Intramural Softball

The Intramural Program staff will work hard to ensure that all participants have the safest experience, but guaranteeing absolute safety is not possible. Be aware that participation in intramural sports activities, including use of intramural facilities and equipment, is completely voluntary. There are risks and hazards, minor and serious, associated with participation in intramural sports activities. Participants voluntarily assume all responsibility and risk of loss, damage, illness, and/or injury to person or property associated with participation in intramural sport activities.

University at Albany, the State University of New York and the State of New York are not liable for any injuries, damages or other losses which individuals may incur while using recreational sports facilities or participating in the Intramural Program provided by the Office of Campus Recreation. The University at Albany does not provide medical, health, or other insurance for participants. Medical expenses incurred such as ambulance, doctor bills and x-rays will be the responsibility of the participant. Purchasing adequate health/medical insurance prior to participation is strongly recommended.

I. Player Eligibility

   a. All undergraduate & graduate students who have paid the recreation fee and are currently enrolled in any department or college of the University and current faculty and staff members shall be eligible to enjoy all intramural privileges and shall retain that status until they withdraw, graduate, take a leave of absence, or fail to comply with the eligibility rules or other guidelines.

   b. Only players who are able to present their current UAlbany photo ID card to the Intramural Site Supervisor will be eligible to participate in intramural activities. There will be no exceptions to this rule.

   c. For a full list of all eligibility requirements please refer to the Intramural Sports Handbook.

II. Team Composition

   a. Ten (10) players constitute a team. A team must have at least 8 players by the time the game is scheduled to begin.
b. All players on a team must be registered to the team’s roster through IMLeagues.com prior to the first regular season game. Team members may not be added after the first game.

c. All team members are required to present their UAlbany photo ID card and sign in with the Intramural Site Supervisor at the beginning of each game. If a team member does not have his/her ID card or does not sign in with the Intramural Site Supervisor they will not be eligible to play.

d. Co-rec teams must be made up of an equal number of male and female team members. If there are 10 players on a team there must be 5 male and 5 female. If there is an uneven number of players, such as 11, there may be 5 males and 6 females, or vice versa. During competition there must be an even number of males and females on the field at all times. If a team has 9 players on the field there must be 5 males and 4 females or vice versa.

III. Playing Field and Equipment

a. All intramural softball games will be played at the intramural softball field.

b. Intramural participants will be expected to keep all used fields in pristine condition. Before leaving intramural facilities participants will be required to throw away all garbage and collect all items such as clothing, personal equipment, etc. If any garbage or other items are left behind, both team’s sportsmanship ratings will be reduced by one half point.

c. All game balls and equipment, including catcher’s equipment will be provided by the Office of Campus Recreation. Players are allowed to use their own bats.

d. All players are required to have a number on the back of their shirt. If they do not, colored pinnies will be provided by the Office of Campus Recreation.

e. NO JEWELRY MAY BE WORN DURING GAMES. Captains are responsible for ensuring that all team members remove jewelry before play. This includes, but is not limited to, earrings, necklaces, bracelets, rings, watches, facial rings, etc. Medical and religious jewelry may be worn but must be completely covered and taped to the body.

f. Shoes with metal cleats, metal tipped cleats, or any other shoes deemed unsafe by the Intramural Site Supervisor may not be worn. Shoes with rubber, nylon, or blunt plastic cleats may be worn. Athletic clothes must be worn.

g. Under no circumstances will a player wearing a cast or a splint be permitted to play. Braces with exposed metal must be covered.

h. The Intramural Site Supervisor will have the final say on the legality of all equipment.

IV. Game Times

a. It is recommended that teams arrive 15-20 minutes prior to the start of the game in order to allow time to sign in and warm up. If a team is not able to field a team at the
time the game is scheduled to begin the game will be recorded as a forfeit. Game Time is Forfeit Time.

b. All regular season games will be 7 innings. Play-off game will be 9 innings.
c. If the game is tied at the end of 7 innings the game will go into extra innings.

V. Game Rules

a. Pitching

a. This is an underhand softball league.
b. Hit-by-pitches will not be recognized.
c. Pitchers may not wind up for bring their throwing arm over their shoulder. The arc must be at least 6 feet in height, but no more than 10 feet.

b. Offense

a. All players must bat. Batting out of order will lead to an automatic out.
b. The count will start at 1-1.
c. After strike 2, the batter is allowed 2 foul balls. The 3rd ball must be fair.
d. Bunting is allowed. If you bunt after the 2nd strike and it is foul, it will be an automatic 3rd out.
e. A base runner may lead after the ball is pitched, but the catcher can attempt to pick the runner off the base which they are on. Pick off attempts are force outs and the runner cannot steal. If the ball goes into the outfield, the runner may advance at their own risk.
f. Tagging up is legal.
g. Base runners will be awarded 1 extra base on overthrow in the outfield and when the ball goes out of play. Out of play is, behind the backstop, near the shed, in the parking lots and any other area deemed appropriate by the umpire.
h. If a batted ball hits a base runner while the runner is off the base the runner is out, unless he/she is in foul territory.
i. Teams are allowed one pinch runner, unless there is an injury.
j. Any ball that hits the tree behind third base along the left field line is a foul ball.
k. Intentional walks will not be allowed.
c. Mercy Rule: 15 run lead after 4 innings, 10 run lead after 5 innings.
d. Games are official after 4 innings, or 3.5 if the home team is leading. Games may be called due to darkness or weather.