



January 30-February 14, 2012
University at Albany
State University of New York

Coordinated By:
Middle Earth Peer Assistance Program
University Counseling Center

Funded By:
The Student Association of the University at Albany



"Your Student Activity Fee at Work"



KEYNOTE SPEAKER



“Sex Rules!”

Presented by
Maria Falzone, Comedian

TUESDAY, FEBRUARY 7, 8:00 PM
Campus Center Ballroom
University at Albany, SUNY
Reception to Follow

ABOUT MARIA FALZONE

Maria Falzone is one of the most sought after speakers on safer sex at the college level. Each year colleges and universities invite her back to teach the essential rules to greater and safer sex. Unlike other lectures, Maria shares her personal story of shame and suffering about sex and how after contracting herpes from a friend she was forced to honestly look at her attitude about sex. Her ability to connect with students in a very real and personal way allows her to lay the foundation to explaining the RULES to greater and safer sex.

"We live in a society where we get conflicting messages about sex. Our parents and Society tell us to wait. In the world of advertising sex sells. So we end up thinking that we should just know how to have sex. Parents spend good money for us to go to college to get an education so that we can graduate and go out there and get a good job. But when it comes to sex, which most of us are going to have, (hopefully more than once) we have little to no information. Some of us end up emotionally or physically scarred." Maria then goes on to explain the rules in a very funny and frank manner. "Who do the rules apply to? All of us! If you want to wait until you're married GREAT! You still need to learn how to have sex." Maria's ability to connect with students in a very real and personal way allows her to lay the foundation to explaining the RULES to greater and safer sex.

"If you're gay, bisexual or transgender the rules are the same. There is another level of shame you have to work through. Society says that if your gay, bisexual or transgender that you are wrong, not sex, you. If you are gay bisexual or transgender work through the shame and live your life out loud. If you have an opinion against someone who is gay, bisexual or transgender keep it to yourself. Because opinions are like aholes! Everyone has one and no one wants to hear from them!" says Maria.**

Maria reached headliner status in the top comedy clubs throughout the US and Europe over 15 years ago and was invited to perform at the HBO Aspen Comedy Festival where she met Suzi Landolphi, the creator of *Hot, Sexy and Safer*. Suzi hired and trained Maria to perform her show. A year later Maria created her funny, frank and personal lecture: *Sex Rules!* Maria has performed standup on ABC, A&E, Showtime, and TBS.

FEATURED SPEAKER



TUESDAY, FEBRUARY 14, 2012

8:00 PM

CAMPUS CENTER BALLROOM

Carol P. Stenger

Sexuality Educator

Presents

“LOVELINE: An Evening with Carol Stenger”

“Everything You Wanted to Know about Sex...But Didn't Know Where to Ask...”

Come spend an evening with Carol Stenger, UAlbany's own Sex Educator, (a.k.a. “The Sex Lady”) and get the answers to all the questions that you have about sex, but haven't had the chance to ask... This program is sure to be fun, since **YOU** will determine the content! Attendees will be given the chance to ask questions anonymously as well as to test their own knowledge about sex at questions that will be posed to the audience using clickers for responses.

ABOUT CAROL STENGER

Carol Stenger is a sexuality educator and the Coordinator for Health Promotion at the University Counseling Center, University at Albany, SUNY. She earned an M.A. in Human Sexuality/Health Studies from New York University and an M.Ed. in Counseling from Pennsylvania State University. She is responsible for a wide range of health promotion and prevention programs; with a specialization in sexuality education and sexuality counseling. She has studied cross-cultural sexuality in Denmark, the Netherlands, France, Germany and Russia. She teaches a popular undergraduate human sexuality course (and has since 1984) on the University at Albany campus.

Carol founded and directs a 35 member peer education group, “Project SHAPE: Sexual Health and Peer Education” which provides over 125 sexual health workshops each year for the University at Albany community. She is a regular speaker covering sexuality topics at schools, universities, community based agencies, and has appeared on local radio and television shows.



Sexuality Week Film Festival



This year, we will be hosting film screenings and discussions about popular sexuality topics, such as gender roles and masculinity, the portrayal of sex in the media, relationships, and identity.

FREE POPCORN WILL BE SERVED!

Tuesday, January 31, 2012

❖ 8:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: SEX.CONSENT.POWER.PLEASURE. WHERE'S YOUR LINE?

Join us for a viewing and panel discussion of the provocative documentary of "The Line", a film about the one-night stand of a young woman that goes terribly wrong. A variety of topics, including healthy and unhealthy sexual boundaries, gender roles, cultural expectations and sexuality, and today's "rape" culture will be discussed.

Presenter: *Joyce Dewitt-Parker, Ph.D., Director, Sexual Assault Resource Center, University Counseling Center*

Wednesday, February 1, 2012

❖ 7:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: "DREAMWORLDS 3: DESIRE, SEX, & POWER IN MUSIC VIDEO"

Join us for a film screening of Dreamworlds 3, an eye-opening documentary that "examines the stories THAT contemporary music videos tell about girls and women," and how music videos and pop culture influence our beliefs about sexuality and gender. A panel discussion will follow the screening of this provocative film.

Presenter: *Amina Mahmood, Ph.D., Staff Psychologist, University Counseling Center*

Thursday, February 2, 2012

❖ 8:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: "LET'S TALK ABOUT SEX"

Come learn about the differences between the attitudes about sex of people in the U.S. and Europe. The film includes statistics on teen pregnancy rates and STIs, and also offers the views of different figures in various parts of this country and in Europe. Sexual rites of passage are also portrayed, including: Purity Balls, street HIV outreach, use of condoms and safer sex, and parent-teen communications.

Presenters: *Alexa K. Previto, Vice-President, VOX Chapter (Voices of Planned Parenthood), Social/Education Chair, Middle Earth Peer Assistance Program*
Rob Curry, Senior Vice President for External Affairs, Upper Hudson Planned Parenthood.

Monday, February 6, 2012

❖ 8:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: "THY WILL BE DONE: A TRANSSSEXUAL WOMAN'S JOURNEY THROUGH FAMILY AND FAITH"

The documentary film "Thy Will Be Done: A Transsexual Woman's Journey through Family and Faith" will be shown followed by an opportunity for discussion. This film follows male to female transsexual Sara Herwig in her journey to ordination in the Presbyterian Church. The documentary explores the way in which alternative lifestyles and permanent choices of identity have the power to tear a family apart, only to put it back together again more closely than ever before. "Thy Will Be Done" highlights the point of tension where gender, family relationships and faith intersect.

Presenter: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center Director, Project SHAPE: Sexual Health and Peer Education*

Wednesday, February 8, 2012

❖ 7:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: HIP-HOP: BEYOND BEATS & RHYMES-AN EXAMINATION OF MASCULINITY & MANHOOD IN HIP-HOP CULTURE

Join us for a viewing and discussion of the Sundance Film Festival documentary "Hip-Hop: Beyond Beats & Rhymes", a film exploring masculinity, race, sexism, and homophobia as depicted in hip-hop culture. The discussion will address issues related to societal conceptions and attitudes about manhood, as they pertain to interpersonal relationships.

Presenters: *Members, MenREACH, University Counseling Center*

Thursday, February 9, 2012

7:00PM

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: BURLESQUE: A WINK AND A SMILE

Come to this fun workshop and view a documentary on Burlesque. There will be a discussion following the film and the reasons why this form of exercise is currently so popular among women. This will be followed by a demonstration of a burlesque exercise class conducted by Ms. Zeyhar with an opportunity for audience participation. Come learn about and try this new program offering by Campus Recreation.

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center*
Karla Jaime-Benitez, M.A., Assistant Director for Campus Recreation
Elizabeth Zeyhar, Certified Group Exercise Instructor



SPECIAL EVENTS

Gender & Sexuality Resource Center (GSRC) OPEN HOUSE



**Friday, February 3
Campus Center, Room 332**

The GSRC is a fun interactive space on campus for students of all identities, including those who identify as Lesbian, Gay, Bisexual, Transgender, Queer, Intersexed and Pansexual (LGBTQIP). The GSRC features Videos, Games, Movies, Computers, Books and Resources.

Come hang out and meet other students. There will be light refreshments, games, and the first 100 people get a rainbow wristband!

Regular Center Hours:
Monday-Thursday 10am- 9pm*
Friday 10am- 7pm*
***When classes are in session**



Presented by the Middle Earth Peer Educators

This exhibit, hosted on Tuesday, January 31 in the Lecture Center Concourse, provides an opportunity for members of the campus community to “sign” their handprint declaring that “*these hands don’t hurt,*” meaning that their hands will not engage in sexual violence or sexual abuse. The aim of this exhibit is to increase awareness of sexual assault and violence and to allow our campus community members to take a stand against it; by stamping their handprint, members of the campus community can make a personal commitment to STEP UP! & end sexual violence. Handprints will be displayed in the Campus Center Lobby.



EXHIBITS



❖ SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION PROGRAM

In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Campus Center Lobby, from 10:00am to 3:00pm, February 6-9. The exhibits will include information, as well as handouts and brochures, on topics such as contraception, sexually transmitted diseases, HIV/AIDS, and breast and testicular cancer.

❖ MIDDLE EARTH EXHIBIT

Visit the Middle Earth exhibit in the Campus Center Lobby and receive free information and giveaways. The exhibit will be in the Campus Center Lobby from 10:00 AM to 3:00 PM, February 6-9.



THEATRE PERFORMANCES



A V-Day Benefit Reading of **"The Vagina Monologues"**

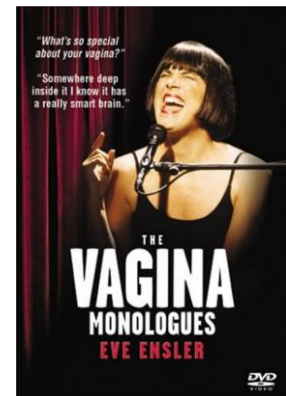
By Eve Ensler

Thursday, February 16 at 8:00pm, PAC Recital Hall

Friday, February 17 at 8:00pm, Page Hall

Saturday, February 18 at 3:00pm, PAC Recital Hall

University at Albany, SUNY



These three readings of "The Vagina Monologues" are part of the *International V-day College Initiative* which includes over 600 colleges and universities around the world. The University at Albany's successful shows in past years have sold out and raised funds for local rape crisis and domestic violence shelters. The program will be based on the off-Broadway play "The Vagina Monologues." The performance, which has been heralded as "alternately hilarious and deeply disturbing" by the *New York Times*, will be conducted by University at Albany students and alumni joined together to end violence against women.

Sponsors: Gender & Sexuality Concerns Office, Student Association, Office of Multicultural Student Success, Gender & Sexuality Resource Center, and Gamma Rho Lambda National Sorority

Funding Support Provided by University Auxiliary Services

Questions:

For information about ticket prices and sales locations, please contact the Gender & Sexuality Resource Center at gsrc@albany.edu.



WORKSHOPS AND PROGRAMS



MONDAY, JANUARY 30



❖ **8:00PM-9:15PM**

Campus Center 375

THE PROMISE OF PANSEXUALITY: PAN IDENTITIES IN MEANING AND PRACTICE

This presentation will explore the emerging sexual identity of pansexuality. Presenters will discuss the pansexual movement, what the identity encompasses, and how the identity is both politically and socially important in today's world.

Presenters: *Nicole LaMarre, M.A., Instructor, Department of Sociology and Women's Studies*
Emily Pain, Graduate Student, Department of Sociology



TUESDAY, JANUARY 31



❖ **8:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: SEX.CONSENT.POWER.PLEASURE. WHERE'S YOUR LINE?

Join us for a viewing and panel discussion of the provocative documentary of "The Line", a film about the one-night stand of a young woman that goes terribly wrong. A variety of topics, including healthy and unhealthy sexual boundaries, gender roles, cultural expectations and sexuality, and today's "rape" culture will be discussed. Free popcorn will be served!

Presenter: *Joyce Dewitt-Parker, Ph.D., Director, Sexual Assault Resource Center*
University Counseling Center



WEDNESDAY, FEBRUARY 1



❖ **1:00PM-2:15PM**

Campus Center 375

STATUS UPDATE: OMG! FACEBOOK IS CHANGING MY LIFE!

Join us for an interactive presentation and discussion about the potential positive and negative effects of social media, like Facebook and Twitter. This presentation will explore how social media is changing the way in which we maintain and create relationships, in addition to the manner that we communicate and express ourselves to others.

Presenter: *Heidi Wright, Psy.D., Staff Psychologist, University Counseling Center*

❖ **2:30PM-3:45PM**

Campus Center 375

PERSONAL SAFETY WORKSHOP FOR WOMEN

The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: *R.A.D. Team Members, University Police Department*

❖ **4:00PM-5:15PM**

Campus Center 375

PERSONAL SAFETY WORKSHOP FOR MEN

The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for men that begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: *R.A.D. Team Members, University Police Department*

❖ **6:30PM-7:45PM**

Campus Center 375

LGBTQ EMPLOYER PANEL: OUT AT WORK – WHAT’S THE REALITY

What is the reality of being Out at Work? Do companies really support LGBTQ employees? This panel features employers who can answer your questions and give you advice about being Out successfully at work. This will be a panel discussion with representatives from both local and some larger companies. These representatives will either be Human Resources reps who can talk about benefits and culture at their company, or an LGBTQ employee who can talk about their own personal experience.

Facilitator: *Cathy Parker, M.S., Assistant Director, Career Services*

❖ **7:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: “DREAMWORLDS 3: DESIRE, SEX, & POWER IN MUSIC VIDEO”

Join us for a film screening of Dreamworlds 3, an eye-opening documentary that “examines the stories THAT contemporary music videos tell about girls and women,” and how music videos and pop culture influence our beliefs about sexuality and gender. A panel discussion will follow the screening of this provocative film. Free popcorn will be served!

Presenter: *Amina Mahmood, Ph.D., Staff Psychologist, University Counseling Center*



THURSDAY, FEBRUARY 2



❖ **1:00PM-2:15PM**

Campus Center 375

SEXUALLY TRANSMITTED INFECTIONS (STIs) AT UALBANY: WHAT YOU NEED TO KNOW

Since the onset of AIDS, students are learning less about other sexually transmitted infections. Yet we have an epidemic of STIs in the U.S. and this has been increasing, especially among persons between the ages of 15 and 24. This experiential program will test students’ knowledge about common STIs seen on the University at Albany campus, including Chlamydia, HPV, Herpes, Gonorrhea, and Hepatitis. Prevention tips and techniques will be presented.

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center Director, Project SHAPE: Sexual Health and Peer Education Members, Project SHAPE: Sexual Health & Peer Education*

❖ **2:30PM-3:45PM**

Campus Center 375

THE GENDER GAME

Join us for an interactive game exploring the intercepts of gender and sexuality where you are the players. “Transgender, heterosexual, bisexual, masculine, feminine”. Come navigate the puzzle and experience a conversation that goes beyond our binary social perceptions. Students of all identities are welcome.

Presenter: *Courtney D’Allaird, Coordinator of Gender & Sexuality Resource Center, Office of Multicultural Student Success*

❖ **4:00PM-5:15PM**

Campus Center 375

FROM MISSISSIPPI TO NEW YORK: HOW SECURE ARE YOUR REPRODUCTIVE RIGHTS?

In just a few short months, ordinary men and women of all ages and walks of life were able to defeat what was expected to be a sure effort to establish fetal personhood in the state of Mississippi. Amendment 26, if passed, would have not only banned abortions, but some of the most common forms of birth control, such as the pill and the IUD. Across the country, over 500 bills were introduced in 2011 designed to restrict access to abortion, birth control and family planning services. Members of the House of Representatives proposed to ban all federal funding for Planned Parenthood. This program will explore the goals of those who have introduced such legislation, and how this movement could impact the health services students in New York State are able to receive now and in the future. The workshop will also offer concrete ways to take action to defend and promote reproductive justice.

Presenter: *Blue Carreker, Vice President for Public Affairs and Marketing,
Upper Hudson Planned Parenthood (UHPP)*

Carolyn Ehrlich, Director, Government Relations, Family Planning Advocates of NY (FPA).

❖ **8:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: "LET'S TALK ABOUT SEX"

Come learn about the differences between the attitudes about sex of people in the U.S. and Europe. The film includes statistics on teen pregnancy rates and STIs, and also offers the views of different figures in various parts of this country and in Europe. Sexual rites of passage are also portrayed, including: Purity Balls, street HIV outreach, use of condoms and safer sex, and parent-teen communications. Free popcorn will be served!

Presenters: *Alexa K. Previto, Vice-President, VOX Chapter (Voices of Planned Parenthood)*

Rob Curry, Senior Vice President for External Affairs, Upper Hudson Planned Parenthood.



MONDAY, FEBRUARY 6



❖ **10:00AM-3:00PM**

Campus Center Lobby

CONTRACEPTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

1:00PM-2:15PM

Campus Center 375

DEMYSTIFYING THE "BIG O": FACTS AND MYTHS ABOUT ORGASMS IN WOMEN AND MEN

How much do you know about the orgasm? In this workshop we will discuss the orgasm in the context of history, culture, psychology, and biology. We will debunk common myths about the "Big O" and discuss how to explore and enjoy sex and intimacy in different ways. Some techniques discussed will include focusing on our senses, mindfulness meditation, and communication in relationships.

Presenter: *Vivian Hwang, Outreach Coordinator, Middle Earth Peer Assistance Program
Doctoral Student in Clinical Psychology, University at Albany*

❖ **2:30PM-3:45PM**

Campus Center 375

DUCKS, HIPPOPOTAMUSES, PENGUINS AND SEX

Come to this fun workshop and learn all sorts of strange but true facts about sex and sexuality. You will laugh and be amazed and shake your head while learning some new things. Can the sexual behavior of ducks and hippopotamuses and penguins tell us anything about our own? Cornflakes and graham crackers will be served and we'll tell you why when you arrive.

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education*

❖ **4:00PM-5:15PM**

Campus Center 375

LES, BI, QUEER, TRANS AND GAY ALL OVER THE U.S.A.

With the recent victory in the state of New York and marriage equality, it leaves many thinking what goes on in the rest of the country. Come and learn about how the LGBTQ community is treated in different regions and the laws that affect them.

Presenters: *Geoffrey Corey, Founder and President, GLBTQ Organizing Education (GOE)*
Corina Simonelli, Vice President, GOE
Colleen Kutney, Treasurer, GOE
Eric Krupke, Secretary, GOE
Kaily McGarvey, Member, GOE
Jonny Puglia, Executive Board Member, GOE

❖ **8:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: "THY WILL BE DONE: A TRANSEXUAL WOMAN'S JOURNEY THROUGH FAMILY AND FAITH"

The documentary film "Thy Will Be Done: A Transsexual Woman's Journey through Family and Faith" will be shown followed by an opportunity for discussion. This film follows male to female transsexual Sara Herwig in her journey to ordination in the Presbyterian Church. The documentary explores the way in which alternative lifestyles and permanent choices of identity have the power to tear a family apart, only to put it back together again more closely than ever before. "Thy Will Be Done" highlights the point of tension where gender, family relationships and faith intersect. Free popcorn will be served!

Presenter: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center Director, Project SHAPE: Sexual Health and Peer Education*



TUESDAY, FEBRUARY 7



❖ **10:00AM-3:00PM**

Campus Center Lobby

STI PREVENTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:15PM**

Campus Center 375

"CAN I GET YO'NUMBA?"

What lasts three minutes, can cause instant speech paralysis, and can make the majority of your student body secretly want to participate? Come join us in a great relationship program and learn about speed dating and effective networking skills! This program not only teaches participants the subtle art of initiating meaningful conversation, but it also fosters self-confidence and awareness of personal boundaries. Finally, this program will offer tips on how to date safely, especially considering the current abundance of online dating options.

Presenters: *Alexa K. Previto, Social Education and Media Chair of Middle Earth*
Vice President, VOX: Voices for Planned Parenthood
MaryAnn Teta, Secretary of Middle Earth



❖ **2:30PM-3:45 PM**

Campus Center 375

RELATIONSHIP ENHANCEMENT: HOW TO TURN ON DELIGHT

We are all so busy these days it is difficult to find time to devote the energy required in our most important relationships. When juggling so many priorities, often our relationships and taking care of ourselves fall to the bottom of the list. This workshop will discuss specific ways that persons can enhance all of their relationships with partners, friends, and family members - by adding more fun, more delight, more surprise and excitement. We will discuss ways to create events that will be memorable and meaningful to those you care about. Participants will have an opportunity to share their own perspectives and will leave the workshop with specific ideas that they can implement immediately to add delight to their life. Join us and have some fun!

Presenter: *Carol Stenger, M.Ed., M.A.*
Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education

❖ **4:30PM-5:45PM**

Campus Center 375

TRANS-LATING RELATIONSHIPS

Whether you identify as Trans or Cisgender, single or involved, please join us in this interactive workshop to get information, resources, and have safe discussion around relationships involving one or more partners that identify as gender non-conforming.

Presenter: *Acey A. Mercer, M.S.W., Clinician, Gender Specialist & Consultant*
Training Institute for Gender, Relationships, Identity and Sexuality (TIGRIS) through Choices
Counseling & Consulting

❖ **8:00PM**

Campus Center Ballroom

SEXUALITY WEEK KEYNOTE PRESENTATION: MARIA FALZONE: "SEX RULES!"

See Page 2 for Program Description



WEDNESDAY, FEBRUARY 8



❖ **10:00AM-3:00PM**

Campus Center Lobby

HIV/AIDS PREVENTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:15PM**

Campus Center 375

"SeXY" MEDIA

Have you ever thought about what the TV shows, music videos, movies, and news that we watch tell us about gender and relationships? SeXY Media is a program that discusses the messages delivered by the media about gender, body image, and sexual orientation in an interactive program that will highlight actual media messages.

Presenters: *Peer Educators, Middle Earth Peer Assistance Program*
Vivian Hwang, Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center



❖ **2:30PM-3:45PM**

Campus Center 375

PILLS, PATCHES AND RINGS, OH MY!

Come join us for a hands-on workshop where students will be able to see, touch and learn about all of the current contraception options and a few ancient methods such as lemons (!) and the advantages and disadvantages of each. A discussion of all the things that should be considered when choosing a method of birth control will be discussed. We will also talk about Emergency Contraception.

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health & Peer Education*

❖ **4:00PM-5:15PM**

Campus Center 375

DATING AND RELATIONSHIPS: AMERICAN STYLE

As an international student, do you have questions about dating in America? Or have you wondered what the unwritten "rules" are for relationships? Join us for a candid conversation about dating and relationships American style. We'll answer your questions and share the lessons learned along the way!

Presenters: *Amina Mahmood, Ph.D., Staff Psychologist, University Counseling Center
Shuang Liang, Vice President Middle Earth Peer Assistance Program,
Undergraduate Students, University at Albany*

❖ **6:30PM-7:45PM**

Campus Center 375

ALCOHOL AND HOOKIN' UP

What does it mean when someone says, "I hooked up with someone last night"? Come see the Middle Earth Players Peer Theatre group act out scenes and discuss myths associated with drinking and sex, the concept of "hooking up," and how students can better communicate with partners to enhance safer sex practices in drinking situations.

Presenters: *The Middle Earth Players
Vivian Hwang, Outreach Coordinator, Middle Earth Program
Brian M. Freidenberg, Ph.D.
Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center*

❖ **7:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: HIP-HOP: BEYOND BEATS & RHYMES-AN EXAMINATION OF MASCULINITY & MANHOOD IN HIP-HOP CULTURE

Join us for a viewing and discussion of the Sundance Film Festival documentary "Hip-Hop: Beyond Beats & Rhymes", a film exploring masculinity, race, sexism, and homophobia as depicted in hip-hop culture. The discussion will address issues related to societal conceptions and attitudes about manhood, as they pertain to interpersonal relationships. Free popcorn will be served!

Presenters: *Members, MenREACH, University Counseling Center*



THURSDAY, FEBRUARY 9



❖ **10:00AM-3:00PM**

Campus Center Lobby

BREAST & TESTICULAR CANCER PREVENTION EXHIBIT

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **1:00PM-2:15PM**

Campus Center 375

EMERGENCY CONTRACEPTION: WHAT YOU NEED TO KNOW

EC- emergency contraception, the morning after pill, Plan B, Ella - are they all the same? EC is an often misunderstood method of pregnancy prevention. This workshop will provide a close look at the emergency methods available today, how they work, when they can be used, and where they can be obtained.

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center
Director, Project SHAPE: Sexual Health and Peer Education
Members, Project SHAPE: Sexual Health and Peer Education*

❖ **2:30PM-3:45PM**

Campus Center 375

COMING OUT STORIES

Through telling our stories, we have the ability to find our strength and inspire others going through their own coming out process. In this workshop, lesbian, gay, bisexual, transgender, intersex, queer, questioning, and ally people are welcome to share their stories in a safe space. This workshop recognizes that coming out is a continual process, and works to shed light on the impact, positive or negative, of coming out to friends and family. Friends and allies are welcome. Coming out resources will also be available.

Moderators: *Jonny Puglia, President, Pride Alliance*

❖ **7:00PM**

Campus Center 375

SEXUALITY WEEK FILM FESTIVAL: BURLESQUE: A WINK AND A SMILE

Come to this fun workshop and view a documentary on Burlesque. There will be a discussion following the film and the reasons why this form of exercise is currently so popular among women. This will be followed by a demonstration of a burlesque exercise class conducted by Ms. Zeyhar with an opportunity for audience participation. Come learn about and try this new program offering by Campus Recreation. Free popcorn will be served!

Presenters: *Carol Stenger, M.Ed., M.A., Coordinator for Health Promotion, University Counseling Center
Karla Jaime-Benitez, M.A., Assistant Director for Campus Recreation
Elizabeth Zeyhar, Certified Group Exercise Instructor*



TUESDAY, FEBRUARY 14



❖ **8:00PM**

Campus Center Ballroom

SEXUALITY WEEK FEATURED PRESENTATION: CAROL STENGER: "LOVELINE"

See Page 3 for Program Description



TRAINING OPPORTUNITIES FOR PROFESSIONALS

The SOGI Project: The Sexual Orientation & Gender Identity Project at the University of Albany, School of Social Welfare SAVE THE DATES!!! Spring 2012 Events

LGBT Health and Human Services Needs: A Model for Advocacy and Action Wednesday, February 15th, 9:00 am - Noon

This presentation will review *A Blueprint for Meeting LGBT Health and Human Services Needs in NYS*, presented by Barbara Warren Psy.D, Director of the Center for LGBT Social Science and Public Policy at Hunter College, CUNY.

Film: *Gen Silent* with Discussion: Wednesday, March 21st, Noon - 2 pm

This documentary from the filmmaker Stu Maddux, examines the lives of older LGBT people with Q & A following.

QueerAbility: Wednesday, March 28th, 4:00 pm - 6 pm

This workshop will examine the intersections, strengths, and needs of queer and disability identities and communities, presented by Andre A. Neumann-Mascis, Ph.D., a clinical psychologist in Boston.

Full Day Training! LGBTQ Youth & Young Adults: Friday, March 30th

Part 1: Coming Out, Coming Home: Helping Families Adjust to a Gay or Lesbian Child

This workshop will describe the findings and practice implications of a National Institute of Mental Health funded qualitative, multicultural study of gay and lesbian children and their parents, presented by Michael LaSala, Ph.D., the Director of the MSW program and associate professor at the School of Social Work at Rutgers University. 9am - noon

Part 2: Identity and Intimacy within the Academy: LGBTQ College Students

This workshop will address what college/university environments are like for LGBTQ students, with a particular focus on Counseling Centers/Psychological Services, presented by Paul Cody PhD, a staff psychologist at the University of New Hampshire Counseling Center. 1pm - 4pm

Full Day Training! Working with Trans Clients: Friday, April 27th

Part 1: Clinical Competency with Trans Individuals, Children and Families

This workshop will provide a broad foundational education of clinical concerns that affect trans and gender non-conforming clients, presented by Shannon Sennott, LCSW of Choices Counseling and Consulting. 9am - noon

Part 2: Supporting Couples and Families across the Gender Spectrum

This training will emphasize the relational issues faced by couples where a partner comes out as transgender and families with a gender non-conforming and/or transgender child, presented by Jean Malpas, LMHC, LMFT, the director of the Gender and Family Project at the Ackerman Institute & private practice in NYC. 1pm - 4pm

This workshop series is made possible through the generous support of the School of Social Welfare, Counseling Psychology program, Women's Studies Department, Disability Resource Center, The Center for the Elimination of Health Disparities, Office of Multicultural Student Success' Gender and Sexuality Resource Center, SWARE, the Student Association, Northeast Division NASW NYS, Rainbow Access Initiative & the Capital Region Pride Center.

**For more information about SOGI events: (518) 462-6138 (Box 12) or
sogi@albany.edu <http://www.albany.edu/ssw/Academic/unique-opportunities.shtml>**



ABOUT SEXUALITY WEEK 2012

During the 29 years that Sexuality Week has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender issues, HIV/AIDS, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Week reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area. We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention education.

Sexuality Week 2012 Planning Committee

M. Dolores Cimini, Ph.D., Middle Earth Peer Assistance Program, University Counseling Center (Chair)

Elizabeth Conrad, M.A., Student Involvement and Leadership

Courtney D'Allaird, Gender and Sexuality Resource Center, Office of Multicultural Student Success

Sean DeMartino, Middle Earth

Joyce Dewitt-Parker, Ph.D., Sexual Assault Resource Center, University Counseling Center

Brian M. Freidenberg, Ph.D., University Counseling Center

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Britney Johnson, Project SHAPE

Ashley Huie, Middle Earth

Nicole Jean, Middle Earth

Nick Lansing, Middle Earth

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Yochabel Ubiera, Project SHAPE

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