How to Apply

Applying to be in an L-LC is easy!

The Living-Learning Community application is part of the University at Albany’s housing application process, available through your MyUAlbany account.

- Select the community you would like to join from the list
- Select your potential major (including “undecided”), so we can be sure the L-LC is a good fit for you
- Tell us why you would like to be a member of the L-LC you have chosen and how you can contribute to that particular community

Students who are selected to be members of their chosen L-LC will be notified via university email beginning in late June.

Questions about Living-Learning Communities or Student Engagement?
Visit www.albany.edu/student_engagement
Email studentengagement@albany.edu

Questions about housing?
Visit www.albany.edu/housing
Email reslife@albany.edu

Questions about admissions?
Visit www.albany.edu/admissions
Email ugadmissions@albany.edu

World of Health Psychology

“The World of Health Psychology is a place where we get the opportunity to make new friends. It feels like a home away from home.”
– Noni Murphy, World Representative

Student Engagement
Office of the Vice Provost for Undergraduate Education
University at Albany, SUNY
1400 Washington Avenue
Albany, New York
12222

Phone: 518.442.5333
Fax: 518.442.7484
E-mail: studentengagement@albany.edu

Visit us: www.albany.edu/student_engagement

Learn Where You Live
Recent national studies have shown that living-learning communities positively impact student success!

World of Health Psychology
The World of Health Psychology is designed for incoming freshmen with an interest in the psychological aspects of developing healthy habits. Students in this L-LC will learn how to create and maintain habits for healthy living in areas including nutrition and eating, exercise, and a life-style free from substance abuse/dependence. Members of this L-LC will participate in:

- Events and activities related to healthy eating, exercise, sleep habits, study habits, and more
- Social gatherings with your L-LC friends
- Guest speakers
- Community service

The World of Health Psychology is open to all majors, and is particularly well-suited to intended psychology majors. Students who hope to form or maintain healthy habits in college will benefit from joining this L-LC. The focus of the L-LC will be shaped by the specific interests of the students who sign up to be involved.

Living
As a member of the World of Health Psychology you will live with other incoming freshmen who share your interest in developing and maintaining a healthy lifestyle.

Learning
You will take one or two of your classes together in the fall and spring semesters of your freshman year, and attend co-curricular events together as a community.

Community
As a member of an L-LC you will have a built-in community of friends and colleagues right from the start!

Friends: Study and socialize with fellow L-LC members. Tackle those first-year courses with your friends by forming study groups where you live!

World Ambassadors: Learn the ropes from a peer selected from last year’s most engaged L-LC students.

Community Assistant: Meet weekly with an upperclass/graduate student to plan or attend social, academic, and community service events.

Lead Faculty Member: Get to know a member of the faculty outside of the classroom at weekly lunches in your own dining hall!

Leadership Opportunities: Become a World Representative. Go on to assume a campus-wide leadership role.

Responsibilities of an L-LC Member

- Register for the designated L-LC classes
- Attend lunch with the lead faculty member, and weekly L-LC meetings/activities with the Community Assistant
- Participate in fun All-World Events with the other L-LCs (typically two per semester).
- Perform community service with your L-LC each semester
- Be a vital and engaged member of the University at Albany community

For more information about the World of Health Psychology, including activities and classes, or to learn more about the responsibilities of being in an L-LC, please visit our website.

www.albany.edu/student_engagement

Faculty interaction outside the classroom is directly linked to student satisfaction and enhanced learning.

| Engage | Learn | Succeed |