Seven Waste Reduction Tips

1. Set up one bin for most recyclable materials including plastics, aluminum, glass, cardboard, and paper.
2. Recycle batteries in the containers provided around campus.
3. Reuse scrap paper and when possible print on both sides of the paper.
4. Bring a refillable coffee mug to get your morning coffee. Refillable mug users get a discount on their coffee!
5. Recycle old ink jet cartridges in the bins supplied on campus.
6. Use the bottle return machine in the Campus Center. Receipts are exchangeable at 518 Market.
7. Re-use grocery bags, or use reusable cloth bags for your shopping.

More recycling and reuse tips can be found at www.albany.edu/gogreen

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The University at Albany disposes of approximately 2,500 tons of garbage per year. In the 2009-10 academic year, our institution recycled 320 tons of mixed paper, 10 tons of co-mingled product (glass, plastic, tin), 33 tons of scrap metal, 1.7 tons of tires, 145 tons of construction and demolition material and 6 tons of kitchen grease. Each year UAlbany faculty, staff, and students participate in the nationwide RecycleMania challenges in an effort to increase waste reduction and recycling.

The University at Albany began a composting pilot project at Indian Quad Dining Hall in Spring 2013. The program was a huge success and has expanded to all four dining halls on the uptown campus. Our compost is collected by the Schenectady County Conservation District Compost Facility.

What is compost? Compost is organic matter that has been decomposed and recycled as a fertilizer or as a soil amendment, which improves soil. Composting is a natural process. It is rich in nutrients, bacteria, and fungi, and promotes plant growth and garden health.

Why is composting important? Composting reduces waste going into landfills. It provides numerous environmental benefits such as soil enrichment, remediates contaminated soil, helps prevent pollution and reduces the need for water, fertilizers and pesticides. Compost also enhances plant health against diseases. It is an alternative to fertilizer and is an essential ingredient in organic farming.

- Bring a reusable water bottle and refill for FREE at various water bottle refilling stations around campus such as in the libraries, lecture centers, academic buildings and the Hydration Station in the Campus Center
- 518 Market and Zime offer a reusable cup program. Purchase a UAS or Aspretto reusable mug and save on coffee and tea!