

Prevention and Treatment of Pressure Ulcers

Grand Rounds Training for Physicians

The New York State Department of Health has called upon hospitals, nursing homes and home care agencies for a sustained commitment to pressure ulcer performance improvement. While great progress has been made in responding to this serious patient safety issue over the past several years, New York State is striving to achieve even greater success in the future.

Physicians are a key factor in the prevention and treatment of pressure ulcers.

The Gold STAMP (Success Through Assessment, Management and Prevention) Program to Reduce Pressure Ulcers is a coalition of organizations convened in New York State to provide resources and education across the continuum of care to improve the assessment, management and prevention of pressure ulcers. While nursing staff have been prominent in the Gold STAMP effort to date, special emphasis is being placed on the pivotal role that physicians play.

In partnership with the Department of Health, the University at Albany School of Public Health's Center for Public Health Continuing Education has developed this toolkit to provide you with resources and information to further engage physicians in the prevention and treatment of pressure ulcers in your facility.

The Physician Toolkit contains a thumb drive with the following three pre-recorded training webinars presented by physicians and nationally prominent pressure ulcer experts, with an introduction by Howard A. Zucker, M.D., J.D., Commissioner of Health for New York State. Handout materials for training participants are also included.

- *Pressure Ulcer Prevention and Management*
- *Your Documentation Matters: Pressure Ulcer Documentation for Physicians*
- *Pressure Ulcer Treatment for Physicians*

To assist you in facilitating training in your facility, the toolkit also includes:

- Frequently Asked Questions
- Training Content Guide
- Materials to promote training for physicians in your facility
- Tear-off cards with continuing education and evaluation information
- Additional resources on prevention and treatment of pressure ulcers

The Physician Toolkit is also available electronically on the Gold STAMP website at www.goldstamp.org. On the website, you will find a **Collaborative Toolkit** designed to promote regional-level collaboration and communication among health care providers and support the autonomous establishment of Gold STAMP Collaboratives throughout New York State.

Thank you for being a part of the solution to this very important patient safety issue.



Frequently Asked Questions

Take advantage of these free, accredited trainings for your physicians!

Continuing Education Credits

Does my organization need to have this toolkit accredited in order to provide CE credits?

No. The University at Albany School of Public Health is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians. Each of the three pre-recorded training webinars in the toolkit has already been awarded AMA PRA Category 1 Credits™, CNE credit and CHES credit.

How do learners request CE credits?

- Go to www.goldstamp.org
- Click the “Physician Toolkit” tab
- Select the webinar you viewed
- Click on “Evaluation, Post-test & Credits”

Learners must complete an evaluation and achieve a grade of 80% on the post-test to obtain and print their certificate. This information is also included on tear-off cards contained in the physical toolkit. These can be issued to training participants after each training.

How long are continuing education credits available?

Credits are available for 3 years from the date of the original recordings.

Do any of the planners and faculty have any conflict of interest with commercial entities?

The planners and faculty participants do not have any financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in the materials. No commercial funding has been accepted for this activity.

Logistics

Who in my organization should review the toolkit and determine how to best incorporate it into our organization's Grand Round series or annual training plan?

The toolkit is intended to be used by the individual(s) in your organization who is/are responsible for planning and implementing continuing education activities for physicians. This individual may be a CME Director, a CE Coordinator, a QA Coordinator, or anyone who provides professional oversight and/or coordination of continuing medical education programs.

Which physicians/hospitalists should attend these trainings?

Physicians and other health care professionals such as Physician Assistants and nurses who provide direct care to patients at risk for pressure ulcers will benefit from these trainings. Hospitalists practicing the following specialties are recommended to attend: Endocrinology, Infectious Disease, Plastic and Reconstructive Surgery/Wound Care, General Surgery, Neurology, Pulmonology, Nephrology, Neuropsychology, Cardiology and Intensive Care.

What does my organization need to deliver each training?

A computer with a USB port, projection screen and computer speakers for sound are necessary to deliver the trainings. The trainings are archived in video format and can be paused at any time. Please direct any questions you may have regarding the training content to goldstamp@albany.edu. These trainings can be offered in a group setting or individuals can take them at their leisure by accessing the toolkit materials on the Gold STAMP website at www.goldstamp.org.

Significance

How can these trainings benefit my organization?

Pressure ulcer performance improvement is beneficial from both a quality of life perspective and a health care utilization standpoint. Pressure ulcers are one of the most common patient safety issues in health care facilities, causing extreme discomfort and often leading to serious life-threatening conditions. Collaboration between physicians, nurses and other health care team members is essential to comprehensive and effective pressure ulcer prevention and treatment programs. The training in this toolkit supports the pivotal role that physicians play in responding to this serious patient safety issue and presents opportunities in the context of New York State's health care delivery reforms.

Why is this toolkit important to physicians?

An effective pressure ulcer prevention and treatment program requires an interdisciplinary approach. While nursing staff are prominent in pressure ulcer prevention and treatment, physicians are also a key factor. Physicians are leaders in ensuring proper diagnosis and prognosis, applying current standards of practice for pressure ulcer prevention and treatment, and taking an active role in assessing and developing relevant prevention and/or treatment regimens. Recognizing that each health care profession has its own set of competencies, the toolkit is designed expressly for physicians to reinforce the above.

Additional Resources

What is a Gold STAMP Collaborative?

A Gold STAMP Collaborative consists of at least one hospital, one nursing home and one home health agency within a community. Gold STAMP Collaboratives promote improved communication across settings and provide education regarding pressure ulcer care, as well as strategic tools and resources to accomplish Collaborative goals. The Gold STAMP Collaborative Model can be found on the Gold STAMP website at http://www.albany.edu/sph/cphce/goldstamp_collaborative_model.shtml.

Where can more information on how to start a Gold STAMP Collaborative be found?

An electronic toolkit providing resources and education across the continuum of care to improve the assessment, management and prevention of pressure ulcers can be found on the Gold STAMP website at www.goldstamp.org under the "Collaborative Toolkit" tab. This toolkit is designed to promote regional-level collaboration and communication among health care providers and support the autonomous establishment of Gold STAMP Collaboratives throughout New York State. A supplemental webcast, "Gold STAMP: Pressure Ulcer Reduction in New York State," (pre-recorded on March 19, 2015) introduces the Collaborative Toolkit and provides an overview of Gold STAMP and the importance of collaboration.

Where can additional resources be found?

Additional resources including webinars, articles and useful links can be found on the Gold STAMP website at www.goldstamp.org. The resources are located under the Online Education tab.

Gold STAMP Program to Reduce Pressure Ulcers

www.goldstamp.org