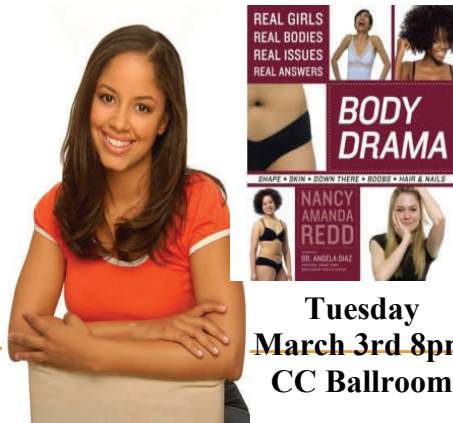




## Body Image & Eating Awareness Week Events

**Keynote Event** On Tuesday March 3rd at 7:00 pm in the Campus Center Ballroom, Nancy Redd will be talking to students about healthy body image. Nancy is a New York Times Bestselling Author and has been featured on *Good Morning America*, *NBC's Today Show*, in *CosmoGirl!*, *Fitness*, and is part of the Dove Campaign.



**Tuesday  
March 3rd 8pm  
CC Ballroom**

### Nancy Redd

At this Keynote Event, Nancy Redd's bestselling book, *Body Drama*, will be on sale for students to purchase and have signed. To read more about Nancy and her book before the event, please visit this website:

<http://www.nancyredd.com/>

### Body Image Exhibit

**Tuesday March 3rd 10am-3pm**

There will be an interactive exhibit in the Campus Center Lobby regarding healthy body image. Project SHAPE: Sexual Health & Peer Education members and staff from the Counseling Center will be at the table to provide you with information and pamphlets, as well as answer any questions. Free giveaways!

### Eating Disorder Exhibit

**Wednesday March 4th 10am-3pm**

There will be an informational exhibit in the Campus Center lobby hosted by professionals from the Counseling Center who will be available to answer any questions or concerns regarding disordered eating. Please stop by to pick up some information and free giveaways!

### Nutrition Exhibit

**Thursday March 5th 10am-3pm**

On Thursday in the Campus Center Lobby there will be an informational table full of fact sheets and helpful tools for healthy nutrition habits. Come by and learn about serving sizes, healthy snacking, and how to be active and healthy with a busy schedule!

Please Join...



In welcoming **Nancy Clark, MS, RD**, to campus on Thursday March 5th at 7pm in the Campus Center Ballroom.

Nancy Clark, MS, RD, CSSD is an internationally known sports nutritionist and nutrition author. She is a registered dietitian (RD) who specializes in nutrition for exercise, health and the nutritional management of eating disorders. She is board certified as a specialist in sports dietetics (CSSD). She has worked with the Boston Red Sox, the Boston Celtics, and many Olympic athletes.

