Sexuality Month 2013

30th Anniversary

February 4-28, 2013
University at Albany
State University of New York

Coordinated By:
Middle Earth Peer Assistance Program
University Counseling Center

Funded By:
The Student Association of the University at Albany
"Your Student Activity Fee at Work"
& University Auxiliary Services
HAPPY 30TH ANNIVERSARY, SEXUALITY WEEK!

Sexuality Week at the University at Albany had its beginnings 30 years ago. Appropriately, the week takes place around Valentine’s Day each February. It began as a small series of workshops designed to educate students about the critical choices they must make throughout their college years. Some of the topics addressed have included HIV/AIDS and other STIs, relationships, identity, and reproductive health. Featured speakers throughout the years have included Dr. Ruth Westheimer, Judy Shepard (mother of Matthew Shepard), Dr. Drew Pinsky, Dan Savage, Frank Warren, and attorney Sarah Weddington who presented the winning argument in the 1973 Roe v. Wade case.

First hosted in February 1984 by the Middle Earth Peer Assistance Program and Genesis (an organization devoted to helping students with sexuality concerns), Sexuality Week had a solid educational mission. As stated in its 1984 program brochure, "The major aim of this conference is to sensitize the college community to pertinent issues in sexuality, such as: health-related issues, sexual preference, relationships, and more."

During Sexuality Week, educational programs, including lectures, plays, dances, panel presentations, workshops, and educational game shows, are offered for all members of the campus community as well as for other colleges and universities in the Capital District who wish to participate. The topics have changed throughout the years, but core issues still prevail. Many of the programs address gender issues, identity, love, sexual orientation, women’s and men’s health, prevention of sexual assault and sexual harassment, contraception and reproductive issues and HIV/AIDS and other STIs. In recent years, the University at Albany has included performances of "The Vagina Monologues," which are part of the International V-Day College Initiative that includes over 1000 colleges and universities around the world.

Each year, a Planning Committee consisting of members from Middle Earth, Project SHAPE, the University Counseling Center, staff members from a variety of University departments, and students all meet to discuss what programs will be included in the week. All Sexuality Week programs selected by the Planning Committee are presented or supervised by individuals with expertise in the topic area or pertinent life experience. Sexuality Week is made possible through the generous support of the Student Association, University Auxiliary Services, and other collaborators and funders.

The Middle Earth Peer Assistance Program is a campus service in which trained University at Albany undergraduate students offer hotline assistance, peer education, and peer career advisement under the supervision of professionals at the University Counseling Center. Project SHAPE is a peer education program in which trained University at Albany undergraduate students educate peers about sexuality and sexual health under the supervision of professionals at the University Counseling Center. For additional information, go to www.albany.edu/counseling_center.
Frank Warren is the sole founder and curator of the PostSecret Project: A collection of over 200,000 highly personal and artfully decorated postcards mailed anonymously from around the world, displaying the soulful secrets we never voice.


Warren was born in Arizona and went to high school in Illinois. He later graduated from UC Berkeley with a degree in social science and moved to the Washington, DC area to start a business. Warren has appeared on the Today Show, 20/20, CNN, MSNBC, CBC, NPR, and Fox News. USA Today called Warren, “An award-winning blogger, a first-time author, an artist with a traveling exhibit, a possible documentary subject, the inspiration for a music video and the all-around media ‘it’ boy of the moment.” In 2009, Forbes magazine listed him as the number four most popular “web celeb,” behind celebrity blogger Perez Hilton, tech blogger Michael Arrington, and Kevin Rose, the founder of Digg.com.

In 2005, The All American Rejects approached Warren about using images of actual PostSecret images in their Dirty Little Secret music video. They offered Warren $1,000 but instead he asked them to donate $2,000 to 1(800) SUICIDE where Warren is a volunteer. The donation was made and the music video became one of the most requested on MTV.

Warren continues to receive between 100 and 200 postcards every day. He updates his website on Sundays and is working to produce four more PostSecret books. He continues to call himself an “accidental artist” because he has no artist background or training. “I have been asked many times why I started this. It still feels to me as though this project found me. All I try to do is make the right decisions every day to protect the integrity of the project – and learn to trust the journey.”
Gesel Mason Performance Projects

Women, Sex & Desire

Risky and risqué
Provocative, sensual, amusing and raw
Insightful and honest

Part Dance
Part Theatre
Part Talk Show

Mature subject matter and nudity

Thursday
February 21
7:30pm

Photo by Colin Danville

Presented by the Performing Arts Center in conjunction with UAlbany’s Sexuality Month and with support from the New York State DanceForce with funding from the New York State Council on the Arts Dance Program. Support also provided by the Office of Multicultural Student Success, Middle Earth Peer Assistance Program, University Auxiliary Services and Holiday Inn Express.
Women, Sex and Desire

Thursday, February 21 at 7:30pm

Free for first 100 UAlbany students w/ID!
(ticket is required - box office is located on first floor of Performing Arts Center)

All other tickets: $15 general public/$12 faculty-staff & seniors/$10 students

With dance, true-life stories and video imagery at its core, this multi-media investigation on how women navigate sex, desire, choice and perception challenges stereotypes, assumptions and conventional wisdom along with reflecting the struggle, humor and pleasure we encounter as sexual beings. By combining real stories, actual people, pop culture and a diverse movement vocabulary ranging from post-modern to hip hop to pole dancing, this recently premiered work is at once entertaining, insightful and honest.

Please note:
This performance contains mature subject matter and nudity.

"Gesel Mason understands how to move her audience to tears and laughter. Though trained as a dancer, it's her talents for blending video, text and movement that make her company, Gesel Mason Performance Projects, so engaging to watch."
~ Janet Lynn Roseman, WASHINGTON POST

"Women, Sex and Desire" was commissioned by the Clarice Smith Performing Arts Center at the University of Maryland where the students and community were involved in developing the show. Gesel Mason is on faculty of the University of Colorado at Boulder and GMPP has been in residence at the University of Utah, Texas Woman's University, Columbia College and Virginia Commonwealth University. GMPP endeavors in the work to show the honesty, struggle, frustration, celebration, honor and humor of realistically coming to realize who and what we are as sexual beings. It was created through focus groups, interviews and identity workshops and opens a dynamic, challenging dialogue around women's sexuality.
SPECIAL EVENTS

Danes after Dark Film Festival

This year, we will be hosting film screenings and discussions about popular sexuality topics, such as gender roles and masculinity, the portrayal of sex in the media, relationships, and identity.

THURSDAY, FEBRUARY 7, 2013

8:00PM
Campus Center Terrace Lounge

“FIRST: PERSPECTIVES ON SEXUAL AWAKENING AND IDENTITY” FILM AND DISCUSSION
The documentary film “First” interviews ten unique women about their first sexual experiences, all of whom speak candidly about their backgrounds, their expectations prior to having sex, and how they have learned to define themselves sexually. Following the film, students can participate in or listen to a discussion about the many experiences women share about their first time, making their sexual debut. Joy, fear, wild pleasure, boredom, disgust, and excitement are some of the emotions at the core of many coming-of-age experiences.

Presenter: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education

THURSDAY, FEBRUARY 28, 2013

8:00PM
Campus Center Terrace Lounge

“TRANS” FILM SCREENING AND DISCUSSION
The newly released feature documentary film “TRANS” is an up-close and very personal journey into the transgender world through the memorable stories and the unusual lives of a remarkable group of six people. It begins with the story of Lt. Commander Christopher McGinn, a Navy flight surgeon selected by NASA to serve on two space missions. But, upon her discharge from the armed forces, Chris McGinn would set out upon a different mission…from which she was never to return. Now Dr. Christine McGinn is able to tell her own amazing story (picked up by the media on both MSNBC and the Oprah Winfrey show), and provide an entrance into a complex and dramatic world that is “TRANS.” The reviews state that “this film will open your eyes and your heart.” Another reviewer applauds this film as “the first time this subject has been properly handled on film.”

Facilitator: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
**OPEN HOUSE**

Gender & Sexuality Resource Center (GSRC)

**OPEN HOUSE**
Friday, February 15, 10:00AM-5:00PM - Campus Center, Room 332  
(Special events between 3:00PM and 5:00PM)

Come visit the Gender & Sexuality Resource Center! We will be hosting an open house for all students to come check out our resources and interactive environment. During this event we will have giveaways, refreshments, and a Michael Jackson Wii dance off!

The GSRC is open Monday- Thursday 10AM-9PM and Friday 10AM-5PM.

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**THEATRE PERFORMANCES**

*A V-Day Benefit Reading of “The Vagina Monologues”*
By Eve Ensler

**Thursday, February 14 at 8:00PM, Page Hall**
**Friday, February 15 at 8:00PM, PAC Recital Hall**
**Saturday, February 16 at 1:00PM, PAC Recital hall**
University at Albany, SUNY

These three readings of “The Vagina Monologues” are part of the International V-day College Initiative which includes over 1000 colleges and universities around the world. The University at Albany's successful shows in past years have sold out and raised funds for local rape crisis and domestic violence shelters. The program will be based on the off-Broadway play "The Vagina Monologues." The performance, which has been heralded as "alternately hilarious and deeply disturbing" by the New York Times, will be conducted by University at Albany students and alumni joined together to end violence against women.

Coordinated by the Gender & Sexuality Resource Center, Office of Multicultural Student Success

**Questions:**
For information about ticket prices and sales locations, please contact gsrc@albany.edu.

***FOR MORE V-DAY EVENTS, see program description on pages 11-12.***

One Billion Rising @ 7 PM and “Until the Violence Stops” Movie @ 9:00 PM, Feb. 12th, Campus Center Ballroom
V-DAY ANNIVERSARY CELEBRATION

ONE BILLION RISING: STRIKE, DANCE, RISE!

Tuesday, February 12 at 7:00, Campus Center Ballroom

“One Billion Rising” calls on everyone to STEP UP, join together, and "dance until the violence stops," as we celebrate the 15 year anniversary of V-day, a global movement to end sexual violence. “One Billion Rising” stems from the statistic that 1 in 3 women experience violence in the form of rape or beatings in their lifetime, leaving over 1 billion women impacted by violence on this planet. You are invited to STEP UP and join the world in this movement, right here at the University at Albany, to see our collective strength, our numbers, and our solidarity across borders while raising awareness of sexual violence.

Screening of the film “Until the Violence Stops” will follow this program. See Page 12 for details.

Facilitators: Heidi Wright, Psy.D., Staff Psychologist, University Counseling Center
Joyce Dewitt-Parker, Ph.D., Coordinator for Sexual Assault Prevention/Staff Psychologist
University Counseling Center

EXHIBITS

• SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION PROGRAM
In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Campus Center Lobby, from 10:00AM to 3:00PM, February 4-7. The exhibits will include information, as well as handouts and brochures, on topics such as contraception, sexually transmitted diseases, HIV/AIDS, and breast and testicular cancer.

❖ MIDDLE EARTH EXHIBIT
Visit the Middle Earth exhibit in the Campus Center Lobby and receive free information and giveaways. Look for our “These Hands Don’t Hurt” exhibit and make a commitment to end sexual violence by “signing” your handprint. This exhibit will be in the Campus Center Lobby from 10:00AM to 3:00PM, February 4-7 and February 11-14.

❖ UNIVERSITY LIBRARY EXHIBIT: A HISTORY OF SEXUALITY WEEK
Visit the University Library and look for the “History of Sexuality Week” exhibit, showcasing program brochures from the past 30 years, books from keynote speakers, and other memorabilia.
WORKSHOPS AND PROGRAMS

MONDAY, FEBRUARY 4

.fn. 10:00AM-3:00PM Campus Center Lobby
CONTRACEPTION EXHIBIT
Presenters: Members, Project SHAPE: Sexual Health & Peer Education

.fn. 7:30PM-8:45PM Campus Center 375
WOMEN ON THE RISE: THE IMPACT OF WOMEN’S HEALTH ISSUES AND THE WOMEN’S VOTE IN THE 2012 ELECTIONS
On Election Day 2012, the unmistakable message sent by voters was that the American people do not want politicians to meddle in our personal medical decisions; and that politicians can no longer demean, dismiss, and ignore women or women’s health issues and still expect to win elections. At this program, local Planned Parenthood professionals will speak about the immediate and future implications of the 2012 women’s vote.
Presenters: Blue Carreker, Vice President for Public Affairs and Media Relations
Upper Hudson Planned Parenthood (UHPP)
Carolyn Ehrlich, Vice President of Government Relations, Family Planning Advocates of NY

.fn. 9:00PM-10:15PM Campus Center 375
SeXY Media
Have you ever thought about what TV shows, music videos, movies, and news that we watch tell us about gender and relationships? SeXY Media is a program that discusses the messages delivered by the media about gender, body image, and sexual orientation in an interactive program that will highlight actual media messages.
Presenters: Peer Educators, Middle Earth Peer Assistance Program
D. Catherine Walker, M.A., Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center

TUESDAY, FEBRUARY 5

.fn. 10:00AM-3:00PM Campus Center Lobby
STI PREVENTION EXHIBIT
Presenters: Members, Project SHAPE: Sexual Health & Peer Education

.fn. 8:00PM Campus Center Ballroom
SEXUALITY WEEK KEYNOTE PRESENTATION: FRANK WARREN – “POSTSECRET”
See Page 3 for Program Description
WEDNESDAY, FEBRUARY 6

✈ 10:00AM-3:00PM  Campus Center Lobby
HIV/AIDS PREVENTION EXHIBIT
Presenters: Members, Project SHAPE: Sexual Health & Peer Education

✈ 7:30PM-8:45PM  Campus Center 375
REAL SEX UALBANY: CONVERSATIONS WITH UALBANY STUDENTS ABOUT DATING, SEX, & RELATIONSHIPS
Come watch, laugh, and enjoy a montage of “man on the street” type interviews with UAlbany students. Students answer questions about topics such as dating dos and don’ts, “Bro-code,” healthy relationships, and sex. The discussion will examine common conceptions of masculinity, in the context of heterosexual interpersonal relationships.
Presenters: Joseph M. Monserrat, Psy.D., Staff Psychologist, University Counseling Center
Members, Men REACH: Men for Relationship Education and Change

✈ 9:00PM-10:15PM  Campus Center 375
THE GENDER GAME!!
Join us for an interactive game exploring the intersections of gender and sexuality where you are the players. “Transgender, heterosexual, bisexual, masculine, feminine.” Come navigate the puzzle and experience a conversation that goes beyond our binary social perceptions. Students of all identities are welcome.
Presenter: Courtney D’Allaird
Program Coordinator, Gender & Sexuality Resource Center, Multicultural Student Success

THURSDAY, FEBRUARY 7

✈ 10:00AM-3:00PM  Campus Center Lobby
BREAST & TESTICULAR CANCER PREVENTION EXHIBIT
Presenters: Members, Project SHAPE: Sexual Health & Peer Education

✈ 8:00PM  Campus Center Terrace Lounge
“FIRST: PERSPECTIVES ON SEXUAL AWAKENING AND IDENTITY”
DANES AFTER DARK FILM SCREENING AND DISCUSSION
See Page 6 for Program Description
Presenter: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
SUNDAY, FEBRUARY 10

1:00PM–5:00PM Campus Center 375

SAFE SPACE: LGBT 101 TRAINING
Cultural competency training developed to educate and empower allies around lesbian, gay, bisexual, transgender and queer (LGBTQ) identities. This training is interactive and will focus on internal messages, terminology in general and specific ways to be an ally to bisexual/nonmonosexual identities, Queer People of Color and transgender people. All students are welcome and will receive a certificate of completion.

Presenters:
- Courtney D’Allaird
  Program Coordinator, Gender & Sexuality Resource Center, Multicultural Student Success
- Emma Suarez, Gender & Sexuality Concerns Director, Student Association

MONDAY, FEBRUARY 11

7:30PM–8:45PM Campus Center 375

CRACKING THE GUY CODE & REVEALING VICTORIA’S SECRET
Within intimate relationships between men and women, some common issues arise. People sometimes conclude that their partner just doesn’t understand them. Come join this discussion about the common mistakes and assumptions people make when their partner is another gender.

Presenter:
- Carol Stenger, M.Ed., M.A.
  Coordinator for Health Promotion, University Counseling Center
  Director, Project SHAPE: Sexual Health and Peer Education

9:00PM–10:15PM Campus Center 375

ALCOHOL AND HOOKIN’ UP
What does it mean when someone says, “I hooked up with someone last night”? Come see the Middle Earth Players Peer Theatre group act out scenes and discuss myths associated with drinking and sex, the concept of “hooking up,” and how students can better communicate with partners to enhance safer sex practices in drinking situations.

Presenters:
- The Middle Earth Players
- D. Catherine Walker, M. A., Outreach Coordinator, Middle Earth Program
- Brian M. Freidenberg, Ph.D.
  Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center

TUESDAY, FEBRUARY 12

7:00PM–9:00PM Campus Center Ballroom

ONE BILLION RISING: STRIKE, DANCE, RISE!
See Page 8 for Program Description

Facilitators:
- Heidi Wright, Psy.D., Staff Psychologist, University Counseling Center
- Joyce Dewitt-Parker, Ph.D., Coordinator for Sexual Assault Prevention/Staff Psychologist
  University Counseling Center
**9:00PM**  
**Campus Center Ballroom**  
**“UNTIL THE VIOLENCE STOPS” FILM SCREENING AND DISCUSSION**
This film, featuring playwright and activist Eve Ensler, documents how The Vagina Monologues grew into an international grassroots movement called V-Day aimed to stop violence against women and girls. More than just testimonies and performances, this is a film about empowerment and the importance of dialogue in the healing process. A celebration of women reclaiming their bodies and lives, this moving documentary leaves us with hope that change can happen. It will take you on a poignant journey into the hearts of women and includes revealing testimonies from women and men from all over the world, who expose social and cultural attitudes that perpetuate violence against women.

**Facilitators:**  
Heidi Wright, Psy.D., Staff Psychologist, University Counseling Center  
Joyce Dewitt-Parker, Ph.D., Coordinator for Sexual Assault Prevention/Staff Psychologist, University Counseling Center

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**WEDNESDAY, FEBRUARY 13**

**7:30PM-8:45PM**  
**Campus Center 375**  
**THE CHANGING FACE OF FEMINISM**
Join us for a revolutionary discussion about the changing face of feminism and ways in which modern day gender roles impact relationship dynamics of all types (romantic, platonic, work, peer, etc.). Audience members will have the opportunity to explore and discuss the intersection between mainstream media and cultural perceptions of women, power, and relationships.

**Presenters:**  
Alex Blais & Tara Schuster, Health Educators  
Student Health Center, Rensselaer Polytechnic Institute

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**9:00PM-10:15PM**  
**Campus Center 375**  
**SEX IN THE DARK**
This program will allow audience members to write any questions about sex or relationships that they have to be answered anonymously by UAlbany’s Sex Lady and a panel of sexual health peer educators…all with the lights out!. Join us for some fun and adventure!

**Facilitator:**  
Ema Buco, Residence Director, Alumni Quad

**Presenters:**  
Carol Stenger, M.Ed., M.A.  
Coordinator for Health Promotion, University Counseling Center  
Director, Project SHAPE: Sexual Health and Peer Education  
Members, Project SHAPE: Sexual Health & Peer Education

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**THURSDAY, FEBRUARY 14**

**8:00PM**  
**Page Hall, Downtown Campus**  
**THE VAGINA MONOLOGUES**
See Page 7 for Program Description

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**FRIDAY, FEBRUARY 15**

**10:00AM-5:00PM**  
**Campus Center 332**  
**OPEN HOUSE, GENDER & SEXUALITY RESOURCE CENTER**
See Page 7 for Program Description
SATURDAY, FEBRUARY 16

❖ 8:00PM
THE VAGINA MONOLOGUES
Performing Arts Center Recital Hall
See Page 7 for Program Description

❖ 1:00PM
THE VAGINA MONOLOGUES
Performing Arts Center Recital Hall
See Page 7 for Program Description

MONDAY, FEBRUARY 18

❖ 7:30PM-8:45PM
CUTE OR CREEPY: WHERE'S THE L.I.N.E.?
Campus Center 375
There’s a Fine L.I.N.E. Between Cute or Creepy
Perceptions about cute or creepy behavior are in the eyes of the beholder. Join us for a fun and quirky look at the complex topic of relationships. You'll think about your own perceptions and conclusions, create your own definitions about cute and creepy behavior, and learn about the L.I.N.E.

Presenters: Joyce Dewitt-Parker, Ph.D.
Coordinator for Sexual Assault Prevention/Staff Psychologist, University Counseling Center

❖ 9:00PM-10:15PM
PILLS, PATCHES AND RINGS, OH MY!
Campus Center 375
Come join us for a hands-on workshop where students will be able to see, touch and learn about all of the current contraception options and a few ancient methods such as lemons (!) and the advantages and disadvantages of each. A discussion of all the things that should be considered when choosing a method of birth control will be discussed. We will also talk about Emergency Contraception.

Presenters: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education

TUESDAY, FEBRUARY 19

❖ 7:30PM-8:45PM
“LOVELINE: TEST YOUR SEXUAL IQ”
Campus Center 375
This program will allow audience members to write any questions about sex or relationships that they have to be answered anonymously by UAlbany’s Sex Lady and a panel of sexual health peer educators. In addition, Project SHAPE will test the audience about their sexual knowledge using clickers and polling the audience. Join us for some fun and adventure.

Presenter: Carol Stenger, M.Ed., M.A.
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
**COMING OUT STORIES**

A UAlbany Sexuality Week tradition, Coming OUT Stories is a round table discussion for all students who identify across the gender and sexuality spectrum including those who are Lesbian, Gay, Bisexual, Pansexual, Asexual, Queer, Genderqueer and Transgender. Straight Allies, international students, as well as students with friends and/or family who are LGBT are also encouraged to attend.

**Presenters:**  
Courtney D’Allaird  
Program Coordinator, Gender & Sexuality Resource Center, Multicultural Student Success

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**WEDNESDAY, FEBRUARY 20**

**7:30PM-8:45PM**  
**FACT OR CRAP: HOW MUCH DO YOU REALLY KNOW?**  
Campus Center 375

In this fun program, you will learn about the myths and facts regarding prevention of both STD’s and unwanted pregnancies, with a special emphasis on the importance of “dual methods” of protection (including back up your birth control). Students will learn the “facts” about safer-sex in a welcoming “crap-free” environment where everyone’s questions are encouraged.

**Presenters:**  
Rob Curry, Senior Vice President, Upper Hudson Planned Parenthood  
Meaghan Carroll, Director of Education, Upper Hudson Planned Parenthood.

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**9:00PM-10:15PM**  
**WHAT’S UP DOWN THERE?**  
Campus Center 375

This program will be a chance for students to learn a little bit more about their bodies in an effort to not only educate, but learn some fun and sexy tips along the way. Learn about body parts, erogenous zones, common problems that emerge with body parts, symptoms that are a concern and the best ways to care for our bodies to protect our health. Win prizes as you participate in this fun program!

**Presenters:**  
Carol Stenger, M.Ed., M.A.  
Coordinator for Health Promotion, University Counseling Center  
Director, Project SHAPE: Sexual Health and Peer Education  
Mandy Farsace, President, Project SHAPE: Sexual Health & Peer Education

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**THURSDAY, FEBRUARY 21**

**8:00PM**  
**FEATURED PRESENTATION:**  
“WOMEN, SEX, & DESIRE”  
Performing Arts Center

See Pages 4 and 5 for Program Description

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**MONDAY, FEBRUARY 25**

**7:30PM-8:45PM**  
**PERSONAL SAFETY WORKSHOP FOR WOMEN**  
Campus Center 375

The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for women, which begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

**Presenter:**  
R.A.D. Team Members  
University Police Department
PERSONAL SAFETY WORKSHOP FOR MEN
The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for men, which begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: R.A.D. Team Members
            University Police Department

TUESDAY, FEBRUARY 26

BDSM AND KINK CULTURE WITH MASTER R AND MISTRESS MORE
La Domaine Esemare is the oldest BDSM training chateau in the world. Started by Master R and his partner in 1993, La Domaine quickly became recognized for its unique style and its outstanding quality of BDSM. BDSM and Kink culture is often unspoken and profiled as taboo. This program will provide a rare glimpse into the lived experiences of two renowned architects of the trade and will include an opportunity for questions and answers.

Presenters: Master R and Mistress More, La Domaine Esemare

MEN ARE FROM MARS, WOMEN ARE FROM VENUS: HOW MEN AND WOMEN THINK
Men and women exist together in this world yet seem to view it completely differently. Come to this workshop to learn about how some of the biological differences between men and women affect how they think and (some) of what they do. Included in this program will be excerpts from the book “Men are from Mars, Women are from Venus” to discuss how despite these differences, men and women can coexist in harmony with a little bit of work from both.

Presenter: Alexa Previto, President, Middle Earth Peer Assistance Program
            Vice President of Project SHAPE: Sexual Health & Peer Education

WEDNESDAY, FEBRUARY 27

SEXUAL ASSAULT JEOPARDY
“Sexual Assault Jeopardy” is designed to raise awareness about the issues surrounding this violent crime, including consent, date rape drugs, services and resources available to victims, and bystander interventions. This program also aims to dispel the common myths that exist within our society around sexual crimes.

Presenter: Christin Guilder, LMSW, Prevention Educator
            Albany County Crime Victim and Sexual Violence Center

THURSDAY, FEBRUARY 28

“TRANS” DANES AFTER DARK FILM SCREENING AND DISCUSSION
See Page 6 for Program Description

Presenter: Carol Stenger, M.Ed., M.A, Coordinator for Health Promotion, University Counseling Center
            Director, Project SHAPE: Sexual Health and Peer Education
During the 30 years that Sexuality Week has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender and sexuality, HIV/AIDS, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Week reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area. We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention and the promotion of health.

**Sexuality Week 2013 Planning Committee**

Carol Anderson, M.L.S., University Libraries
Ema Buco, Residential Life
M. Dolores Cimini, Ph.D., Middle Earth Peer Assistance Program, University Counseling Center (Chair)
Elizabeth Conrad, M.A., Student Involvement and Leadership
Preston Coppage, UA Pride Alliance
Courtney D’Allaird, Gender and Sexuality Resource Center, Office of Multicultural Student Success
Marsha Decatus, Residential Life
Joyce Dewitt-Parker, Ph.D., University Counseling Center
Mandy Farsace, Project SHAPE
Jameelee Ford, Residential Life
Brian M. Freidenberg, Ph.D., University Counseling Center
Karla Jaime-Benitez, Residential Life
Nick Lansing, Middle Earth, University Counseling Center
Kristyn Muller, Residential Life
Alexa Previto, Middle Earth and Project SHAPE, University Counseling Center
Jenna Riefenhauser, Middle Earth, University Counseling Center
Carly Savino, Middle Earth, University Counseling Center
Carol P. Stenger, M.Ed., M.A., Project SHAPE, University Counseling Center
Heidi R. Wright, Psy.D., University Counseling Center
D. Catherine Walker, M.A., Middle Earth, University Counseling Center

Many thanks to Student Association & University Auxiliary Services for funding support of this event, and Project SHAPE & Danes after Dark for their assistance with our exhibits and special programs.