UUNI 100 for international students provides high-impact practices for students who enter the university at a language level lower than previously required. In this first-year seminar, strong emphasis is placed on the writing process, information literacy, academic integrity, critical thought, and collaborative learning. Students examine the unique experience of being new international students at the University and develop skills and strategies needed to thrive. Coming from different educational frameworks, international students are often unfamiliar with principles of time management, learning styles, reading and note-taking strategies, study skills, and critical thought. By preparing students for academically challenging work, they are better equipped to achieve the University’s goals for academic success, thereby ensuring the diversity to which this institution is dedicated.

Research indicates that the high impact practices employed in this course for international students promote academic achievement and increase retention. These include writing intensive courses, information literacy, and collaborative learning (Kuh, 2008; Thorton Springer and Hatcher, 2017).

Students are involved in all facets of the writing process, learning that review and revision are keys to becoming more proficient writers. By gathering and analyzing research, students learn to synthesize information and present their conclusions in both written and oral form. Evaluating a range of sources is particularly relevant for students who come from countries in which this is not explicitly taught prior to university study. A much deeper understanding of plagiarism and the strategies for academic honesty is also gained.