Understanding Your NY Health Insurance Program (NYSHIP) Retiree Benefit*

Did you know that to meet the current NYSHIP eligibility requirements at the time of retirement employees must have the following:

- Have at least 10 years of NYSHIP eligible service,
- Be at least 55 years old, and
- Be enrolled in a NYSHIP plan at the time of retirement.

UAlbany Health Benefits Administrator Kathy Zazarine will outline a framework for understanding how your NYSHIP benefits work within your retirement package as well as offer you a snapshot of the current benefits. You’ll walk away with a general knowledge of the NYSHIP basics to help you understand the steps you need to take when preparing for retirement. A brief Q & A period will be included. NOTE: Dental and vision benefits and individual health benefit estimates will not be included in the program.

DOWNTOWN CAMPUS**

Thursday, February 2
12 noon—1:00 pm
Levitt Conference Room
1st Floor, Page Hall
Deadline to Register:
Monday, January 30

To Register Contact:
Brenda Seckerson
EAP Coordinator
bseckerson@albany.edu
442-5483 or online at
http://www.albany.edu/eap/event_sign-up.htm

**A MINIMUM OF 8 EMPLOYEES NEEDED TO CONDUCT THE SESSION.

EAP-sponsored events and services are open to UAlbany & Research Foundation faculty, staff, family members, UAS employees, retirees, and GSEU members.