positive impact on the growth of psychology in Thailand, the future training of Thai clinical psychologists, and the continued development of their mental health care system.

My love for the Thai people and their rich cultural heritage continues to grow with each return visit. I have spearheaded Fulbright scholars to come to Thailand to teach and conduct research. When I attended the 60th anniversary celebration of the Fulbright Program in Thailand, I was one of only a few former Fulbrighters given the honor of describing my mission to Her Royal Highness Princess Sirindhorn.

* Bruce Svare, former Fulbright senior scholar to Thailand, is recognized for his fund-raising efforts on behalf of the Thai-U.S. Educational Foundation (TUSEF). Pictured are, from left, Svare, Deputy U.S. Secretary of State Alina Romanowski, His Eminence Manaspas Xuto, former Thai ambassador to the United States and adviser to the Thai minister of foreign affairs, and U.S. Ambassador to Thailand Eric John. Svare is an APS Fellow and professor of psychology and neuroscience at the State University of New York at Albany. APS Fellow Bruce Svare reflects on his time in Thailand.
Volunteer Opportunities at UA

The University welcomes expressions of interest in volunteer service from emeriti faculty and staff. There are a variety of opportunities for mentoring, sharing your experience through guest presentations, and participating in campus activities. Please contact Willam Hedberg in the Provost’s Office (whedberg@albany.edu) to discuss your particular interests.

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President: Ed Fitzgerald, Ph.D. - O’Leary Professor of Environmental Health Sciences, School of Public Health, University at Albany. Retired in 2015 but continuing as a part-time O’Leary Professor until 2018.

Grayce Susan Burian, MA - Emeritus from Schenectady County Community College where she instituted and ran the Theatre Program for over 20 years.

Sorrell Chesin, Ph.D. - Appointed Associate Dean of Students at UAlbany in 1965, served in several senior administrative positions thereafter, including Executive Director of The UAlbany Foundation, and retired in 2013 as Associate Vice President for University Development (Emeritus).

Ram Chugh, Ph.D. - Distinguished Service Professor of Economics (Emeritus), SUNY Potsdam and System Administration. Retired in 2013 after 43 years of service.

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Bonita Sanchez, MSW - retired from the UA School of Social Welfare as Assistant Dean and Director of Field Education after 28 years of service as faculty/staff. In retirement, she continues volunteering with organizations that provide support to seniors, domestic violence survivors, and homeless teens.

Carol Whittaker, MA, MPA - has had many roles at the School of Public Health since joining as the “Assistant Dean for New Fun Stuff” in 1993. More recently she established and directed the Center for Global Health and now, retired from the NYS Department of Health, is satisfied with teaching on line courses and directing the Global Health Certificate Program at the School. Retirement is not a word she acknowledges.

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Send comment or story suggestions to Ram Chugh at ram.chugh@SUNY.Edu

In Memoriam

- Joseph Testo
- Marijo Dougherty
- Robert Hardt
- Donald Faulkner
- Ulrich Czapski
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Find out MORE: http://www.albany.edu/emerituscenter/