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1. Greetings!

This is the Weekly ISSS Newsletter that we send out every Friday. It includes very important updates that you must be aware of, as well as information about events happening on campus and in the area.

Are you a part of a student organization and want to see your event advertised to your fellow students? Please send the details and/or flyer to ISSS@albany.edu.
2. Important Announcements

**Travel Signature Day TODAY at 3pm!**

Every F-1 and J-1 student must have a valid travel signature on their I-20 or DS-2019 in order to re-enter the United States after travelling outside. These travel signatures are valid for 1 year while you are a full-time student, though we recommend getting your I-20 or DS-2019 signed every 6 months.

Usually, travel signature requests take 5-7 business days. On our special travel signature days, however, we will sign the I-20 or DS-2019 on the spot. Come to our first travel signature day on Friday, September 7th from 3pm-4pm in Science Library G-05 if you plan to travel soon.
Reminder: NYC Trip Tomorrow, Meet at 7:10am
Reminder: if you have signed up for the NYC trip with ISSS, we are meeting promptly at 7:10am at the Collins Circle, tomorrow, September 8th. We will leave at 7:30am sharp, so do not be late! Please review your Trip email for additional information.

Reminder: Change in University Insurance Provider to United Healthcare
This is a reminder that the University has changed providers for international insurance. International students are now covered by United Healthcare, not GeoBlue. Coverage information is on the Insurance webpage, here: https://www.albany.edu/isss/insurance.php. Please note that ISSS advisors are not experts in insurance policies and procedures, and therefore questions involving insurance should be directed to the Insurance Coordinator at IntInsurance@albany.edu. Please understand there is a high volume of requests and questions at this time regarding the insurance changes, and while every effort is made to respond as quickly as possible, we appreciate your patience while awaiting a response.

Full-time Registration Required for F-1 and J-1 students
All F-1 and J-1 students must be registered full-time in order to maintain their immigration status at the University. Full-time for undergraduate students is 12 credits, and full-time for graduate students is 9 credits. Of those credits, only 3 credits may be a 100% fully online course, and students may not only taking an online course.

Students who qualify for a reduced course load must complete a reduced course load (RCL) form with their academic advisor and submit it to ISSS for approval. Only once the RCL is approved is a student allowed to be less than full-time. If you have a qualifying reason to be less than full-time, you must complete and submit an RCL form. The form is available on our website, here.

Starting this semester, there will be a registration hold preventing students from dropping below full-time. You must get approval from ISSS first.
Please update your SEVIS USA Address and Phone Number in MyUAlbany

Are you living somewhere new this semester? To maintain your legal status SEVIS must have your current U.S. address and phone number. Every students must check this information in MyUAlbany to ensure it is correct.

Please do this immediately:

**Step 1:**
- Log-in to MyUAlbany
- In the middle box on the left, click on Demographic Data

**Step 2: Check your SEVIS USA Address:**
- On the tabs, click on addresses
  - If you have a SEVIS USA Address listed, check that it is your correct United States address
    - If you do not have a SEVIS USA Address, click the Add a new Address button
  - Type in the address where you live in the US. Press OK. Check SEVIS USA from the list of Address Types
    - Click Save

**Step 3: Check your SEVIS Foreign Address:**
- On the tabs, click on addresses.
  - If you have a SEVIS Foreign Address listed, check that it is your correct address OUTSIDE the US
    - If you do not have a SEVIS Foreign Address, click the Add a new Address button
      - Click the Change County link and chose your home country
    - Type in your address outside the US. Press OK. Check SEVIS Foreign from the list of Address Types
      - Click Save

**Step 4: Check your Phone Number:**
- On the tabs, click on phone numbers
  - Look at the phone number you have checked as preferred
    - If it is a US based phone number, be sure it is formatted like this (but with your phone number): 999/999-9999. Make sure that there are is not a 1 or + or other number in front.
      - There should be nothing in the Country box
    - If it is a number from outside the US, put the County Code in the box that says Country and put the rest of the number in the box that says Telephone
3. Other ISSS Updates and Events

OPT and CPT Workshops

ISSS offers weekly workshops on off-campus employment, both for OPT and CPT. No reservation is required. If you are graduating in December, the OPT filing period opens September 20th. Students are encouraged to apply for OPT as early as possible because it can take USCIS 3-5 months (or longer) to process your request for OPT. Please view the schedule here.

CPT and OPT Workshops

**Fall 2018**

**CPT Workshops**
- Tuesday, 9/11, 2:30-3:00 pm, SL G05
- Thursday, 10/11, 10:30-11:30 am, SL G05
- Friday, 11/9, 4:00-5:00 pm SL G05—For Master’s of Computer Science students
- Wednesday, 11/14, 2:00-3:00 pm, SL G05
- Monday, 11/26, 10:00-11:00 am, SL G05
- Monday, 12/3, 3:00-4:00 pm, SL G05

**OPT Workshops**
- Thursday, 9/6, 3:45-4:30 pm, SL G05
- Wednesday, 9/19, 12:00-1:30 pm, SL G05
- Monday, 9/24, 10:00-11:30 am, SL G05
- Friday, 10/5, 4:00-5:30 pm, SL G05
- Tuesday, 10/16, 3:00-4:30 pm, SL G05
- Friday, 10/26, 10:00-11:30 am, SL G05
- Thursday, 11/1, 1:00-2:30 pm, SL G05
- Thursday, 11/15, 10:00-11:30 am, SL G05
- Tuesday, 11/20, 11:00am-12:30 pm, SL G05
- Friday, 11/30, 3:30-5:00 pm, SL G05
- Wednesday, 12/5, 1:00-3:30 pm, SL G05
- Friday, 12/14, 10:30 am-12:00 pm, SL G05

Other Important Dates
- Wednesday, September 12th: Job and Internship Fair, SEFCU Arena
- Thursday, September 20th: First day USCIS may receive OPT requests from December 2017 graduates
- Tuesday, December 18th: Program end date for December graduates
- Friday, February 15, 2019: Latest OPT start date for December graduates to request. All OPT applications for December graduates must be received by USCIS before this date.
International Friendship Program/Cultural Connections Buddy Reception

You are cordially invited to join ISSS at the International Friendship Program reception. This reception is designed to help international students meet other UAlbany students. There will be free food and activities. The event is from 3-5pm on September 14th in the Standish Room (on the 3rd floor of the Science Library).
Coming Soon! Apple Picking & Hiking with ISSS on October 20th
Save the date! ISSS's next trip is to beautiful Thatcher Park and Indian Ladder Apple Orchard for some autumn fun and tasty treats! Look for the sign-up in the next newsletter.

Academic Calendar: Upcoming Holidays
The academic calendar is a useful tool for students, it tells you the University deadlines for important events (including course registration). It also tells you when classes are cancelled due to a holiday. There are several holidays in September, so check the academic calendar here:
https://www.albany.edu/registrar/academic_calendar.php

4. University at Albany Events
Click Here for a full list of upcoming UAlbany events!
International Student Research Workshops

Workshop I: Introduction to Research Process
Instructors: Mary Van Ullen, Yu-Hui Chen
Dates, Times, Places:
- September 14, Friday 10:30 am – 12:30 pm.
  LI – B48 (University Library, Basement level)
- September 24, Monday 1:15 pm – 3:15 pm.
  LI – B48 (University Library, Basement level)

Topics: what is a research paper, steps in the research process, choosing a research topic, finding background information and articles, using research databases, evaluating research materials (including Web sites), and hands-on exercises.

If you are not able to attend the workshop on September 14, you can attend the session on September 24. The topics covered in both sessions will be the same.

To sign up for the workshop, please contact Mary Van Ullen (mvanullen@albany.edu)

Workshop II: What is “plagiarism” all about? How to avoid it?
Instructors: Yu-Hui Chen, Mary Van Ullen
Dates, Times, and Places:
- September 21, Friday 10:30 am – 12:30 pm.
  LI – B48 (University Library, Basement level)
- October 15, Monday 1:15 pm – 3:15 pm.
  LI – B48 (University Library, Basement level)

Topics: in-text citations and bibliography; why acknowledge sources; when to cite; differences among quoting, summarizing, and paraphrasing; types of plagiarism; how to cite; tips avoiding plagiarism; academic integrity; and hands-on.

If you are not able to attend the workshop on September you can attend the session on October 15. The topics in both sessions will be the same.

To sign up for the workshop, please contact Yu-Hui Chi (ychen@albany.edu)

Workshop III: Citation Practice
Instructors: Yu-Hui Chen, Mary Van Ullen
Date and Time: September 28, Friday 1:30 pm – 3:30
LI – B48 (University Library, Basement level)

Topics: DOI (digital object identifier), ways of providing citations, Citation Fox, and paraphrasing practice.

To sign up for the workshop, please contact Yu-Hui Chi (ychen@albany.edu)

As Workshop II and Workshop III are closely related are strongly encouraged to attend Workshop II first.

Let your research coaches help you succeed acad...
Doctoral Student Discussion Forum

The University Libraries and Graduate Student Association Present in September and October 2018...

**Doctoral Student Discussion Forum**

Session 1: Navigating Your Early PhD Career  
Session 2: Managing Your Dissertation & Planning Your Career Path

**RSVP:** https://www.surveymonkey.com/r/ZCTSGGC

(networking begins 15 minutes prior to start of sessions)

**For Humanities**
Panelists: Dr. Helen Regueiro Elam, Dr. Nadieszda Kizenko, & Dr. Lotfi Sayahi

**Session 1:** 10/1, Noon - 1:30PM  
HU 354, Humanities Building, 3rd Floor

**Session 2:** 10/3, Noon - 1:30PM  
HU 354, Humanities Building, 3rd Floor

**For Social Sciences**
Panelists: Dr. Michael Jerison, Dr. Louise-Anne McNutt, Dr. William Pridemore, Dr. Katherine Trent, & Dr. Alan Wagner

**Session 1:** 9/17, 2:30 - 4:00PM  
HU 354, Humanities Building, 3rd Floor

**Session 2:** 10/1, 2:30 - 4:00PM  
HU 354, Humanities Building, 3rd Floor

**For Sciences**
Panelists: Dr. Melinda Larsen, Dr. Igor Lednev, Dr. Ryan Torn, & Dr. Christine Wagner

**Session 1:** 9/18, 3:15 - 4:45PM  
D'Ambra Auditorium, Life Sciences Research Building, 2nd Floor

**Session 2:** 9/25, 3:15 - 4:45PM  
D'Ambra Auditorium, Life Sciences Research Building, 2nd Floor

Lunch/Refreshments will be served!  
Your GSA Funds at Work

Student Association Block Party

Sunday, September 9 @12pm on the Podium (Main campus)

Come out and explore what UAlbany's student involvement has for you! Countless
ICAway, a career success training website for international students, has prepared a guide to help you prepare for the upcoming UAlbany career fair. Whether you are soon-to-graduate, in the middle of your program, or a brand new student, the career fair has something to offer you.

So visit the ICAway guide at [https://www.icaway.com/single-post/2018/08/28/Get-Ready-for-Your-Next-Career-Fairs](https://www.icaway.com/single-post/2018/08/28/Get-Ready-for-Your-Next-Career-Fairs) and join your fellow student run organizations will be tabling at the block party, you can join them!
students at the UAlbany Career Fair on Wednesday September 12th from 11-4pm in SEFCU Arena

5. Capital District Events

Farmer's Market at the Crossings (September 8)
9:00am-1:00pm at The Crossings of Colonie Park, 580 Albany Shaker Road, Loudonville NY 12211, you can take bus 117 or bus 190 from UAlbany.

Free Admission. For more information click here: https://www.albany.com/event/farmers-market-at-the-crossings-170020/

Albany Riverfront Jazz Festival 2018 (September 8)
When: Saturday, Sep 8, 2018 - 1:00 PM to 9:00 PM
Where: Jennings Landing, 1 Quay Street Albany, NY 12207
Cost: FREE ADMISSION
As summer comes to an end, let it go out with a cymbal crash and a trumpet blast. Don’t miss the Albany
Riverfront Jazz Festival on September 8, 2018. The festival brings acclaimed musical guests, great food, vendors, and kids’ activities...and best of all, it’s FREE! https://www.albany.com/event/riverfront-jazz-festival-24882/

Troy Restaurant Week (starting September 10th)
Monday, September 10th-Sunday, September 16
Where: Downtown Troy
Every September Troy has their restaurant week, where you can get discounted meals at some of the newest and most popular restaurants. For more information visit their webpage here:
http://www.downtowntroy.org/restaurant-craft-beer-week/

September in the City Art Fair (September 13th)
Thursday, September 13 11:30am - 2:00pm (Free)
DiNapoli Park (previously Maiden Lane Park), on Broadway, in between Maiden Lane and Pine Street Albany, NY 12207

Every Thursday during the month of September, head to DiNapoli Park for a spectacular fall, lunchtime diversion. September in the City Art Fair will feature art exhibits by regional mixed media artists and crafters, live musical entertainment, and artwork available for purchase.

All items for sale will be original and handcrafted by local artists, so you know that you are getting one-of-a-kind art.

Honey Slider is a folk/rock/blues trio comprised of Caity Gallagher on vocals and keys, Alec Lewis on vocals and guitar, and Will Kidder on bass. Caity and Alec began writing together in 2013 and released their debut album Unearned Unhappiness in 2016.