

February 2018 *Public Health Live!*
ADVANCE PLANNING FOR INDEPENDENCE AND AUTONOMY
RESOURCES & REFERENCES & Q&A

RESOURCES

American Association of Retired Persons (AARP)

<https://www.aarp.org/>

Aging with Dignity: Five Wishes

<https://agingwithdignity.org/five-wishes/about-five-wishes>

American Society for Bioethics and Humanities

<http://asbh.org/>

Centers for Disease Control and Prevention: Advance Care Planning

<https://www.cdc.gov/aging/advancecareplanning/index.htm>

Community Conversations on Compassionate Care Advance Care Planning booklet

<http://www.compassionandsupport.org/pdfs/about/FINAL-2009RevisedACPBooklet-Excellus-Color-Web.pdf>

Compassion & Choices

<https://www.compassionandchoices.org/>

The Conversation Project

<https://theconversationproject.org/>

The Hastings Center

<https://www.thehastingscenter.org/>

Medical Orders for Life-Sustaining Treatment

https://www.health.ny.gov/professionals/patients/patient_rights/molst/

<http://molst.org/>

National Institute on Aging: Advance Care Planning

<https://www.nia.nih.gov/health/caregiving/advance-care-planning>

Physician Orders for Life-Sustaining Treatment

<http://polst.org/>

PREPARE for your care

<https://www.prepareforyourcare.org/welcome#!#%2Fstory>

Respecting Choices

<https://respectingchoices.org/>

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Q&A FROM WEBCAST: Below are the responses to the additional questions that were submitted during the webcast, but due to time constraints couldn't be answered then.

1. How do you handle continual reluctance to discuss by the patient?

We recognize that starting the conversation with reluctant patients can be difficult and that each situation is unique. There are numerous strategies to begin the conversation with patients. It may be helpful to start slowly, and then gradually engage the patient so that they begin to recognize their values and what is important to them before any medical crisis arises or before they have come to the end of their life. Some suggested resources with different approaches are listed below:

- Aging with Dignity: Five Wishes <https://agingwithdignity.org/five-wishes/about-five-wishes>
- The Conversation Project <https://theconversationproject.org/>
- PREPARE for your care <https://www.prepareforyourcare.org/welcome#!#%2Fstory>

2. For providers caring for children and youth with complex chronic illness and disability, will Medicaid pay for the 2 advance planning CPT codes?

Medicaid reimburses for case management services for medically fragile children which includes advance care planning. According to Centers for Medicare and Medicaid Services as well as the American Academy of Family Physicians, only Medicare beneficiaries qualify for reimbursement using the 2 Advance Care Planning CPT Codes 99497 and 99498.

<https://www.aafp.org/practice-management/payment/coding/acp.html> <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/AdvanceCarePlanning.pdf>

3. With long-term care costs, how would one afford long-term care insurance?

Planning for long term care plays an essential role in future quality of life. Long-Term care plays an essential part in future quality of life. There are several options available to self-secure future long term care affordability and the industry of long term care insurance has changed drastically to include some very creative options. They may be more affordable than you think. One resource that may be helpful as individuals navigate the realm of long term care insurance is the following “Shopper’s Guide” publication by the National Association of Insurance Commissioners: http://www.naic.org/documents/prod_serv_consumer_ltc_lp.pdf

If long-term care insurance is not a possibility, saving early for long term care needs may be wise. Utilizing state Medicaid plans is another option that could be accessed by citizens in need of long term services and supports.

Below is a list of resources that offer a great starting point for long term care planning:

- Long Term Care.gov (<https://longtermcare.acl.gov/>) is a website provided by the U.S Department of Health and Human Services.
- While Medicare traditionally does not pay for custodial long term care needs, Medicare.gov has published several resources that discuss long term care services and options and how to access these services. Visit: <https://www.medicare.gov/coverage/long-term-care.html>

New York State Medicaid is another option to consider for financing long term care costs. Medicaid will be pay for long term care services received in either a nursing home setting or in the community. Medicaid plans are state specific, so you must look at your state’s information for provided services and recipient eligibility requirements. Below please find helpful links for New York State:

- For further information Long Term Care please access: https://www.health.ny.gov/health_care/medicaid/program/longterm/
- Further information about MLTC can be found on: https://www.health.ny.gov/health_care/medicaid/redesign/docs/mltc_faq2_final.pdf
- A Consumer Guide for Managed Long-Term Care can also be accessed on: https://www.health.ny.gov/health_care/medicaid/redesign/docs/mltc_guide_e.pdf
- For long term care insurance with Medicaid asset protection, visit the website for The New York State Partnership for Long Term Care: <https://nyspltc.health.ny.gov/>