

Sustainability Bulletin



UAlbany
Goes
Green!



Environmental Sustainability Director, Mary Ellen Mallia (right) and Energy Manager, Indu Lnu (left) showcasing the new CFL bulbs that were replaced in State Quad.

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Change a Light Campaign

On October 22nd, the change a light campaign was started. Mary Ellen Mallia, the Director of Environmental Sustainability and Indu, the Energy Manager, were on hand to oversee the distribution of bulbs to resident assistants from the quads and apartments. Over 1,000 compact florescent light bulbs (CFL's) will be handed out along with information on their benefits and proper disposal. CFL's use 2/3 less energy than their incandescent counterparts and generate 70% less heat. Proper disposal is important as CFL's contain a small amount of mercury. This is necessary to ensure their longer life but you don't want to throw an old CFL in the trash as an accumulation of bulbs in landfills is undesirable. Our progress on the campaign can be tracked at:

http://www.energystar.gov/index.cfm?fuseaction=cal.showpledgedriverdetails&cpd_id=14710

To date, we have saved 4,688 kilowatt hours which equates to \$512 and 7,200 pounds of greenhouse gas emissions.

And it's on, the Fall 2008 Energy Campaign

The University spent approximately seven million dollars on electricity last year. The Energy Campaign is back this fall, giving all of the Quads, and University Apartments another chance to conserve energy, while getting rewards for their respective buildings. Past rewards included flat screen televisions, air hockey tables, foosball tables, ping-pong tables and more! Since are we trying to conserve energy individually, and as a campus community as a whole, this year we will be monitoring total energy consumption as well as calculating the average amount of energy used per student.

For more information, and up-to-date energy conservation tallies for each Quad and the apartments, go to:

<http://www.albany.edu/gogreen/energy-campaign.shtml>

*Because we don't
think about
future
generations, they
will never forget
us.
~Henrik Tikkanen*

Fall Back – Daylight Savings time is November

2nd. The Energy Policy Act of 2005 changed both the starting and ending dates. Beginning in 2007, daylight time starts on the second Sunday in March and ends on the first Sunday in November.



The Return of the Farmers!

Every Thursday the UAlbany community will have the chance to purchase locally grown and organic foods. Right in front of the Campus Center entrance, students can help promote sustainable foods while supporting local farmers. This not only benefits the environment and the farmers, but the community members who purchase the produce, since it's giving them healthier food choices. So do something great for yourself, your environment, and your community, stop by the farmer's market Thursdays from 11am to 3:30pm in front of the Campus Center!



NEW! Recycle your ink jet and toner cartridges. Look for these bins in the dorms or at one of these locations: Near the entrance to the book store, in the tunnel near mail services, on the downtown campus in Draper Hall.



Get Involved in the Council!

This year, the Office of Environmental Sustainability is reaching out to the student population with the creation of Environmental Sustainability Councils. It's a great way to get involved with both our office, and your dorm. With a council in each quad, apartment complex and for commuters, our goal will be to help educate the university community and in turn, provide feedback to the Office of Environmental Sustainability as to the needs of the campus, and to get new ideas flowing.

If you like to apply to be a council member go to: <http://www.albany.edu/gogreen> and follow the link for the environmental sustainability council.

Members of the first Sustainability Council:



Name	Quad	Name	Quad
Toni Cameron	Alumni	Kelly Conklin	Freedom
Guy Zappulla	Alumni	Antonio Perez	Freedom
Joy Kim	Alumni	Karina Cuenca	Indian
Katie Devlin	Colonial	Brad Machado	Indian
Nicole Fox	Colonial	Elizabeth Apraku	Indian
Drew Bick	Colonial	Daniel Malashock	State
Aleeyah Sydnor	Colonial	Carin Puza	State
Krista Klock	Commuter	Jeremy Grunstra	State
Benjamin Lockspeiser	Commuter	Gabriel Susca-Lopata	State
Karolina Dybus	Commuter	Rachel Shipper	State
Jon Paul D'Aversa	Commuter	Hillary Cross	State
Danielle Stein	Empire	Arefur Chowdhury	State

Bookstore promotes Sustainability

Students consume tons of paper products. The University Bookstore is now making it easier to be a more sustainable student by expanding the eco-friendly products that are available for purchase. Recycled copy paper, recycled notebooks, and refillable pens are just a few of the sustainable school supplies now offered at the bookstore, and at Mary Jane Books. The University Bookstore also has delicious Vegan cookies, tons of Burt's Bees products, and Method Dish Soap. In addition there are energy efficient light bulbs for sale which save you money, along with electrical energy. So stop by the bookstore today and check out the expanding Go Green section.



The University Book Store is selling products that support the sustainability efforts on campus. Students can purchase notebooks, loose-leaf paper, and other items that are manufactured with recycled items. A shelf dedicated for "Going Green" items is located in one of the aisles.

Do you want to make a statement? Go Green re-usable bags can be purchased at the Book Store as well.

Your Batteries Mixed With Your Drinking Water?

Batteries certainly are convenient, and we all use them, but not many of us know to recycle them. Why should we students recycle them? Because of the detrimental environmental impact which led to the Universal Waste Rule. Recently, the United States Environmental Protection Agency issued this rule in order to reduce the amount of hazardous materials that are more often than not put into the general trash. This is an issue because when materials such as batteries are in the landfills they



can damage the water that we use for drinking, showering and other necessities. This is because batteries contain acids, which when it rains or snows, can contaminate the water table. UAlbany is regulated as to the amount of hazardous materials used, and how they are disposed. Nay Gosai is in charge of the battery recycling program and he has set up containers in all of the buildings on the Podium, in the bookstore and in every Quad. Any questions concerning containers, please contact Nay in Environmental Health and Safety at 442-3495. So, if you want to keep your water clean, the next time the batteries in your remote control die bring them to your quad office, or even drop them off on your way to class.

For more information about the Universal Waste Rule, visit: www.epa.gov/msw/reduce.html



UAlbany Students for Sustainability (U.S.S) Officers:

- **President:**
Lynne Radle
- **Ambassador:**
Kristen Kielbasa
- **Treasurer:**
Katie Devlin
- **Secretary:**
Matt Ryan

Meetings are being held Thursday's from 6-7 PM in the Campus Center. Visit the Go Green website for more info.

How to Recycle When Living Off Campus

Many off campus residents have expressed an interest in recycling at their apartments but don't know how to go about it. The answer depends on where you live. Each municipality determines whether they will provide trash pick up or if the residents must pay for that service. Each provider should have recycling procedures in place.

Most relevant to the majority of our commuter population is the procedures for the city of Albany. It is mandated that all residents must put their recyclable garbage out on the appropriate collection days. To not do so is a punishable offense. Many of our off campus students face the issue of being legally told to recycle, but without a recycling bin. To get a recycling bin at no charge to you, all that is required is a photo ID and a piece of mail that proves you are a resident of Albany. For example, you can use your cable or National Grid bill. Call (518) 434-CITY and a representative should provide you with precise directions as to how to get to the location to pick up your recycling bin and then, happy recycling!

*Remember:
Reduce, Reuse
and Recycle!*



In the next issue.....

Energy Campaign



Get the results from the energy campaign. See what quad is saving the most.

Sustainability networking



Learn about the sustainability councils and coordinators being organized throughout campus to spread the word about environmental sustainability. Contact the office to join!

Sustainability Day



The campus observed the nationwide Sustainability Day on October 22nd. Visit the Go Green website to see how we celebrated it.

Change a light campaign



Over 1,000 Compact Florescent Light bulbs (CFLs) were distributed in the dorm rooms. Track our progress.

Newsletter contributors:

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Graphics/PDF

The ACUPCC progress check: (American College and University Presidents Climate Commitment)

As part of our pledge made last May, we must calculate our greenhouse gas emissions, or GHG inventory. We are currently in the process of collecting data on our University population, square footage and energy use. The next step is to begin estimating our commuting and travel miles. If you have any questions on the ACUPCC, contact the Office of Environmental Sustainability.

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