

Seven Waste Reduction Tips

1. Set up one bin for most recyclable materials including plastics, aluminum, glass, cardboard, and paper.
2. Recycle batteries in the containers provided around campus.
3. Reuse scrap paper and when possible print on both sides of the paper.
4. Bring a refillable coffee mug to get your morning coffee. Refillable mug users get a discount on their coffee!
5. Recycle old ink jet cartridges in the bins supplied on campus.
6. Use the bottle return machine in the Campus Center. Receipts are exchangeable at 518 Market.
7. Re-use grocery bags, or use reusable cloth bags for your shopping.

More recycling and reuse tips can be found at

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The College Student's Guide to Waste Reduction



What Can I Recycle?

UAlbany uses single stream or commingled recycling.

Commingled Recycling means that you can place anything made out of plastic (#1-7), glass, aluminum or newspaper in the recycle bin. Be sure to rinse out any containers because food left in them will contaminate the recycling stream.

COMMINGLED RECYCLABLES



Mixed paper: office paper, notebooks, envelopes, cardboard and food boxes

Plastics: Any plastic containers with #1-7 such as soda bottles, beverage containers, yogurt containers, and plastic drinking cups.



Metal: aluminum cans, steel and tin containers, empty aerosol cans

Glass: all colors of glass, glass bottles, glass containers

Other: batteries, ink jets, toners, cell phones and electronics.

Where do our recyclable materials go?

Our bottles and cans are sent to the County Waste single-stream recycling facility at the Port of Albany. Our recyclable paper goes to the Cascades Group on Fuller Road which recycles our paper and returns it to us in closed-loop system.

Where Can I Recycle?

All over campus you'll find places where you can recycle! Whether it's ink cartridges, batteries, paper, or bottles and cans, you can recycle it.



In the academic buildings you'll see bins like this, with multiple slots for different materials.

Outdoors, you'll see concrete bins like this with separate slots similar to the indoor bins.



In the Campus Center, you will find a bottle dispensing machine where you can recycle bottles and cans and receive a deposit!



For special items such as inkjet cartridges (left) and batteries (right) look for bins like these in the quad offices and the Campus Center.



The University at Albany disposes of approximately 2,500 tons of garbage per year. In the 2009-10 academic year, our institution recycled 320 tons of mixed paper, 10 tons of commingled product (glass, plastic, tin), 33 tons of scrap metal, 1.7 tons of tires, 145 tons of construction and demolition material and 6 tons of kitchen grease. Each year UAlbany faculty, staff, and students participate in the nationwide RecycleMania challenges in an effort to increase waste reduction and recycling.

UAlbany Composts

The University at Albany began a composting pilot project at Indian Quad Dining Hall in Spring 2013. The program was a huge success and has expanded to all four dining halls on the uptown campus. Our compost is collected by the Schenectady County Conservation District Compost Facility.

What is compost?

Compost is organic matter that has been decomposed and recycled as a fertilizer or as a soil amendment, which improves soil. Composting is a natural process. It is rich in nutrients, bacteria, and fungi, and promotes plant growth and garden health.

Why is composting important?

Composting reduces waste going into landfills. It provides numerous environmental benefits such as soil enrichment, remediates contaminated soil, helps prevent pollution and reduces the need for water, fertilizers and pesticides. Compost also enhances plant health against diseases. It is an alternative to fertilizer and is an essential ingredient in organic farming.

Did You Know?
Over 60% of landfills contain organic waste that could have been composted

Green Your Day

- Bring a reusable water bottle and refill for *FREE* at various water bottle refilling stations around campus such as in the libraries, lecture centers, academic buildings and the Hydration Station in the Campus Center
- 518 Market and Zime offer a reusable cup program. Purchase a UAS or Aspretto reusable mug and *save* on coffee and tea!