Webinar Guidelines

- You will be listening to this webinar over your computer speakers. There is no need to call in.
- There is a chat box located on the lower right side of your screen for the live webinar.
- There will be a question and answer period at the end of the webinar but you may type your questions into the chat box at any time.

Chat Box

Partners and Sponsors

- The planners, moderators, and presenters for this webinar series do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in this presentation.
- This program is funded by a grant from the New York State Department of Health.
- No commercial funding has been accepted for this activity.
Welcome to the American Indian Structural Competency Series

- This webinar is being presented live on May 28, 2015, and is being recorded and archived for future viewing.
- You can find Frequently Asked Questions on structural competency and additional readings and resources at: www.advancingcc.org

What is structural competency?
Structural competency refers to the capacity of practitioners to take account of social factors and structural forces that contribute to the ill health of their clients. Basically, it teaches that people’s rates of sickness and death are as connected to their zip code as they are to their genetic code.

The Four "beats" of this Structural Competency Series
1. Historical frames of oppression
2. Present day sociopolitical barriers and challenges to health
3. Activism and advocacy within the community around health
4. Clinical cases

American Indian Series Presenters and Topics

1. Dr. Lori Quigley – Multigenerational Trauma: Effects of the Boarding School Period
2. Katsi Cook – Woman as the First Environment – Bodies Telling Her/stories
3. Chief Beverly Cook - Resilience from Our Roots
4. Shaylynn Raphaelito and Michael Martin – Building Structural Humility: Urban Indian Experiences in New York State
Evaluations

Even if you don’t intend to apply for Continuing Education credits, we would really appreciate it if you would complete the evaluation of this webinar at the link below. We value your comments and are using them in the development of this structural competency program.

http://www.ualbanycphp.org/eval/sphEval.cfm?id=242

Learning Objectives

- Understand the Indian Health Service system and its challenges in urban settings
- Recognize Urban Indian issues in health care.
- Identify community partners and resources to help connect your own clinical work with broader social justice advocacy.
- Identify some of the socio-cultural norms in Haudenosaunee and other American Indian communities in New York State

Today’s Presenters

Shaylynn Raphaelito (Navajo), M.P.A. is the Director of Health Programs at the American Indian Community House, Inc. (AICH). Prior to joining AICH in 2012, she was a part of a research administration team for the Child Study Center at New York University. Ms. Raphaelito is from the Ramah Navajo community in Pine Hill, New Mexico. She holds a Bachelor’s degree in Community Health from Brown University and an M.P.A. in Health Policy and Management New York University’s Wagner School of Public Service.

Michael Martin (Onondaga, Beaver Clan) M.A. is from the Six Nations of the Grand River Territory in Southern Ontario, Canada, but was born and raised in Buffalo, NY. Since 2004, he has been the Executive Director of Native American Community Services of Erie and Niagara Counties, Inc. (NACS). Prior to joining NACS, Mr. Martin had started his own executive, financial, and management consulting, personal coaching and organizational development firm, and worked in several corporate finance positions. He holds an MS in Accounting and Entrepreneurial Finance from Babson College and a BS in Economics from Buffalo State College. Mr. Martin serves on the board of several community development organizations in Buffalo.
Today's Webinar

Purpose and Goals:
This webinar is aimed at the health care and public health workforce, including physicians, PAs, nurses, nurse practitioners, health educators and other public health professionals. The goals of the webinar are to expand the notion of cultural competency to include structural competency, which seeks to have the practitioner take into consideration the social determinants of health.

- Participants will be able to:
  - Be familiar with Indian Health Service system and challenges in Urban settings
  - Recognize Urban Indian issues in health care
  - Identify community partners and resources to help connect their own clinical work with broader social justice advocacy
  - Identify some of the socio-cultural norms in Haudenosaunee and other American Indian communities in New York State

Indian Relocation Act of 1956
Urban Indian Health Organizations

Nashville Area Tribes/ Nations/ Bands

American Indian Community House (AICH)
AICH Health Service Area

American Indian/Alaska Native Populations by Census Tract: American Indian Community House, Inc. Service Area, 2010 Census

Shared Experience

- Watch video of two AICH clients discussing their experiences in the healthcare system

Beliefs & Behaviors

- Gentle Handshakes
- Limited eye contact
- Communicating through story telling
- Silence is valued, not awkward
- Respect elders
- Involve extended family in care
- Negative outcomes may not be discussed within families
- Time: tasks not hands on a clock
- Spiritual beliefs & traditional medicine

SAMHSA's Culture Card is a good guide
What can you do?

- Be knowledgeable of AI/AN programs and services in your area
  - Including Epidemiology Centers
- Be aware of health conditions that disproportionately affect AI/ANs and incorporate extended family into treatment if possible
- Be aware of ACA/IHCIA protections for AI/ANs (monthly enrollment, exempt from tax penalty, and no cost sharing)
- Ensure Urban AI/ANs are included in data collection efforts
- Native medical students at Columbia and Mount Sinai to create a NYC Association of Native American Medical Students chapter (under the national organization- http://www.anamstudents.org)

Questions?

Contact information:
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Resources:
Urban Indian Health Institute
Urban Indian Health Commission
Seattle Indian Health Board
National Council of Urban Indian Health
Office of Urban Indian Health Programs
Indian Health Service
National Congress of American Indians
National Indian Health Board
United South and Eastern Tribes
Center for Native American Youth
CDC, SAMHSA, OMH

Upstate Urban Experience

MICHAEL N. MARTIN, EXECUTIVE DIRECTOR
NATIVE AMERICAN COMMUNITY SERVICES OF ERIE AND NIAGARA COUNTIES, INC.
Why Disproportionate?

- Historical Traumas have intergenerational impact
  - Lori Quigley’s presentation – Unseen Tears
  - https://www.youtube.com/watch?v=vZwF9nQbWM&feature=youtu.be
- Structural Barriers
  - Katsi Cook’s presentation
  - Adverse Childhood Experiences (ACE Study)
  - Bev Cook’s presentation

Translation...

- Trust and Respect within Systems
  - Are they for us?
Socio-Cultural Model of HIV Prevention...

- **Historical Underpinnings** = events that happened previously & that continue to impact the community in some way(s);
  - **External Factors** = dynamics, influences, or effects on the community that are outside of the control and/or origin of the community
  - **Cultural Norms** = how the community members treat each other & non-members
  
  And, these issues must be identified & interpreted by members of the community

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Socio-Cultural Model in Native Community:

**Historical Underpinnings**
- Impact of Boarding schools, own personal traumas, community wide we have all been affected

**External Factors**
- Poverty, stereotypes, racism, federal policies, systems, education-teaching progress, NY State impositions

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Socio-Cultural Model in Native Community:

**Socio-Cultural Norms**
- Thanksgiving Address > Cultural teachings are our foundation
- Food and hospitality at events > builds community
  - Accept/tolerate alcohol abuse, drunk driving, suicide, other abuse (sexual, emotional, mental, physical)
  - Poor health and chronic conditions (i.e. diabetes) seen as a destiny
  - Always in a state of mourning > Will take time to heal or even to recognize we need to heal
HOPE Approach...

Healing Our People through Empowerment

What you can do?

Creating a "Good Mind": The Power of Giving Thanks - Michael Martin at TEDxBuffalo - https://www.youtube.com/watch?v=hlz4Zmvk85k

IF WE COULD SEE INSIDE OTHER PEOPLE'S HEARTS (Cleveland Clinic Video) - https://www.youtube.com/watch?v=IQtOgE2s2xI

"Every Encounter Counts" - Brian P. Boetig, FBI Special Agent-In-Charge of the Buffalo Office

Spirit and Intent

CONNECTING AT A HUMAN LEVEL
Spirit and Intent...

My Mentor / Role Model:

Don Coyhis

www.WhiteBison.org
Spirit and Intent...

Native American Heritage Month

Spirit and Intent...

Spirit and Intent...

Spirit and Intent...
Spirit and Intent... Seeing is believing

\[ \sum_{m=0}^{\infty} \frac{(-1)^n}{2^n} \]

Spirit and Intent... Seen and Unseen World
Spirit and Intent... *May Life’s Force Be With You!*

https://www.youtube.com/watch?v=x2YQJsbbWNA

Spirit and Intent... *You Can FEEL It!*

Spirit and Intent... you can feel it.
Give Thanks – ground and humble ourselves
Spirit and Intent...
Spirit and Intent...

Spirit and Intent...

Spirit and Intent...
Spirit and Intent...

Give Daddy a Kiss Good Night.
...No!

*What's wrong with this kid?*
Aligning Spirit and Intent...

Spirit Intent

Spirit and Intent...

Spirit and Intent...

Spirit and Intent...
Spirit and Intent...

“Daddy, I Love You!”
Aligning Spirit and Intent
CONNECTING AT A HUMAN LEVEL

It’s also important to remember...

We all
Smile
In the
Same
Language

A reminder....

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