Women’s Health Project

This proposal seeks requests support for a one-year continuation of the Women’s Health Project, a community based health promotion initiative focused on the City of Hudson, and aimed at encouraging underserved women to obtain more regular preventive healthcare services, with a particular focus on reproductive health (including screenings for breast and cervical cancer, both areas of identified health disparities). The Project will carry out four different types of health promotion activities, with the involvement of peer health advocates (women from the community with training in health facts and outreach techniques) and in collaboration with local health and human service organizations. The health promotion activities include: (1) multi-organization community health education events; (2) group screening events (where the Project provides assistance to women in obtaining annual well woman “G-Y-N” exams and mammograms); (3) “meet the organization” open house events; (4) weekly tabling/outreach to provide health information to community residents.