# CURRICULUM VITAE MELISSA L. RINALDI

July 2015

### PERSONAL HISTORY

Maiden Name: MELISSA L. ZONA

**Business Address:** Center for Autism and Related Disabilities

University at Albany – State University of New York

Department of Psychology 1535 Western Avenue Albany, NY 12203

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**CURRENT POSITION** 

**2009-Present** Adjunct Research Assistant Professor

University at Albany, State University of New York

Department of Psychology, Albany, NY

**2014-Present** *Clinical Investigator, Center for Autism and Related Disabilities* 

University at Albany, State University of New York

Department of Psychology, Albany, NY

**2009-2014** Research Scientist, Center for Autism and Related Disabilities

University at Albany, State University of New York

Department of Psychology, Albany, NY

**EDUCATIONAL HISTORY** 

**2007-2009** *Postdoctoral Clinical Psychology Fellowship* (APA approved)

Alpert Medical School of Brown University

Providence, RI

2007 Ph.D. Clinical Psychology (APA approved)

University at Albany, State University of New York,

Department of Psychology, Albany, NY

Dissertation: Barriers to successful training in Positive Behavior

Support: Predictors of attrition and success.

Chair: Kristin V. Christodulu, Ph.D.

Committee: V. Mark Durand, Ph.D. & Monica L. Rodriguez, Ph.D.

**2006-2007** Predoctoral Clinical Psychology Internship (APA approved)

May Institute Randolph, MA

2005 M.A. University at Albany, State University of New York,

Department of Psychology, Albany, NY

Thesis: Providing social support for siblings of children with

autism: An evaluation of the Sibshop model

Chair: V. Mark Durand, Ph.D.

**2000** B.A. *New York University* 

Department of Psychology, New York, NY

Major: Psychology (cum laude)

Honors: Recipient of Founders Day Award

## PROFESSIONAL LICENSES

**2009-Present** State of New York

Licensure in Psychology, License Number 018335

**2009-Present** State of Rhode Island and Providence Plantations

Licensure in Psychology, License Number PS01124

#### **CLINICAL EXPERIENCE**

2014-Present Licensed Clinical Psychologist/Director of Clinical Services

Center for Autism and Related Disabilities, University at Albany – SUNY Albany NY

SUNY, Albany, NY

Duties: Provide comprehensive autism diagnostic services to

individuals with a suspected or confirmed autism spectrum disorder (ASD) diagnosis, including conducting clinical interviews, administering psychological, developmental, and adaptive assessments, conducting autism specific testing using the Autism Diagnostic Observation Schedule (ADOS), providing face-to-face feedback and a written report with detailed treatment recommendations; provide supervision and training to clinical psychology doctoral students in addition to graduate and undergraduate students in related disciplines on assessing individuals with ASD or suspected ASD using gold standard diagnostic tools such as

the ADOS; coordinate the clinical operations of the

diagnostic clinic.

2009-Present Trainer/Consultant

Center for Autism and Related Disabilities, University at Albany –

SUNY, Albany, NY

Duties: Assist with the development of training programs related to

best practices for school personnel, families, and other community professionals throughout New York State; conduct various training programs (large and small group)

across the state; provide technical assistance and

consultation to specific constituent groups; assist program and administrative staff in the development and execution of CARD programs (e.g., conferences, family events,

autism awareness activities).

#### 2007-2009 Post-Doctoral Fellow

# Alpert Medical School of Brown University/Bradley Hospital, Providence, RI

Center for Autism and Developmental Disabilities

Duties: Provided individual and group therapy to children and

adolescents with combined developmental disabilities and psychiatric conditions on the inpatient unit; conducted cognitive and adaptive assessments of children and adolescents with combined developmental and psychiatric diagnoses; provided consultation services to a residential

house consisting of eight individuals on the autism spectrum exhibiting behavioral difficulties.

Supervisor: Barbara Tylenda, Ph.D., ABPP, Chief Psychologist,

Bradley Hospital.

## 2006-2007 Pre-Doctoral Intern

May Institute, Randolph, MA

## **Major Rotation**

**School Consultation Services** 

Duties: Provided consultation services to private and public schools

for students with learning and/or behavior problems, both on an individual case and whole classroom basis; provided

consultation services for students in home and/or community settings as needed; conducted behavioral

assessments and diagnostic evaluations.

Supervisors: Bob Putnam, Ph.D., BCBA, Senior Vice President of

Consultation, May Institute.

Sandra Pierce-Jordan, Ph.D., BCBA, Senior Educational

Consultant

# **Minor Rotation**

The National Autism Center

Duties: Conducted diagnostic evaluations of children suspected of

having an Autism Spectrum Disorder using state-of-the-art diagnostic instruments, including the Autism Diagnostic

Observation Schedule (ADOS) and tests of cognitive and adaptive functioning; synthesized testing results and provide feedback regarding diagnosis to families; participated in the National Standards Project.

Supervisors: Jennifer Phillips, Ph.D.

Laura Fisher, Psy.D., National Autism Center

2005 Therapist

Preventing Challenging Behavior with Positive Family Intervention Study, U.S. Department of Education

University of South Florida St. Petersburg, St. Petersburg, FL University of Albany, State University of New York, Albany, NY

Duties: Met with parent(s) 1 ½ hours each week for 8

sessions to provide training in Positive Behavior Support (PBS), consisting of conducting functional

behavior assessments and assisting in the

development of a behavior plan for their child as part of a multi-site research project; provided optimism training using cognitive restructuring techniques to parents in some of the conditions in

addition to the education on PBS.

Supervisors: Kristin V. Christodulu, Ph.D., Site Coordinator

V. Mark Durand, Ph.D., Project Director Meme Hieneman, Ph.D., Research Coordinator

2004-2005 Practicum Intern

Berkshire Farm Center and Services for Youth, Canaan, NY

Duties: Provided assessment and individual therapy to

adjudicated adolescent males in a residential treatment facility; co-lead and planned weekly group for boys with sexually problematic behaviors; conducted intake assessments for

incoming adolescents.

Supervisors: Sahli A Cavallaro, Ph.D.

Patricia O'Gorman, Ph.D., Chief Psychologist

2003-2004 Clinical Trainee

Psychological Services Center, University at Albany, State University

of New York, Albany, NY

Duties: Provided psychological assessment and individual

therapy to a community-based sample of both children and adults presenting with a range of

mental health concerns.

Supervisors: *Drew Anderson*, Ph.D.

Leslie Halpern, Ph.D., Director of Clinical Training

George Litchford, Ph.D.

2002 Autism Behavior Therapist

Irmo, SC

Duties: Taught adolescent with high-functioning autism in

academic areas and social skills; used verbal behavior based therapy as well as applied behavior

analysis and structured teaching techniques; developed a reinforcement schedule and behavior modification program to manage self-stimulatory

behavior and pica.

Supervisor: Ashley Collins, M.Ed., Carolina Autism Resource

and Evaluation School of Medicine, Department of

Pediatrics, University of South Carolina

2001-2002 Clinical Trainee

The Center for Disability Resources Developmental Pediatric Clinic, School of Medicine, University of South Carolina Affiliated Program,

Columbia, SC

Duties: Observed children through one-way mirror to assist

a team of interns, psychologists, psychiatrists, and

genetic counselors in attaining a diagnosis.

Supervisor: Michael Cuccaro, Ph.D.

2000-2002 Autism Behavior Therapist

Columbia, SC

Duties: Taught a child with autism in a home based program

combining applied behavior analysis with structured teaching techniques; provided intensive training in the areas of communication, academics, social skills, emotional identification and expression, and daily living skills; managed behaviors such as aggression and self-

skills; managed behaviors such as aggression and selfinjurious behavior using behavior modification; collected detailed data of daily progress; participated in weekly treatment team meetings providing input to program development and consultation with family regarding generalization of behaviors targeted in tutoring session;

helped administer educational tests.

Supervisors: Merv Wagner, Ph.D., University of South Carolina

Jean Halloran, Advanced Clinical Psychology Doctoral Student, University of South Carolina

Fall 1999 Teaching Assistant

Child Development Center's Therapeutic Nursery,

New York, NY

Duties: Used the Greenspan model and Picture Exchange

Communication System (PECS) in assisting with the classroom instruction of three-year-olds with

Pervasive Developmental Disorder.

Supervisor: *Margo Bayroff*, M.S., C.S.W.

#### RESEARCH EXPERIENCE

2009-Present Research Coordinator

Center for Autism and Related Disabilities, University at Albany -

SUNY, Albany, NY

2007-2009 Post-Doctoral Fellow

Alpert Medical School of Brown University/Bradley Hospital,

Providence, RI

**Brown Center for Children at Risk** 

Duties: Principal Investigator on study comparing listener's

perception of cry samples of infants with and without a later diagnosis of autism; conducted focus group and collected pilot data on descriptors of the cries of infants with autism; study coordinator of a federally funded study examining the acoustic properties of cries from infants later

diagnosed with autism; assist with IRB submission, recruitment, data collection, and data analysis.

Supervisor: Stephen Sheinkopf, Ph.D., Assistant Professor (Research),

Department of Psychiatry and Human Behavior.

**Center for Autism and Developmental Disabilities** 

Duties: Principal Investigator on an ongoing multiple baseline

study comparing the use of an empirically supported manualized group CBT program for children with anxiety symptoms with and without a diagnosis of high functioning autism (HFA) or Asperger Syndrome; developed research plan and designed study; completed IRB application; recruit subjects for the study; coordinate and lead

research meetings.

Supervisor: J. Zen Meservy, M.D., Attending Psychiatrist

2006-2007 Pre-Doctoral Intern

May Institute, Randolph, MA

**Major Rotation** 

**School Consultation Services** 

Duties: Conducted and presented single-subject case design study

using data collected from clinical case; co-developer of an assessment tool for school districts to ascertain "inclusion

readiness"; performed analysis comparing special

education costs on a district-wide level.

Supervisor: Bob Putnam, Ph.D., BCBA, Senior Vice President of

Consultation, May Institute.

2002-2006 Graduate Research Assistant

Center for Autism and Related Disabilities, Department of Psychology, University at Albany, SUNY

Duties: Assist in designing and implementing research

projects, including administering and scoring assessments, gathering measures, and providing treatment; supervise undergraduate students in research related assessment and treatment; assist in

grant writing responsibilities; aid in the

development of programs to support individuals with autism spectrum disorders based on current research in the field; develop and conduct trainings for parents and teachers based on the principles of

Positive Behavior Support.

Supervisors: Kristin V. Christodulu, Ph.D., Director, Center for

Autism and Related Disabilities, Visiting Assistant Professor, Department of Psychology, University at

Albany, State University of New York

V. Mark Durand, Ph.D., Professor of Psychology,

University of South Florida St. Petersburg

2001-2002 Research Assistant

University of South Carolina, Columbia, SC

Duties: Assisted with ascertainment and determination of clinical

aspects of autism in the genetic study of autism project funded by the National Institutes of Health; administered measures of adaptive functioning (Vineland Adaptive Behavior Scales) to caregivers; participated in weekly

research meetings.

Supervisor: *Michael Cuccaro*, Ph.D.

Fall 1999 Research Assistant

**Clinical Psychology Department, New York University** 

Duties: Administered tests to subjects and collected data for

a study looking at the mental representations people

store for controlling versus non-controlling

significant others.

Supervisor: Susan Anderson, Ph.D., New York University

Spring 1999 Research Assistant

Social Psychology Department, New York University

Duties: Attended weekly meetings and gave input on the

final planning of a large research project studying the formation of identity in immigrant children.

Supervisor: Diane Ruble, Ph.D., New York University

#### TEACHING EXPERIENCE

2009 Invited Guest Lecturer

Intellectual Disability & Co-Morbid Psychiatric Disorder (Medical Residents), Alpert Medical School of Brown University, Department of Psychiatry and Human Behavior

Duties: Presented lecture to medical residents on the field of

Intellectual Disability, including assessment strategies, developmental challenges, co-morbid disorders, and

treatment approaches.

2008 Invited Guest Lecturer

Cognitive Development in Autism (Undergraduate Level) Brown University, Department of Cognitive Science

Duties: Presented seminar to undergraduate class on past and

present interventions for individuals with autism spectrum

disorders.

2003-2006 Graduate Teaching Assistant

Childhood Behavior Disorders (Undergraduate Level) University at Albany, SUNY, Department of Psychology

Duties: Presented guest lectures to undergraduate classes of

approximately 150-200 students on topics of Attention Deficit/Hyperactivity Disorder, Autism,

and Conduct Disorder.

Supervisor: Kristin V. Christodulu, Ph.D.

2005 Graduate Teaching Assistant

**Experimental Design (Undergraduate Level)** 

University at Albany, SUNY, Department of Psychology

Duties: Responsible for the preparation and presentation of

course material; designed, administered, and scored

examinations related to lecture material.

Supervisor: James H. Neely, Ph.D.

#### ADMINISTRATIVE AND SUPERVISORY EXPERIENCE

2009 - Present Research Team Coordinator

Duties: Provide supervision to graduate and undergraduate students

on research and administrative duties at the Center for Autism and Related Disabilities; hold monthly supervision

meetings.

2007-2009 Intern Supervisor

# Predoctoral Clinical Psychology Internship Program, Alpert Medical School of Brown University

Duties: Provided supervision to pre-doctoral interns during their

rotation at the Center for Autism and Developmental Disabilities; held weekly supervision meetings.

## 2002-2006 Practicum Coordinator

Autism Distance Education Network, Center for Autism and Related Disabilities, Department of Psychology, University at Albany, SUNY

Duties: Coordinate between practicum sites and students

participating in the practicum portion of the autism distance education courses, *Autism III*; contact supervisors and monitor the student's progress in the practicum; answer questions regarding practicum requirements; disseminate and collect evaluation forms from supervisors regarding student

performance.

# 2003-2006 Sibling Programs Director

Center for Autism and Related Disabilities, Department of Psychology, University at Albany, SUNY

Duties: Responsible for creating, organizing, and leading

programs for the siblings of individuals with autism

spectrum disorders; conduct research on the effectiveness of the programs and use the

information to enhance the curriculum; supervise both staff and undergraduates in the implementation

of the programs.

## 2005 Research Team Leader

Center for Autism and Related Disabilities, Department of Psychology, University at Albany, SUNY

Duties: Organized and set the agenda for bi-weekly team meetings

to discuss the progress of ongoing research projects; compiled task analysis for all research projects; supervised team members and ensured timely completion of tasks.

# 2004-2005 Co-Chair, Fundraising Committee

Center for Autism and Related Disabilities, Department of Psychology, University at Albany, SUNY

Duties: Organized meetings with committee composed of

community members, parents, and professionals to discuss mechanisms for raising funds for the Center for Autism and Related Disabilities; created a task analysis for fundraising events including a Comedy

Fundraiser and the 2<sup>nd</sup> Annual Benefit.

## MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- ❖ American Psychological Association (APA)
- ❖ Association for Behavioral and Cognitive Therapies (ABCT)
- ❖ Association for Positive Behavior Support (APBS)

## PUBLICATIONS AND PRESENTATIONS

- Durand, V.M., Hieneman, M., Clarke, S., Wang, M., & **Rinaldi, M. L.** (in press). Positive family intervention for severe challenging behavior: A multi-site randomized clinical trial. *Journal of Positive Behavior Interventions*.
- Sheinkopf, S. J., Iverson, J. M., **Rinaldi, M. L**., & Lester, B. M. (2012). Acoustic properties of pain and non-pain cries in infants at-risk for autism. *Autism Research*, *5*(5), 331-339.
- Christodulu, K.V., **Rinaldi, M.L**., Knapp-Ines, K., Hiruma, L., & Constanzo, V. (2012). *Impact of a multidisciplinary parent education program on families of children recently diagnosed with ASD*. Poster presented at the 2012 International Meeting for Autism Research (IMFAR), Toronto, Canada.
- Hiruma, L., Christodulu, K.V., & **Rinaldi, M.L.** (2012). *Impact of a student's diagnosis of autism on general education teachers' attitudes*. Poster presented at the 2012 International Meeting for Autism Research (IMFAR), Toronto, Canada.
- **Rinaldi, M.L.**, Christodulu, K.V., & Durand, V.M. (2012). *Barriers to successful training in positive behavior support: Predictors of attrition and success.* Poster presented at the 2012 International Meeting for Autism Research (IMFAR), Toronto, Canada.
- Christodulu, K.V., **Rinaldi, M.L**., Knapp-Ines, K., & Hiruma, L. (2011). *Education program for Parents of Children Recently Diagnosed with Autism.* Poster presented at the 2011 OCALI Conference and Exposition, Columbus, OH.
- Hiruma, L., Christodulu, K.V., & **Rinaldi, M.L.** (2011). *Impact of a student's diagnosis of autism on general education teachers' attitudes*. Poster presented at the 2011 OCALI Conference and Exposition, Columbus, OH.
- Knapp-Ines, K.V., **Rinaldi, M.L.**, & Christodulu, K.V. (Summer, 2011). Assisting parents in the struggle to access science-based information and treatment for their children with ASD. *Autism Spectrum News*, *4*(1), 14.
- **Rinaldi, M.L.,** Christodulu, K.V., Knapp-Ines, K., & Hiruma, L. (2011). *Education program for parents of children recently diagnosed with autism.* Poster presented at the Penn State National Autism Conference. State College, PA.

Hiruma, L., Christodulu, K.V., & **Rinaldi, M.L.** (2011). *Impact of a student's diagnosis of autism on general education teachers' attitudes*. Poster presented at the Penn State National Autism Conference. State College, PA.

- Simon-Friedfel, L., Christodulu, K.V., **Rinaldi, M.L**., Costanzo, V., & Damoretcki, N. (2011). School Consultation Project: Building capacity of school teams to support students with autism spectrum disorders. Poster presented at the Penn State National Autism Conference. State College, PA.
- Christodulu, K.V., **Rinaldi, M.**, & Malone, T. (Summer, 2010). "So, Now What?" Help for parents of children newly diagnosed with autism. *Autism Spectrum News*, 3(1), 22.
- Hieneman, M., Durand, V.M., Clarke, S., Casper, L., Knapp-Ines, K., Milnes, S., **Rinaldi, M.**, & Christodulu, K.V. (2010). Positive Family Intervention: Addressing parental thoughts to promote PBS. *Association for Positive Behavior Support Newsletter*, 8(1), 2-4.
- Durand, V.M., Hieneman, M., Clarke, S., & **Zona, M.** (2009). Optimistic parenting: Hope and help for parents with challenging children. In W. Sailor, G. Dunlap, G. Sugai, & R. Horner (Eds.), *Handbook of positive behavior support* (pp., 233-256). New York: Springer.
- **Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2008, March). *Barriers to successful training in Positive Behavior Support: Predictors of attrition and success.* Poster presented at the 12<sup>th</sup> Annual Research Symposium on Mental Health Sciences, Alpert Medical School of Brown University, Providence, RI.
- **Zona, M.** & Christodulu, K. V. (2007, March). *Barriers to Successful Training in PBS: Predictors of Family Attrition*. Association for Positive Behavior Support. Boston, MA.
- Kietzman, E., Simon, L., O'Connor, T., Christodulu, K. V., & **Zona, M.** (2007, March). Bringing Positive Behavior Support Home: Empowering Families to Enhance Their Child's Life. Association for Positive Behavior Support. Boston, MA.
- Christodulu, K. V. & **Zona, M.** (2007, March) Evaluating Sibling and Parent Relationships in Families of Children with Autism. Association for Positive Behavior Support. Boston, MA.
- Hieneman, M. & **Zona, M.L.**, (2006, March). Working with "Reluctant" Families: Combining PBS with Optimism Training. Association for Positive Behavior Support. Reno, NV.

**Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2005). Challenging behavior. In J. Neisworth & P. Wolfe (Eds.), *The Autism Encyclopedia*. Baltimore, MD: Paul H. Brookes.

- **Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2005). Functional communication training. In J. Neisworth & P. Wolfe (Eds.), *The Autism Encyclopedia*. Baltimore, MD: Paul H. Brookes.
- **Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2005). Functional equivalent alternative behavior. In J. Neisworth & P. Wolfe (Eds.), *The Autism Encyclopedia*. Baltimore, MD: Paul H. Brookes.
- **Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2005). Motivation assessment scale. In J. Neisworth & P. Wolfe (Eds.), *The Autism Encyclopedia*. Baltimore, MD: Paul H. Brookes.
- **Zona, M.L.**, Christodulu, K.V., & Durand, V.M. (2004, October). *Providing Social Support for Siblings of Children with Autism: An Evaluation of the SibShop Model*. Poster presented at the 9<sup>th</sup> Annual Center for School Mental Health Assistance Conference on Advancing School-Based Mental Health. Dallas, TX.
- **Zona, M.L.** (2004, April). Siblings of Children with an Autism Spectrum Disorder: Psychosocial Development, Sibling Relationships, and Support Workshops. Fulton-Montgomery Autism Society of America, Lexington Family Services, Gloversville, NY.

# REFERENCES UPON REQUEST

- 1. Kristin V. Christodulu, Ph.D., Director, Center for Autism and Related Disabilities, Department of Psychology, University at Albany, State University of New York, Albany, NY 12222; kvchristodulu@albany.edu
- 2. V. Mark Durand, Ph.D., Professor of Psychology, University of South Florida St. Petersburg, St. Petersburg, FL 33701; vdurand@mail.usf.edu
- 3. Laura Fisher, Psy.D., ASD Diagnostic Clinic Director, National Autism Center, May Institute, 41 Pacella Park Drive, Randolph, MA 02368
- 4. Robert F. Putnam, Ph.D., Senior Vice President, Consultation Services, May Institute, 41 Pacella Park Drive, Randolph, MA 02368
- 5. Stephen Sheinkopf, Ph.D., Associate Professor of Psychiatry & Human Behavior, Brown Center for the Study of Children at Risk, Woman & Infants Hospital, 101 Dudley Street, Providence, RI 02905; Stephen\_Sheinkopf@brown.edu; 401-274-1122 x 8906

6. Barbara Tylenda, Ph.D., ABPP, Chief Psychologist, Center for Autism and Developmental Disabilities, Bradley Hospital, 1011 Veterans Memorial Parkway, East Providence, RI 02915