

**UNIVERSITY AT ALBANY
STATE UNIVERSITY OF NEW YORK
SCHOOL OF SOCIAL WELFARE
COMMUNITY AND PUBLIC SERVICE PROGRAM
<http://www.albany.edu/cpsp>**

RSSW 290 Community Service I

RSSW 291 Human Service in Community

Instructor: Elisa Martin

Office: Social Sciences 112

Phone: 442-5683 FAX: 442-5684 email: elisa.martin01@albany.edu

Office Hours: Monday – Friday 9:00 – 4:30

COURSE DESCRIPTION

Founded in 1970, the Community and Public Service Program (CPSP) has played an important role in facilitating student community engagement in the Greater Capital Region. Administered by the University at Albany's School of Social Welfare, CPSP offers students in all academic disciplines the opportunity to engage in community service while earning course credit.

Students volunteer at an area not-for-profit or public organization that they select from among the approximately 400 approved organizations on the CPSP web site: <http://www.albany.edu/cpsp>. Each student completes either 100 hours of volunteer service for 3 credits in RSSW 290 or 60 hours of volunteer service for 2 credits RSSW291 (RSSW 290 is a pre-requisite for RSSW 390).

COURSE OBJECTIVES

The primary objective for all Community and Public Service courses is to promote community engagement activities via university and community partnerships. Students have an opportunity to gain insight into how civil society and the public sector operate in a democratic society. The goal is for participants to understand the impact of their service on meeting community needs as well as explore the meaning of democratic citizenship in a multicultural society. The purpose of the course is to foster a lifelong commitment to democratic civic engagement.

BLACKBOARD LEARNING SYSTEMS

Class assignments and forms will be available on the Blackboard Learning System (BLS). Please log in and make sure your email address is current and active. BLS access can be found on the My UAlbany web page.

ASSIGNMENTS and OBLIGATIONS

1. **COMMITMENT AGREEMENT** – Each student will review the course syllabus and acknowledge awareness of course requirements by completing the commitment form. This form is due to the CPSP office one week after registering for class.
2. **LEARNING CONTRACT** - Each student will create a Learning Contract in partnership with their agency supervisor following the format on page 3. It must be signed and dated by the student and her/his supervisor. It should be turned in by the end of the second week of service.
3. **MEDIA PRIOR APPROVAL REQUEST (this is required only if you have chosen to complete the Electronic Media Project)** – Prior to the submission of the Electronic Media Project the student is required to submit a brief description of the intended project that includes procedures to be used if any

audio or visual material includes clients of the agency. The supervisor must sign off acknowledging that agency policy is being adhered to regarding confidentiality. Along with this information, a release is required if the student would like the option of his/her work to be used to publicize the CPSP program (i.e. on the CPSP web page, campus TV or radio, etc.). See chart below for the Community and Public Service deadlines.

4. REFLECTIVE ESSAY (page 4) **or** ELECTRONIC MEDIA PROJECT (page 5) - Please follow the format/ outline provided. Different deadlines apply depending on the session in which the student is registered. See chart below for the Community and Public Service Program deadlines. ***
5. COMPLETE VOLUNTEER HOURS by the end of the semester (for exact date see chart below). The CPSP does not expect you to volunteer on University observed holidays or during school breaks however you are responsible for working out scheduling details with your supervisor in advance. Some volunteer sites might expect you to be present if it is part of your schedule. Please address this issue prior to beginning your hours.
6. TURN IN SIGNED LOGS by date listed in chart below.
7. TURN IN YOUR COURSE EVALUATION by the date listed below
8. Maintain a copy of all documents submitted to the CPSP program for your records.
9. **ALL assignments** are due by the dates listed below **in the CPSP office in order to receive a Satisfactory for the course**. If the office is closed you can slide your paperwork under the door.

ASSIGNMENT DUE DATES

Assignment	Due Full Semester	Due 8 Week 2
Commitment Agreement	Within 1 Week of Registering	
Learning Contract Due *	Within 2 Weeks of Starting *	
Prior-Approval for Media Project **	Monday Nov 9 **	Monday Nov 16 **
Reflective Essay OR Media Project ***	Monday Nov 23	Monday Nov 30
Course & Supervisor Evaluations	Monday Dec 7	Monday Dec 7
Log of Hours (all hours completed) *	Wednesday Dec 9 *	Wednesday Dec 9 *

*Both student and supervisor’s signatures required

** This is only required if you have chosen to complete the Electronic Media Project.

***You have a choice to complete the Reflective Essay or the Electronic Media Project; you are not required to complete both assignments.

LEARNING CONTRACT: *complete in outline format as shown below*

LEARNING CONTRACT
YOUR NAME
YOUR LOCAL TELEPHONE NUMBER
YOUR E-MAIL ADDRESS
RSSW COURSE NUMBER, SEMESTER & YEAR
DATE

Name of Organization:

Purpose of the Organization (or the part of the organization where you are volunteering)
Include or attach the organization's mission statement

Name of Supervisor:

Job Description: Please describe the activities you will perform and the responsibilities you will have.

Schedule of Volunteer Hours: (This should be the days of the week and hours that you will be volunteering such as: Monday 3 – 7 pm, Wednesday 2 – 5 pm.)

Learning Objectives: List at least three objectives that you have developed and agreed on with your supervisor. These are individual learning objectives, not organizational goals. These objectives are things you would like to accomplish over the semester. Examples: learning new skills, learning about a new population, understanding how organizations function, etc.

Signatures: Both you and your supervisor sign and date this contract.

Submit the Original to the CPSP Office, SS112. Keep a copy for yourself and give one to your supervisor.

Some suggestions for successfully writing your Learning Contract

1. Make an appointment with your supervisor to discuss the contract.
2. Ask your supervisor to describe your job, or to give you a written job description. This does not replace your Learning Contract, but it is information that you can use when writing it yourself.
3. Agree on a schedule that includes the days and times that you will complete your volunteer service.
4. Discuss your learning objectives. Ask questions like:
 - How can I best assist the organization in achieving its mission?
 - How will the experiences I have here apply to a potential career?
 - How will my service impact the organization's constituency?
 - How will my work enhance social capital in the community?
 - How will my work strengthen my understanding of democracy, civil society or multiculturalism?

REFLECTIVE ESSAY REQUIREMENTS – RSSW 290/291

(You have a **choice** of completing the Reflective Essay **or** the Electronic Media Assignment)

1. A header that includes the following:

Your name
Name of organization
Course number (RSSW 290 / 291), Semester & Year
Address (including city, state and zip code) where you can be reached
Your telephone number
Active e-mail address
Date

2. The Reflective Essay is an opportunity for you to reflect on your service experience in a way that hopefully provokes you to evaluate how the experience has changed you or affected your life in a tangible and describable way. It's also an opportunity for you to evaluate your personal impact on the organization and the community.

The following questions can be used as a guide in your writing process:

What was your impact on the organization?
What do you think the organization agency gained from your service?
Were the learning objectives you developed obtained?
Did your CPSP experience apply to a future career or educational goal?
What did you learn about yourself in relationship to the world of work?
What did you learn about values and ethics, both personally and professionally?
How did this experience change or reinforce your perspectives about people, especially people who might be from backgrounds different from your own?
What was the most important thing you learned as a result of your volunteer service?
How does this experience influence your future commitment to community service?
Envision your life 20 years from now, how as this experience impacted your life?

3. Minimum requirements for a satisfactory paper:

- 3 – 5 pages
- Typewritten, double-spaced with a 12 pt font
- Please make sure to check thoroughly for grammatical, typographical and spelling errors.

4. You may submit your essay by dropping it off at SS112 or faxing it to 518-442-5684. If the office is not open, you may slide your assignments under the door.

ELECTRONIC MEDIA PROJECT REQUIREMENTS – RSSW 290/291

(You have a **choice** of completing the Electronic Media Assignment or the Reflective Essay)

1. In the body of the email or accompanying sheet with project provide the following information:

Your name
Name of organization
Course number (RSSW 290 / 291), Semester & Year
Address (including city, state and zip code) where you can be reached
Your telephone number
Active e-mail address
Date

2. The Electronic Media Project is an opportunity for you to creatively display what you have learned overall and about yourself through your volunteer hours. This can be displayed through a power point, booklet, audio or video recording (examples, advertisement, training, public service announcement, documentary, commercial, etc.), web page, etc. This project could be posted on the CPSP web site, or used for publicity purposes. When you are working on this project, please consult with your supervisor to ensure there are no confidentiality issues.

Pick at least 5 of the questions below to guide you in your creative process:

What was your impact on the organization?
What do you think the organization gained from your service?
Were the learning objectives you developed obtained?
Did your CPSP experience apply to a future career or educational goal?
What did you learn about yourself in relationship to the world of work?
What did you learn about values and ethics, both personally and professionally?
How did this experience change or reinforce your perspectives about people, especially people who might be from backgrounds different from your own?
What was the most important thing you learned as a result of your volunteer service?
How does this experience influence your future commitment to community service?
How does this experience influence your future in general?
Envision your life 20 years from now, how as this experience impacted your life?

3. Minimum requirements for a satisfactory electronic media project:

When reviewing your project, it should be obvious which points from the above list you are covering. It should reflect how you have grown or progressed from the experience.

MEDIA RELEASE & PRIOR APPROVAL REQUEST must be completed and submitted in advance of the submission of your project.

Technical support is available through the Library's Interactive Media Center. They offer a wide array of services and support. Contact the office via email to find out how they can be of assistance.

Remember, this project could be something you could show to a future employer.

4. You may submit your project electronically by emailing it to Elisa Martin elisa.martin01@albany.edu or drop it by the office, SS112. If the office is not open, you may slide your assignments under the door.

IMPORTANT INFORMATION, TIPS AND HINTS FOR A SUCCESSFUL EXPERIENCE

BE DEPENDABLE: Develop a realistic schedule that you can meet. Be on time, be pleasant and don't leave early. Discuss University holidays up front. Be very clear about your availability. Call your supervisor if you will be late.

Call your supervisor with as much notice as possible if you are sick. Make up any missed hours as soon as possible. Students may work during University breaks but you do not have to, as long as you work it out in advance with your supervisor.

DON'T LET PROBLEMS LINGER! If you have concerns or questions bring them to your supervisor right away. If you need any assistance in addressing a concern contact the CPSP staff. We can assist with any situation.

BIAS: Report any instance of harassment (sexual, racial, religious, etc.) to the CPSP office immediately. University guidelines are available at www.albany.edu/affirmative_action/

DRIVING--STUDENTS CANNOT DRIVE AGENCY VEHICLES OR TRANSPORT CLIENTS IN THEIR OWN CARS. Because students' auto insurance would not cover them, we do not permit students to drive agency vehicles or their own vehicles WITH AGENCY CLIENTS IN THE CAR. You might be asked to run errands in your own car. This is up to you, and if you agree to help in this way, you may ask to be reimbursed for gas, parking, etc.

INCOMPLETES: Must be requested in writing before the end of the semester. Please use the format on the web site. Your learning contract and at least one-half of your hours must be completed in order to receive an incomplete for the course. This is in keeping with the UAlbany grading policy.

BLACKBOARD LEARNING SYSTEM: Course information will be available on Blackboard. Emails will be sent to provide updates and/or reminders so please make sure your email address is current on Blackboard and also that you check your UAlbany email account or have it set to forward emails to your primary email account.

STUDENTS CANNOT GET PAID WHILE COMPLETING THEIR VOLUNTEER SERVICE. By University definition, our program is not an internship. Internships are programs administered within specific Schools of the University and are supervised by instructors within that School, or as UNI courses. Our program is available to students in all academic disciplines. It is important that we use the correct terminology, in part, to avoid the confusion about getting paid. By definition, this is a volunteer program, all service is performed free of charge.

SUPERVISORS ARE ASKED TO COMPLETE EVALUATIONS OF INDIVIDUAL STUDENTS. A copy is attached. Please give it to your supervisor. At the end of your service your supervisor can mail it to the, University at Albany, 1400 Washington Ave, CPSP Office, SS112, Albany, NY 12222 or fax it to (518) 442-5684.

WHAT TO WEAR: Please check with your immediate supervisor regarding the organization's dress code.

ENJOY YOUR EXPERIENCE! If you have any suggestions for additional information that should be on this page please send them to Elisa Martin elisa.martin01@albany.edu.