

## ZOYA GUBERNSKAYA

University at Albany, SUNY, Department of Sociology  
351 Arts and Science Bldg, 1400 Washington Ave, Albany, NY 12222  
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### EMPLOYMENT

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2013- Assistant Professor of Sociology, University at Albany, State University of New York  
Research Associate, Center for Demographic and Social Analysis (CSDA)

*Research interests:* social demography, family, immigration, health, aging, quantitative and demographic methods

### EDUCATION

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2007-2013 PhD, Sociology, University of California, Irvine  
Dissertation: “(Un)Healthy Immigrant Citizens: Naturalization, Incorporation Experiences and Health in Older Age” (Frank D. Bean, Co-chair, Judith Treas, Co-chair)

2005-2006 MA, Demographic and Social Analysis (DASA), University of California, Irvine  
• *Alumni Award for Academic Excellence*

1995-2000 Diploma, Psychology, Lviv National University (Ukraine)

### PUBLICATIONS

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**Gubernskaya, Zoya** and Zequn Tang\*. 2017. “Just Like in their Home Country? Multinational Perspective on Living Arrangements of Older Immigrants in the U.S.” *Demography*. doi: 10.1007/s13524-017-0604-0.

**Gubernskaya, Zoya** and Joanna Dreby. 2017. “U.S. Immigration Policy and the Case for Family Unity.” *Journal of Migration and Human Security*, 5(2), 417-430. doi:10.14240/jmhs.v5i2.91.

**Gubernskaya, Zoya** and Judith Treas. 2016. “Call Home? Mobile Phones and Contacts with Mother in 24 Countries.” *Journal of Marriage and Family*. 78(5): 1237–1249. doi: 10.1111/jomf.12342.

Bolzendahl, Catherine and **Zoya Gubernskaya**. 2016. “Racial and Ethnic Homogamy and Gendered Time on Core Housework.” *Socius: Sociological Research for a Dynamic World*, 2. doi: 10.1177/2378023116676277.

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\* Graduate student co-author

Treas, Judith and **Zoya Gubernskaya**. 2016. "Immigration, Aging and the Life Course." Pp 143-161 in *Handbook of Aging and the Social Sciences, Eighth Edition*, edited by Linda K. George and Kenneth F. Ferraro. Academic Press. doi:10.1016/B978-0-12-417235-7.00007-X.

**Gubernskaya, Zoya**. 2015. "Age at Migration and Self-Rated Health Trajectories after Age 50: Understanding the Older Immigrant Health Paradox." *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 70(2), 279-290. doi: 10.1093/geronb/gbu049. PMID: 24859225.

Treas, Judith, and **Zoya Gubernskaya**. 2015. "Policy Contradictions and Immigrant Families." *Public Policy & Aging Report*, 25(3), 107-112. doi: 10.1093/ppar/prv010.

Treas, Judith, Jonathan Lui and **Zoya Gubernskaya**. 2014. "Marriage as a New Relationship? Cross-National Changes in Attitudes toward Marriage and Relationships." *Demographic Research* 30(54), 1495-1526. doi: 10.4054/DemRes.2014.30.54. PMC4455962.

**Gubernskaya, Zoya**, Frank D. Bean and Jennifer Van Hook. 2013. "(Un)Healthy Immigrant Citizens: Naturalization and Functional Limitations in Older Age." *Journal of Health and Social Behavior* 54: 427-443. doi: 10.1177/0022146513504760. PMC3969823. NIHMS564221.

**Gubernskaya, Zoya**, Frank D. Bean and Jennifer Van Hook. 2013. "Policy Brief: Why Does Naturalization Matter for the Health of Older Immigrants in the United States?" *Journal of Health and Social Behavior* 54: 426.

Bean, Frank D. , Susan K. Brown, James D. Bachmeier, **Zoya Gubernskaya**, and Christopher D. Smith. 2012. "Luxury, Necessity, and Anachronistic Workers: Does the United States Need Unskilled Immigrant Labor?" *American Behavioral Scientist* 56: 1008-1028. doi: 10.1177/0002764212441784.

Treas, Judith and **Zoya Gubernskaya**. 2012. "Farewell to Moms? Maternal Contact in Seven Countries, 1986-2001." *Journal of Marriage and Family* 74: 297-311. doi: 10.1111/j.1741-3737.2012.00956.x.

Lee, Jennifer, Frank D. Bean, James D. Bachmeier, and **Zoya Gubernskaya**. 2010. "Immigration and the Geography of the New Ethnoracial Diversity." In Lee, Jennifer and Frank D. Bean *The Diversity Paradox: Immigration and the Color Line in Twenty-First Century America*. New York: Russell Sage Foundation.

- 2011 Otis Dudley Duncan Award for Outstanding Monograph in Social Demography

**Gubernskaya, Zoya**. 2010. "Changing Attitudes toward Marriage and Children in Six Countries." *Sociological Perspectives* 53:179-200. doi: 10.1525/sop.2010.53.2.179.

- Featured in [Contexts Vol. 10, Issue 1, 2011](#)

## UNDER REVIEW

**Gubernskaya, Zoya**. "Age at Migration and Public Assistance Program Participation among Older Immigrants in the U.S." (Revise & Resubmit)

**Gubernskaya, Zoya** and Judith Treas. "Living Arrangements and Linguistic Isolation of Older Immigrants in the U.S." (Revise & Resubmit)

**Gubernskaya, Zoya.** "Age at Migration and Health Disparities in Chronic Conditions in Midlife and Old Age.

## **WORK IN PROGRESS**

**Gubernskaya, Zoya,** Zequn Tang\* and Sonya Grover\*. "Changing Attitudes toward Marriage and Children: Does Welfare Regime Help Explain Shifts in Public Opinion Over Time?" (Draft available)

**Gubernskaya, Zoya** and Daniela Pila\*. "Sooner, Later or Never? Patterns of Naturalization of the U.S. Immigrants, 1980-2010." (Draft available)

**Gubernskaya, Zoya** and Judith Treas. "A First Assessment of the ACA: Changes in Health Insurance Coverage and Affordability among Adults Age 50-64" (Poster available)

## **GRANTS**

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2016 (submitted) "Social Disadvantages and Health of Older Immigrants." (Principal investigator) NIH/NIA R03.

2014 "Age at Migration and Living Arrangements of Older immigrants: Multinational approach." (Principal investigator). Junior Researcher Award in Demography. Center for Social and Demographic Analysis, University at Albany, SUNY. \$5,000.

2014 "Age at Migration and Immigrants' Health in Later Life." (Principal investigator) Seed grant. Center for Social and Demographic Analysis, University at Albany, SUNY. \$5,500.

## **FELLOWSHIPS/AWARDS**

2016 Dr. Nuala McGann Drescher Leave Program Award for Fall 2016, NYS/UUP

2014 Travel Award, U-Albany College of Arts & Sciences

[2013 UCI School of Social Sciences Outstanding Scholarship Award](#)

2013 UCI Sociology Department Outstanding Service Award

2013 Robert Wood Johnson Foundation Health & Society program finalist

2012-2013 [UCI Public Impact Fellowship](#)

2012-2013 UCI Graduate Dean's Dissertation Fellowship

2012 PAA Blue Ribbon Poster Award

2012 Summer Research Fellowship, UCI Sociology Department

2011 Summer Research Fellowship, UCI Sociology Department

2011 Spring Quarter Social Sciences Graduate Fellowship

2009 Summer Research Fellowship, UCI Sociology Department

2008 Research and Travel Grant, UCI Sociology Department

2008 Summer Research Fellowship, UCI Sociology department

2006 DASA Alumni Award for Academic Excellence

## INVITED PRESENTATIONS

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- 2017 *(forthcoming)* "Adult Children's Maternal Contact Increased: Did Mobile Phones Play a Role?", Penn State's 25th National Symposium on Family Issues "Families and Technology", October 23-24, 2017.
- 2016 "Changing Attitudes toward Marriage and Children: Does Welfare Regime Help Explain Shifts in Public Opinion Over Time?", Department of Sociology, University of Utrecht, November 9, 2016
- "Age at Migration and Older Immigrants' Public Assistance Program Participation", Department of Public Policy, University at Albany, SUNY, October 26, 2016.
- 2015 "Policy Contradictions and Immigrant Families", symposium "What Changing American Families Mean for Aging Policies," 2015 Gerontological Society of America meeting, Orlando, FL, November 18-22, 2015.
- "Age at Migration and Health of Older Immigrants in the United States", Center for Demography and Ecology, University of Wisconsin, Madison, November 10, 2015.
- 2014 "Sooner, Later or Never? Patterns of Naturalization of the U.S. Immigrants, 1980-2010", Population, Society and Inequality colloquium, Department of Sociology, University of California, Irvine, February 18, 2014.

## CONFERENCE PRESENTATIONS

- 2017 *(forthcoming)* "Changing Attitudes Toward Marriage and Children: Does Welfare Regime Help Explain Shifts in Public Opinion over Time?", poster to be presented the 2017 International Population Conference, Cape Town, South Africa, October 29 – November 4, 2017
- "Education and Accumulation of Chronic Conditions After Age 50 Among the Immigrants to the U.S.", paper presented at the 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 23-27, 2017.
- "Changing Attitudes Toward Marriage and Children: Does Welfare Regime Help Explain Shifts in Public Opinion over Time?", poster presented the 2017 Population Association of America meeting, Chicago, IL, April 27-29, 2017
- 2016 "Changing Attitudes toward Marriage and Children: Does Welfare Regime Help Explain Shifts in Public Opinion Over Time?", paper presented at CPC-CAPS Annual Upstate Population Workshop, October 28, 2016.
- "Education, Age at Migration and Accumulation of Chronic Conditions after Age 50 among Mexican and Non-Hispanic White Male Immigrants", poster presented at the 2016 International Conference on Aging in the Americas (ICAA 2016), University of Texas at San Antonio, September 14-16, 2016.

- “Age at Migration and Living Arrangements of Older immigrants: Multinational approach,” poster presented at the 2016 Population Association of America meeting, Washington, DC, April 30-May 2, 2016.
- 2015 “Age at Migration and Health Disparities in Chronic Conditions after Age 50”, paper presented at the 2015 American Sociological Association meeting, Chicago, IL, August 22-25, 2015.
- “Racial and Ethnic Homogamy and Gender Differences in Time on Core Household Labor”, paper presented at the 2015 Population Association of America meeting, San Diego, CA, April 30 – May 2, 2015.
- “Linguistic Isolation among Older Immigrants in the U.S.: What Can We Learn from Demographic Decomposition?”, poster presented at the 2015 Population Association of America meeting, San Diego, CA, April 30 – May 2, 2015.
- “Age at Migration, Public Assistance Program Participation and Naturalization among Older Immigrants to the U.S.”, paper presented at the 2015 Eastern Sociological Society meeting in New York, NY, February 26-28, 2015
- 2014 “A First Assessment of the ACA: Changes in Health Insurance Coverage and Affordability among Adults Age 50-64”, poster presented at the 2014 Gerontological Society of America meeting, Washington, DC, November 5-9, 2014.
- “Protective Citizenship: Functional Limitations, Welfare Participation and Naturalization among Later Life Immigrants to the U.S.”, paper presented at the 2014 Population Association of America meeting, Boston, May 1-3, 2014.
- “Sooner, Later or Never? Patterns of Naturalization of the U.S. Immigrants, 1980-2010”, poster presented at the 2014 Population Association of America meeting, Boston, May 1-3, 2014.
- 2013 “Age at Migration and Self-Rated Health Trajectories after Age 50: Evidence from the HRS”, paper presented at the 2013 American Sociological Association meeting, New York, August 10-13, 2013.
- “Nativity, Age at Migration, and Self-Rated Health Trajectories after Age 50: Evidence from the HRS”, paper presented at the 2013 Population Association of America meeting, New Orleans, April 11-13, 2013.
- “Immigrants’ Incorporation and Health”, invited presentation at the panel “Millions on the Move: The Unique Health Risks Facing Global Migrants”, UC Global Health Day, UC Riverside, February 23, 2013.
- 2012 “Call Home? Communication Technology and Adult Children’s Contacts with Mother in Cross-National Perspective?”, paper presented at the UCLA/UCI Relations Cross Nations (RCN) International Working Group workshop, UCLA, August 27-28, 2012.

“Call Home? Communication Technology and Adult Children’s Contacts with Mother in Cross-National Perspective?”, paper presented at 2012 American Sociological Association meeting in Denver, CO, August 17-20, 2012.

“Naturalization and Functional Limitations in Older Age among Mexican and Non-Mexican Immigrants”, paper presented at the Research Training Workshop of the UC Center of Expertise on Migration and Health (COEMH), Los Angeles, CA, June 25-28, 2012.

“(Un)Healthy Immigrant Citizens: Naturalization and Functional Limitations over the Incorporation Life course”, paper presented at the 2012 Population Association of America meeting in San Francisco, CA, May 3-5, 2012.

“Adult Children’s Contacts with Mother in Cross-National Perspective: Does Technology Matter?”, poster presented at the 2012 Population Association of America meeting in San Francisco, CA, May 3-5, 2012.

- *Blue Ribbon Poster Award*

“(Un)Healthy Immigrant Citizens: Naturalization and Functional Limitations in Older Age”, paper presented at the “Population Society and Inequality” colloquium, March 16, 2012, Department of Sociology, UCI.

2010 “Farewell to Moms? Maternal Contact in Seven Countries, 1986-2001”, paper presented at the ESF/HumVIB Workshop “Comparing European Countries: Multilevel, Cross-Time”, December 15-17, 2010, Hamburg, Germany.

“Frequency of Maternal Visits and Other Contacts, 1986-2001: A Cross-National Analysis”, paper presented at the 2010 Population Association of America meeting in Dallas, Texas, April 17-19, 2010.

“The Effect of Years Lived in the United States on Self-Rated Health: Does Country of Origin Matter?”, poster presented at the 2010 Population Association of America meeting in Dallas, Texas, April 17-19, 2010.

2009 “Changing Attitudes toward Marriage and Children in Six Countries”, paper presented at the 2009 Population Association of America meeting in Detroit, Michigan, April 29 - May 2, 2009.

2008 “Do Marital Status and National Prevalence of Cohabitation Affect Attitudes toward Cohabitation? Evidence from 28 countries”, poster presented at the 2008 Population Association of America (PAA) meeting in New Orleans, Louisiana, April 17-19, 2008.

## **TEACHING EXPERIENCE**

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2013 - University at Albany, SUNY  
*Undergraduate courses:* SOC 221 Statistics for Sociologists, SOC 250 Sociology of Families, SOC 320 Population Challenges, SOC 470W Immigration, Aging and Health  
*Graduate courses:* SOC 560 Sociology of Families, SOC 666 Sociology of Life Course

- 2010-2011     Instructor, University of California, Irvine  
*Undergraduate courses:* Marriage and Families
- 2007-2013     Teaching Assistant, University of California, Irvine  
*Undergraduate courses:* Probability and Statistics I, II, III; Marriage and Families,  
 Population; Introduction into Urban Studies.  
*Graduate courses:* Research Design

## **PROFESSIONAL SERVICE**

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- Session organizer, Population Association of America meeting, Denver, CO, April 26-28, 2018  
 Session organizer, Population Section's regular session on Mortality and Morbidity (3 sessions),  
 American Sociological Association meeting, Seattle, WA, Aug 20-23, 2016  
 Presider, "Trends and Differentials in Population Health", American Sociological Association meeting,  
 Seattle, WA, Aug 20-23, 2016  
 Discussant, "Cross-National Comparisons of Life-Course Transitions", American Sociological  
 Association meeting, Chicago, IL, Aug 22-25, 2015  
 Discussant, "Health and Disability in Later Life", Population Association of America meeting, Boston,  
 MA, May 1-3, 2014  
 Presider, Population Section's regular session on Fertility, American Sociological Association meeting,  
 Denver, CO, Aug 17-20, 2012

## **AD HOC REVIEWER**

*American Journal of Sociology; American Sociological Review; Journal of Marriage and Family; Journal of Health and Social Behavior; Demography; The Journals of Gerontology: Social Sciences, Series B; Social Science Research; European Sociological Review; Research on Aging; Journal of Aging and Health; Social Problems; Social Currents; Sociological Forum; International Migration Review; Sociological Perspectives; Population Research and Policy Review; Journal of Immigrant and Minority Health; Journal of Family Issues; International Sociology; Journal of Comparative Family Studies; Journal of Gerontological Social Work; National Science Foundation; European Research Council; Nuffield Foundation.*

## **EDITORIAL BOARD**

*The Journals of Gerontology: Social Sciences, Series B*

## **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

- Population Association of America – since 2005
- American Sociological Association (Family; Population; Aging and Life Course; International Migration sections) – since 2008
- Gerontological Society of America – since 2012
- International Union for the Scientific Studies of Population (IUSSP)

## **DEPARTMENT AND UNIVERSITY SERVICE**

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College of Arts & Sciences Council Department of Sociology representative (subcommittee on Academic Planning) 2017-2018, University at Albany, SUNY  
Graduate committee 2017-2018, Department of Sociology, University at Albany, SUNY  
Panelist, teaching workshop “Using Technology to Facilitate Learning in Large Lecture Halls”, Department of Sociology, University at Albany, SUNY, March 29, 2017.  
Teaching committee 2015-17, Department of Sociology, University at Albany, SUNY  
MA program development committee 2016-2017, Department of Sociology, University at Albany, SUNY  
Executive committee 2014-16, Department of Sociology, University at Albany, SUNY  
Panelist, teaching workshop “Having a Good TA Experience”, Department of Sociology, University at Albany, SUNY, November 16, 2015  
Symposium committee 2013-15, Department of Sociology, University at Albany, SUNY  
Faculty support, graduate student reading group “Group of Immigration and Citizenship Studies”, Department of Sociology, University at Albany, SUNY, 2013-2015  
Panelist, teaching workshop “Job Talks”, Department of Sociology, University at Albany, SUNY, November 2013  
Panelist, professional development workshop “Going on the Job Market”, Department of Sociology, UCI, May 2013  
Co-organizer, faculty and graduate student reading group “Advanced Statistics in Sociological Research”, Department of Sociology, UCI, 2012-2013  
• *2013 UCI Sociology Department Outstanding Service Award*  
Peer mentor, Department of Sociology, UCI, 2012-2013

## **WORK WITH STUDENTS**

Comprehensive exams committee member  
Demography: Colleen Wynn (2014), Kaitlin Meck (2016), Zequn Tang (2017)  
Family: Maegan Morin (2015); Danielle George (Aug 2017), Sonya Grover (chair, Aug 2017)  
Immigration: Daniela Pila (2014); Seulki Kim (Aug 2017)  
MA thesis committee member: Kelly Talback (exp. August 2017)  
Undergraduate honors thesis: Jamie Aldrich (2015-2016, Best Sociology Undergraduate Paper Award)

## **MEDIA**

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[Re-Thinking Who Does What: The Case of Interracial Partnerships and Housework](#), *Gender & Society* blog (with Catherine Bolzendahl), May 23, 2017.  
[Study links cellphone proliferation, more frequent calls to mom by adult children](#), *Phys.org*, May 11, 2017  
[“Immigration Status Impacts Health, Especially for the Young”](#), *Health Behavior New Service*, December 10, 2013  
[“Naturalization and Age Predictors in Health of Older Adult Immigrants”](#), *Elderbranch*, January 15, 2014

## **ADDITIONAL TRAINING**

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Structural Equation Modeling with Longitudinal Data, Statistical Horizons' Workshop, June 22-23, 2017, Boston, MA  
Genomics for Social Scientists Workshop, National Institute of Aging training course, June 12-16, 2017, Ann Arbor, MI  
Survival Analysis, Statistical Horizons' Workshop, June 23-24, 2016, Boston, MA  
Population Aging Grant-Writing Boot Camp, University at Albany, SUNY (CSDA), June – August, 2015  
Programming in STATA, StataCorp online course, January – March, 2014  
Stanford Workshop in Biodemography, Stanford University, CA, May 6-8, 2013  
7th Summer Institute on Migration and Global Health, Los Angeles, CA, June 25-29, 2012  
RAND Summer Institute: the Mini-Medical School for Social Scientists and the Demography, Economics, and Epidemiology of Aging, July 11-14, 2011 and July 12-16, 2010  
ESF/HumVIB Workshop “Comparing European Countries: Multilevel, Cross-Time”, December 15-17, 2010, Hamburg, Germany  
ESF/HumVIB Training Course “Multilevel Modeling in the Social Sciences”, September 16-19, 2009, University of Vienna, Vienna/Austria

## **OTHER**

Proficient using STATA, R, SPSS, SAS, ArcGIS  
Languages: Russian (fluent), Ukrainian (fluent), Polish (intermediate), Spanish (basic)

## **REFERENCES**

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Available upon request