Remaining Safe and Independent in the Face of Aging and Illness: How Can a Geriatric Care Manager Help?

When you or someone you know is faced with changes due to aging or illness, you want to know where to turn for help. Should they move? Are there legal and/or insurance issues? Medical care needs? A new diagnosis of chronic illness? Physical decline? Possible dementia?

This session will help you understand what a Geriatric Care Manager/Aging Life Care Professional is and how they can help you navigate the various systems. As private geriatric care managers, we are able to stay involved as long as necessary to insure the older adult and their family experience the best quality of life possible.

**Presenter**: Karen E. Meemken, LCSW, C-ASWCM, Aging Life Care Manager is a graduate of the University at Albany School of Social Welfare, where she received a Master’s degree in Social Work. With 25 years of experience in the health care arena, she has been an Elder Care Consultant for the CHOICES Geriatric Care Management Program at St. Peter’s Hospital since 2004. She considers it a privilege to be able to educate older adults and their caregivers about available resources so they can struggle less with meeting the needs of family, elders and themselves.

**To Register Contact:**
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http://www.albany.edu/eap/event_sign-up.htm

**Tuesday, October 6**
12:00 - 1:00 pm
Campus Center
Room 375

Deadline to Register:
Monday, October 5