Confidentiality of Clinical Services

We value your privacy. In that regard, we safeguard both your identity and the content of your communications with us. Information about your attendance at CAPS is only released at your request and with your signed permission.

You are assured of confidentiality in accordance with ethical and legal standards governing the practice of psychology. Although we are required by law to keep a record of our contact with you, these records do not become part of any other University record.

However, there are important legally mandated exceptions to confidentiality. These include:

(1) When a client is in immediate danger of causing harm to self or someone else (as in the case of suicide), relevant others may be notified to secure safety. In addition, if such harm is likely, New York state law may require a report to the County Director of Community Services possibly impacting the client’s current and future firearm ownership;

(2) The clinician must report any incident of current child or elder abuse, neglect, or maltreatment in order to protect the individuals involved;

(3) In the adjudication of legal matters, the court may subpoena your clinician or your clinical records. Otherwise, written authorization will be obtained from you before disclosing confidential information about you. We work in cooperation with Student Health Services practitioners and may share otherwise confidential information about you in order to make a referral or coordinate care.