

## Drew A. Anderson

### Curriculum Vitae

(last revision 7/2/12)

#### **BIOGRAPHICAL**

Date of Birth: August 16, 1968

Work Address: University at Albany, SUNY  
Department of Psychology  
1400 Washington Ave.  
Albany, NY 12222

Work Phone: (518) 442-4835

Work Fax: (518) 442-4867

Email Address: drewa@albany.edu

#### **LICENSES**

Licensed Clinical Psychologist, New York State (# 013983)

#### **FACULTY APPOINTMENTS**

2004 - present Associate Professor. University at Albany, SUNY, Department of Psychology

2004 - 2010 Medical Staff. Albany Medical College, Department of Psychiatry (with clinical privileges)

2001 - present Adjunct Assistant Professor. Albany Medical College, Department of Medicine

1998 - 2004 Assistant Professor. University at Albany, SUNY, Department of Psychology

1997 - 1998 Instructor. University of Pennsylvania School of Medicine, Department of Psychiatry, Weight and Eating Disorders Program

#### **EDUCATION**

1997 Ph.D. in Clinical Psychology. Louisiana State University, Baton Rouge, LA (APA accredited). Dissertation: *The role of binge eating disorder in the estimation of food intake of obese individuals.*

Minor: Behavioral Neurology.

Major Professor: Donald A. Williamson, Ph.D.

Minor Professor: Michael F. Hawkins, Ph.D.

1996-1997 Predoctoral Fellow. University of Pennsylvania School of Medicine, Weight and Eating Disorders Program.

Supervisors: Gary D. Foster, Ph.D., Thomas A Wadden, Ph.D.

1995-1996 Predoctoral Internship in Clinical Psychology. University of Mississippi Medical Center/ Department of Veterans Affairs Medical Center Consortium, Jackson, MS (APA accredited).

Rotations: *Behavioral Consultation and Education Program*, supervisor: Philip R. Godding, Ph.D.; *Chemical Dependence Treatment Program*, supervisors: James M. Fitterling, Ph.D., Jefferson D. Parker, Ph.D.; *Eating Disorders*, supervisor: William G. Johnson, Ph.D.; *Health Psychology*, supervisor: Patricia M. Dubbert, Ph.D.

1994 M.A. in Clinical Psychology. Louisiana State University, Baton Rouge, LA (APA accredited). Thesis: *Development of a treatment outcome measure for eating disorders.*

Major professor: Donald A. Williamson, Ph.D.

1990 B.A. in Psychology. University of Texas at Austin, Austin, TX.

Minor: Sociology.

### **ADMINISTRATIVE EXPERIENCE**

2010 – present Director of Clinical Training. University at Albany, SUNY

1998 - present Director. Weight and Eating Disorders Laboratory, University at Albany, SUNY

1995 Chief Resident. University of Mississippi Medical Center/ Department of Veterans Affairs Medical Center Consortium, Jackson MS.

### **TEACHING EXPERIENCE**

#### **Graduate courses**

Clinical Methods I: Assessment (APSY 670)

Clinical Methods II: Psychotherapy and Behavior Change (APSY 671)  
Clinical Methods III: Psychotherapy (APSY 672)  
Practicum in Assessment and Intervention (APSY 676B)  
Practicum in Clinical Assessment (APSY 675B)  
Professional Issues in Clinical Psychology (APSY 677A)  
Seminar in Obesity and Eating Disorders (APSY 780S, 780R)

**Undergraduate courses**

Abnormal Psychology (APSY 338, 338Z)  
Health Psychology (APSY 329)  
Independent Study (APSY 297, 397, 397Z)  
Self-Directed Behavior Change (APSY 450Z)

**PROFESSIONAL MEMBERSHIPS**

Academy for Eating Disorders  
Association for Behavioral and Cognitive Therapies (formerly the Association for the  
Advancement of Behavior Therapy)  
Eating Disorders Research Society

**ELECTED POSITIONS**

2002 - 2005 Chair, Obesity and Eating Disorders Special Interest Group of the Association for  
the Advancement of Behavior Therapy

**AWARDS AND HONORS**

2008 Excellence in Teaching Award, Psi Chi, University at Albany– SUNY.

2002 First Prize for Research Presentations, NY State Academy of Family Physicians  
Research Forum (Family Physician category). Topic: The Lifestyle Challenge  
program: A multidisciplinary approach to weight management.

2000 Excellence in Teaching Award, Psi Chi, University at Albany– SUNY.  
Individual Development Award, New York State/United University Professions;  
(competitive award; \$1000; returned because of project time constraints).

1998 Individual Development Award, New York State/United University Professions;  
(competitive award; \$750).

1997 Graduate Student Researcher Award. Association for the Advancement of Behavior Therapy- Obesity and Eating Disorders Special Interest Group; (competitive award).

## **SERVICE ACTIVITIES**

### **National/International**

2011 - Present Member. Scientific Program Planning Committee for the Academy for Eating Disorders 2013 International Conference on Eating Disorders

2009 - 2011 Co-Chair. Scientific Program Planning Committee for the Academy for Eating Disorders 2011 International Conference on Eating Disorders

2009- present Member. Association for Behavioral and Cognitive Therapies Ad-hoc Facebook Guidelines Committee

2008 - 2009, Member. Scientific Program Planning Committee for the Academy for Eating Disorders 2009 International Conference on Eating Disorders

2007 – 2010 Member. Publications Committee of the Association for Behavioral and Cognitive Therapies

2006 - 2011 Co-Chair (founding). Assessment Special Interest Group of the Academy for Eating Disorders

2006 - 2011 Member. Research-Practice Task Force of the Academy for Eating Disorders

2006 Reviewer. Veni Programme, Netherlands Organisation for Scientific Research (NWO)

2005 - 2008 Member. Membership Recruitment and Retention Committee of the Academy for Eating Disorders

2005 Reviewer. Open programme grant procedure, Dutch Social Science Research Council of the Netherlands Organization for Scientific Research (NWO)

2004 - 2005, Member. Scientific Program Planning Committee for the Academy for Eating  
2008 - 2009 Disorders 2005 International Conference on Eating Disorders

2004 - 2005 Abstract reviewer. Reviewer for the Academy for Eating Disorders International  
Conferences on Eating Disorders

1998 - 1999, Member. Program Committee for annual meetings of the Association for the  
2001 - 2011 Advancement of Behavior Therapy/ Association for Behavioral and Cognitive  
Therapies

1999, 2000 Reviewer. Dissertation grant program for the Society for a Science of Clinical  
Psychology

### **Community**

2008- 2009 Member. New York State Department of Labor Child Performer Advisory Board

2006 - 2009 Member. Northeast Comprehensive Care Center for Eating Disorders Advisory  
Committee

2004 - 2006 Member. Advisory committee of the Diabetes Self-Management Education  
Program of the Goodman Diabetes Service of Albany Medical Center

2004, 2006 Judge. Upstate New York Junior Science and Humanities Symposium

2003 - 2004 Member. New York State Physical Activity and Nutrition steering committee  
(funded by the Centers for Disease Control and Prevention)

2000 - 2004 Member. New York State Physical Activity Coalition Strategic Planning  
Committee (affiliated with the National Coalition for Promoting Physical Activity)

2000, 2001 Abstract reviewer. Upstate New York Junior Science and Humanities Symposium

1999 - 2008 Member. Capital Region Association for Eating Disorders  
President, 2004 - 2008  
Vice-president, 2000 - 2004  
Board of directors, 2000 - 2008

Campaign committee, 2000 - 2001  
Education committee, 1999 – 2003

**University**

2008- present Member. President’s Advisory Committee for the Prevention of Sexual Assault

2010- 2011 Chair. Staff Psychologist/Coordinator for Sexual Assault Prevention Search Committee.

2010- 2011 Chair. Staff Psychologist/Middle Earth Peer Assistance Program Search Committee

1998 - 2011 Member. Institutional Review Board  
Biomedical Review Board, 2001 - 2005  
Human Subjects Review Board, 1998 - 2011

2006- 2008 Member. President’s Advisory Council on the Prevention of Alcohol Abuse and Other High-Risk Behaviors

2006 Member. University Counseling Center: Sports Psychologist Search Committee

2005 Chair. University Counseling Center: Staff Psychologist/Addictive Behaviors Specialist and Staff Psychologist/Coordinator for Alcohol Intervention Services Search Committee

2006 - 2010 Member. Faculty Senate Council of Research  
Institutional Review Board Policy Review Committee  
Member, 2003 - present  
Chair, 2006 - present  
FRAP-A Award Review Committee  
Member, 2007 - 2008

2003 - 2004 Member. Research subcommittee of the University’s Health Insurance Portability and Accountability Act (HIPAA) committee

2002-2003 Member. Faculty Senate Council on Libraries, Information Systems and Computing

- 2002            Member. University Counseling Center: Staff Psychologist/ADAP Coordinator Search Committee
- 1999            Chair. Office for Sponsored Programs: Compliance Officer Search Committee
- 1998 - 2004    Member. University Faculty Mentor Program

**Departmental**

- 2009- 2010    Co-Advisor, Psi Chi
- 2009- 2010    Member, Tenure Committee for Elana Gordis, Ph.D.
- 2008- 2009    Member, Social Committee
- 2006- 2008    Member, Executive Committee
- 2006- 2008    Member, Graduate Committee
- 2006- 2008    Member, Honors workgroup
- 2006- 2007    Member, Faculty Search Committee- Addictive behaviors specialist
- 2005 - 2006    Member, Colloquium/Social Functions Committee
- 2002            Representative, University Spring Open House
- 2001- 2008    Member, Assessment Committee
- 2001-2005,    Co-chair, Clinical Graduate Student Interview Day Committee  
2007 - present
- 2000- 2007    Member, Human Subjects Committee
- 1998-1999    Member, Faculty Search Committee– Clinical

**HONORS, 600 PROJECT, THESIS, AND DISSERTATION COMMITTEES**

Undergraduate honors project advisor

Talia Ashworth (2005-2007)

Jacalyn Dillon (2009-2011)  
Nicole Gabay (2006-2008)  
Tara Gerstman (1999-2001)  
Chelsea Greenwood (2010-2012)  
Robert Hendricks (2008-2019)  
Jodi Leitner (1999-2001): Recipient of a 2000-2001 Psychology Department Outstanding  
Research Award  
Jenna Lutz (2010-2012)  
Andrea Murray (2005-2007)  
Rachel Morier (2000-2002)  
Monica Schurr (2000-2003)  
Eric Shyman (1999-2001): Recipient of a 2001 University at Albany Presidential Award for  
Undergraduate Research  
Susan Strabler (1999-2001)

600 project advisor

Kyle De Young (completed summer 2008)  
Jason Lavender (completed summer 2007)  
Jennifer Lundgren (completed summer 2001)  
Kathleen Maloney (completed summer 1999)  
Suzanne Milnes (completed summer 2006)  
Andrea Murray (completed summer 2009)  
Caroline Paulosky (completed summer 2003)  
Katherine Schaumberg (completed summer 2011)  
Jennifer Shapiro (completed summer 2001)  
Angela Simmons (completed summer 2005)  
Catherine Walker (completed summer 2008)

Masters thesis committees

Kyle De Young (chair; defended summer 2008)  
Jason Lavender (chair; defended fall 2007)  
Jennifer Lundgren (chair; defended fall 2001)  
Kathleen Maloney (chair; defended fall 1999)  
Suzanne Milnes (chair; defended spring 2007)  
Andrea Murray (chair; defended fall 2009)  
Caroline Paulosky (chair; defended fall 2003)



Catherine Schaumberg (chair; defended fall 2011)  
Jennifer Shapiro (chair; defended fall 2001)  
Angela Simmons (chair; defended fall 2006)  
Catherine Walker (chair; defended summer 2008)  
John Agee (defended spring 2003)  
Lee Ashendorf (defended spring 2002)  
Lily Benjamin (defended summer 2002)  
Marios Constantinou (defended summer 2001)  
Carlos Finlay (defended spring 2003)  
Christoffer Grant (defended spring 2006)  
Laurie Keefer (defended spring 2000)  
Loretta Malta (defended summer 2000)  
Daniel Munoz (defended fall 2004)  
Sidney O'Brien (defended spring 2002)  
Amy Starosta (defended fall 2011)  
Karin Tochkov (defended fall 2003)  
Jana Vanderslice-Barr (proposed summer 2010)

Dissertation committees

Kyle De Young (chair; defended summer 2011)  
Jason Lavender (chair; defended summer 2011)  
Jennifer Lundgren (chair; defended summer 2003)  
Daniel Munoz (chair; defended fall 2006)  
Jennifer Shapiro (chair; defended fall 2003): Recipient of an American Psychological Association  
Doctoral Dissertation award; Recipient of the 2002 Research Excellence Award by the  
Graduate Student Organization at the University at Albany)  
Angela Simmons (chair; defended spring 2008)  
Catherine Walker (chair; proposed fall 2009)  
John Agee (defended summer 2006)  
Lee Ashendorf (defended spring 2005)  
Lyndsey Bauer (defended spring 2006)  
Robert Bednarczyk (public health; defended spring 2010)  
Debra Bruns (I/O psychology area; proposal expected 2012)  
Jennifer Bremser (behavioral neuroscience area; defended summer 2011)  
Marios Constantinou (defended spring 2003)  
Kevin Duff (defended spring 2001)

Christy Duffy-Paiement (counseling psychology program; defended spring 2009)  
Rayna Erickson (defended fall 2008)  
Amanda Ferrier (counseling psychology program; defended spring 2006)  
Carlos Finlay (defended summer 2005)  
Brandon Gavett (defended summer 2006)  
Tara Galovski (defended fall 2000)  
Christoffer Grant (defended fall 2011)  
Adam Haim (defended fall 2002)  
Kelly Horner (defended spring 2010)  
Julie Horwitz (defended summer 2009)  
Laurie Keefer (defended spring 2003)  
Alison Looby (defended summer 2011)  
Loretta Malta (defended spring 2004)  
Marilyn McKee (counseling psychology program; defended spring 2006)  
Suzanne Milnes (defended fall 2011)  
Sidney O'Brien (defended spring 2003)  
Angali Palav (defended summer 2003)  
Asani Seawell (defended summer 2007)  
Elizabeth Santa Anna (defended spring 2005)  
Elisaveta Slessareva (social psychology area; defended spring 2003)  
Karin Tochkov (defended summer 2007)  
Miriam Weber (defended summer 2003)  
Holly Westervelt (defended summer 1999)  
Christine Yantz (defended summer 2007)

### **EDITORIAL POSITIONS**

2008 - 2010 Editor. *the Behavior Therapist*

2003 - present Editorial Board. *Body Image: An International Journal*

2004 - 2007 Associate Editor. *The Behavior Therapist.*

2000 - 2004 Editor. *Inside Issues* (Newsletter of the Capital Region Association for Eating Disorders)

1998 - 2001 Editor, *Obesity and Eating Disorders Newsletter* (Official publication of the Association for the Advancement of Behavior Therapy- Obesity and Eating Disorders Special Interest Group).

Ad Hoc Reviewer

Abnormal Psychology

Annals of Behavioral Medicine

Appetite

Behavior Modification

Behavior Therapy

Behaviour Research and Therapy

British Journal of Nutrition

Cognition and Emotion

Cognitive Therapy and Research

Comprehensive Psychiatry

Culture, Medicine and Psychiatry

Current Directions in Psychological Science

Eating & Weight Disorders

Eating Behaviors

Ecology of Food and Nutrition

European Review of Applied Psychology

International Journal of Eating Disorders

International Journal of Obesity

Journal of the American Dietetic Association

Journal of Consulting and Clinical Psychology

Journal of Gerontology: Medical Sciences

Journal of Health Psychology

Journal of Behavior Therapy and Experimental Psychiatry

Journal of Personality and Social Psychology: Personality Processes and Individual Differences

Journal of Psychopathology and Behavioral Assessment

Journal of Women's Health

Medical Principles and Practice

Motivation and Emotion

Obesity Research

Perceptual and Motor Skills

Personality and Individual Differences

Psychological Assessment  
Psychological Bulletin  
Psychological Reports  
Psychoneuroendocrinology  
Social Sciences and Medicine  
Spanish Journal of Psychology  
Women in Health  
Blackwell Publishing Company (book review)  
Prentice Hall (book review)

## **GRANTS**

### **Awarded**

- 2008      Project Reach: Addressing Violent Crimes Against Women at the University at Albany, State University of New York. (Evaluator; Principal Investigator: Estela M. Rivero, Ph.D, University at Albany.) Sponsor: Substance Abuse and Mental Health Services Administration, Center for Mental health Services; \$304,861 (Total costs). 9/30/08-9/29/11
- The STEPS Program: Expanding and Enhancing a Coordinated Response to Student Suicide on a Large Public University Campus. (Evaluator; Principal Investigator: Estela M. Rivero, Ph.D, University at Albany.) Sponsor: U.S. Department of Justice; \$299,875 (Total costs). 10/01/08-9/30/11
- 2007      Functional Contextual Treatment for Bulimia Nervosa (1R21MH074921-01A2) (Principal Investigator). Sponsor: National Institutes of Health; \$226,050 (total costs). 7/01/07-6/30/09.
- 2006      The Committee on University and Community Relations: A Model Campus-Community Partnership at a State University Center. (Evaluator; Principal Investigator: Thomas Gebhardt, University at Albany.) Sponsor: U.S. Department of Education. \$174,932 (total costs). 6/1/06-8/31/07.
- 2005      Project Friend. (Consultant; Principal Investigator: Allan Green, Ph.D., Bassett Hospital.) Sponsor: The Iams Company. \$154,783 (total costs).
- The STEPS Program: Expanding and Enhancing a Coordinated Response to Student Suicide on a Large Public University Campus. (Co-PI and Evaluator; Principal Investigator: Estela M. Rivero, Ph.D, University at Albany.) Sponsor:

U.S. Substance Abuse and Mental Health Services Administration. \$224,639 (total costs). 10/1/05–9/30/08.

- 1999 A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Parallel Group Study to Examine the Efficacy and Safety of Meridia (Sibutramine Hydrochloride) in Binge Eating Disorder (Protocol SB237) (Consultant; Principal Investigator: Sharon Alger, M.D., Albany Medical College). Sponsor: Knoll Pharmaceutical. \$6,000 (total costs).
- 1998 Predicting Individual Lipid and Lipoprotein Response to Weight Loss Treatment (Principal Investigator). Sponsor: University at Albany Faculty Research Awards Program. \$9,500 (total costs).

### **CONSULTANTSHIPS**

- 2008 - 2009 Center for Best Practices for the Prevention of Childhood Overweight and Obesity, Foundation for Healthy Living. Member of the obesity expert panel.
- 2005 - 2009 Northeastern New York Comprehensive Care Center for Eating Disorders. Responsibility for overseeing the development and implementation of uniform assessment and research procedures within the Center's service delivery area.
- 2002 - 2009 Mary Imogene Bassett Hospital, Cooperstown, NY. Consultant for ongoing research projects on weight loss treatment.
- 2000 - 2008 The CHALLENGE Program. Ongoing contract with Albany Medical College to conduct research on behavioral weight loss treatment. Contract administered by the Research Foundation of State University of New York. (Estimated yearly contract: \$3,600 - \$10,800 in direct costs).

### **INVITED WORKSHOPS, COLLOQUIA, GUEST LECTURES, AND PRESENTATIONS**

#### 2011

**Anderson, D. A.** (May, 2011). *Psychological and behavioral factors in bariatric surgery outcome*. Invited lecture presented at the Ellis Hospital Bariatric Surgery Update for Primary Care Providers, Scotia, NY.

#### 2010

**Anderson, D. A.** (March, 2010). *Publishing in clinical practice*. Invited lecture presented at the 26th annual Sports, Cardiovascular, and Wellness Nutrition (SCAN) symposium, San Diego, CA.

2009

**Anderson, D. A.** (November, 2009). *Current trends in the assessment and treatment of eating disorders*. Invited lecture presented at a meeting of the Long Island chapter of the National Eating Disorders Association, East Garden City, NY.

**Anderson, D. A.** (November, 2009). *Eating-related problems and your future*. Keynote presented at the annual Fall Leadership Conference of the New York State Health Occupations Students of America, Albany, NY.

**Anderson, D. A.** (Panel Member). (2009, November 12). *Health link with Benita Zahn. Topic: Bariatric surgery*. New York: WMHT.

**Anderson, D. A.** (November, 2009). *Health psychology*. Workshop presented at the annual Fall Leadership Conference of the New York State Health Occupations Students of America, Albany, NY.

**Anderson, D. A.** (April, 2009). *Motivation and behavior change*. Invited lecture presented at the 9th annual Eat Smart New York! Conference, Albany, NY.

2008

**Anderson, D. A.** (October, 2008). *Treating bulimia nervosa: The theory and the practice*. Invited lecture presented at Clark University, Worcester, MA.

**Anderson, D. A.** (June, 2008). *Motivation and behavior change*. Workshop presented at the Cornell Cooperative Extension, Voorheesville, NY.

**Anderson, D. A.** (May, 2008). *Practical approaches to behavior change*. Breakout session presented at the Center for Best Practices for the Prevention of Early Childhood Overweight and Obesity key stakeholder event, Albany, NY.

**Anderson, D. A., & Peterson, C. B.** (May, 2008). *Integrating theory and practice concerns into the assessment process*. Workshop presented at the annual Academy for Eating Disorders International Conference on Eating Disorders.

2007

**Anderson, D. A.** (November, 2007). *Eating disorders*. Grand rounds given at the Albany Medical College Department of Psychiatry.

**Anderson, D.A.** (June, 2007). Empirically supported psychological treatments for eating disorders. In *“Empirically Supported Psychological Treatments and Medication Management for Eating Disorders.”* Workshop presented at the first annual conference

sponsored by the New York State Comprehensive Care Centers for Eating Disorders, Albany, NY.

**Anderson, D.A.** (November, 2007). *Obesity treatment: Overview and considerations*. Guest lecture given at Albany College of Pharmacy, Albany, NY.

#### 2006

**Anderson, D.A.** (November, 2006). *Current issues in weight loss*. Guest lecture given at Albany College of Pharmacy, Albany, NY.

**Anderson, D. A.** (March, 2006). *Dietary restraint: What it is, what it isn't, and why we should care*. Colloquium given at Marywood University, Scranton, PA.

**Anderson, D. A.** (March, 2006). *Eating disorders*. Guest lecture given at University at Albany School of Social Welfare, Albany, NY.

**Anderson, D. A.** (March, 2006). *Eating disorders*. Presentation series given as part of Coxsackie-Athens High School 9th grade wellness day, Coxsackie, NY.

**Anderson, D.A.** (March, 2006). *Eating disorders*. Presentation given at Albany College of Pharmacy in conjunction with National Eating Disorders Awareness Week, Albany, NY.

**Anderson, D. A.** (2006, April). *Grad school and beyond: Getting into and working in academia*. Talk given to the University at Albany chapter of Psi Chi, Albany, NY.

**Anderson, D. A.** (March, 2006). Research. In R. Greenbaum (Chair), *Introduction to the Northeast Comprehensive Care Center for Eating Disorders (NECCCED)*. Presentation and panel discussion presented at the annual conference of the Capital Region Association for Eating Disorders, Latham, NY.

**Anderson, D.A.** (January, 2006). *Unhealthy lifestyles: How did we get into this mess and how can we get out of it?* Presentation given to the New York State Women's Government Network, Albany, NY.

#### 2005

**Anderson, D.A.** (October, 2005). *Current issues in weight loss*. Guest lecture given at Albany College of Pharmacy, Albany, NY.

**Anderson, D.A.** (March, 2005). *Eating disorders*. Presentation given at Albany College of Pharmacy in conjunction with national Eating Disorders Awareness Week, Albany, NY.

#### 2004

**Anderson, D. A.** (September, 2004). *Adult obesity treatment: What's new?* Presentation given at the New York State Department of Health annual contractor training meeting, Albany, NY.

**Anderson, D. A.** (April, 2004). *Eating disorders and obesity.* Presentation given at the Upstate New York Junior Science and Humanities Symposium, Albany, NY.

**Anderson, D. A.** (March, 2004). *Eating disorders and obesity: The psychological perspective.* Presentation given at the symposium "Childhood and adolescent eating disorders: Over eating and under eating," sponsored by the Rural Health Education Network of Delaware, Otsego, Montgomery, and Schoharie Counties, Oneonta, NY

**Anderson, D. A.** (March, 2004). *Eating disorders in the workplace.* Presentation given at the meeting of the Northeast New York chapter of the Employee Assistance Professionals Association, Albany, NY.

### 2003

**Anderson, D. A.** (January, 2003). *Behavioral treatment of obesity to improve medical comorbidities.* Keynote presentation given at "Topics in Diabetes for the Primary Care Physician" teaching day at Bassett Hospital, Cooperstown, NY.

**Anderson, D.A.** (November, 2003). *Eating disorders.* Guest lecture given at Albany College of Pharmacy, Albany, NY.

**Anderson, D. A.** (November, 2003). *Eating disorders.* Presentation given to the Capital Region Counseling Association, Loudonville, NY

**Anderson, D. A.** (March, 2003). *Psychology as a career.* Presentation given to Lansingburgh Senior High School as part of the Boy Scouts of America Learning for Life Program, Troy, NY.

**Anderson, D. A.** (October, 2003). *Psychology as a career.* Presentation given to Lansingburgh Senior High School as part of the Boy Scouts of America Learning for Life Program, Troy, NY.

**Anderson, D. A.** (Panel Member). (2003, April 1). *Health link with Benita Zahn.* New York: WMHT.

### 2002

**Anderson, D.A.** (December, 2002). *Eating disorders.* Guest lecture given at Albany College of Pharmacy, Albany, NY.



- Anderson, D.A.** (September, 2002). *Eating disorders and obesity: Recent advances and controversies*. Colloquium presented to the Department of Educational and Counseling Psychology, University at Albany-SUNY, Albany, NY.
- Anderson, D.A.** (October, 2002). *Eating disorders: Current research and considerations*. Presentation given at the annual conference of the Capital Region Association for Eating Disorders, Latham, NY.
- Anderson, D.A.** (October, 2002). *How to get your research proposal through the IRB*. Presentation given to the Department of Psychology, University at Albany-SUNY, Albany, NY.
- Anderson, D.A.** (December, 2002). *Lifestyle Challenge Program: A multidisciplinary approach to weight management*. Presentation given to the Capital Leadership class of the Albany County Chamber of Commerce, Albany, NY
- Anderson, D.A.** (October, 2002). *Obesity treatment: Overview and considerations*. Guest lecture given at Albany College of Pharmacy, Albany, NY.
- Anderson, D.A.** (March, 2002). *Prevention and treatment of eating disorders: What works and what doesn't*. Presentation given at the College of St. Rose, Albany, NY.
- Anderson, D. A.** (September, 2002). *Psychology as a career*. Presentation given to Lansingburgh Senior High School as part of the Boy Scouts of America Learning for Life Program, Troy, NY.
- Anderson, D.A.** (March, 2002). *The weight loss debate*. Continuing education workshop given at Antioch College of New England, Keene, NH.
- 2001
- Anderson, D.A.** (February, 2001). *Cognitive-behavioral therapy for bulimia nervosa*. Presentation given at Antioch College of New England, Keene, NH.
- Anderson, D. A.** (March, 2001). *Eating disorders and obesity*. Presentation given at the Upstate New York Junior Science and Humanities Symposium, Albany, NY.
- Anderson, D. A.** (February, 2001). The psychological perspective. In K. Anderson (Chair), *Eating disorders*. Panel discussion presented at the annual conference of the Capital Region Association for Eating Disorders, Latham, NY.
- Anderson, D. A.** (November, 2001). *Psychology as a career*. Presentation given to Lansingburgh Senior High School as part of the Boy Scouts of America Learning for Life Program, Troy, NY.

2000

**Anderson, D.A.** (March, 2000). *Behavioral health*. Presentation given at the conference for the University at Albany's Fort Orange Village Project, Albany, NY.

**Anderson, D.A.** (May, 2000). *Cognitive-behavioral therapy in a family practice setting*. Presentation given to family practice residents at Albany Medical College, Albany, NY.

**Anderson, D. A.** (February, 2000). *Compliance and physical activity*. Presentation given to the New York State Physical Activity Coalition, Albany, NY.

**Anderson, D. A.** (April, 2000). *Eating disorders and obesity*. Presentation given at the Upstate New York Junior Science and Humanities Symposium, Albany, NY.

**Anderson, D. A.** (November, 2000). *How to have a career as a research clinical psychologist*. Presentation given to the University at Albany chapter of Psi Chi.

**Anderson, D. A.** (February, 2000). *New views on an old problem: Prevention and treatment of obesity in the year 2000*. Keynote presentation given at the annual conference of the Capital Region Association for Eating Disorders, Latham, NY.

**Anderson, D. A.** (November, 2000). *Psychology as a career*. Presentation given to Lansingburgh Senior High School as part of the Boy Scouts of America Learning for Life Program, Troy, NY.

**Anderson, D. A.** (February, 2000). *The failure of eating disorders*. Presentation given to the University at Albany Pan-Hellenic Council, Albany, NY.

1999

**Anderson, D. A.** (March, 1999). *Advances in our understanding of eating disorders*. Colloquium presented at Student Mental Health Service, University at Albany, Albany, NY.

**Anderson, D. A.** (December, 1999). *Body image disturbance following bariatric surgery*. Presentation given to the bariatric surgery support group, Ellis Hospital, Schenectady, NY.

**Anderson, D. A.** (March, 1999). *Eating disorders and obesity*. Presentation given at the Upstate New York Junior Science and Humanities Symposium, Albany, NY.

**Anderson, D. A.** (Panel Member). (1999, December 16). *Health watch with Benita Zahn*. New York: WMHT.

1998

Wadden, T. A., **Anderson, D. A.**, & Sarwer, D. B. (July, 1998). *Implementing the behavioral treatment of obesity*. Workshop presented at the investigators' meeting for Knoll Pharmaceutical, protocol Meridia SB113, Chicago, IL.

1995

**Anderson, D. A.**, & Boraz, M. A. (December, 1995). *Stress management*. Workshop presented at the Mississippi Library Commission, Jackson, MS.

1992

**Anderson, D. A.**, & Kyper, K. (1992). *Neuropsychology lecture series*. Colloquia presented at Bridgeway Day Hospital, Baton Rouge, LA. Topics included: assessment of dementia; design and implementation of behavior plans for geriatric patients; neuroanatomy; neuropsychological rehabilitation of brain-injured patients.

## **PUBLICATIONS**

### **Refereed Journal Articles**

2012

Lavender, J. M., Gratz, K. L., & **Anderson, D. A.** (2012). Mindfulness, body image, and drive for muscularity in men. *Body Image, 9*, 289-292.

2010

De Young, K. P., & **Anderson, D. A.** (2010). The importance of the function of exercise in the relationship between obligatory exercise and eating and body image concerns. *Eating Behaviors, 11*, 62-64.

De Young, K. P., & **Anderson, D. A.** (2010). Prevalence and correlates of exercise motivated by negative affect. *International Journal of Eating Disorders, 43*, 50-58.

De Young, K. P., Lavender, J. M., & **Anderson, D. A.** (2010). Binge eating is not associated with elevated eating, weight, or shape concerns in the absence of the desire to lose weight in men. *International Journal of Eating Disorders, 43*, 732-736.

De Young, K. P., Lavender, J. M., Washington, L. A., Looby, A., & **Anderson, D. A.** (2010). A controlled comparison of the Word Repeating Technique with a word association task. *Journal of Behavior Therapy and Experimental Psychiatry, 41*, 426-432.

Frye, C. F., Paris, J. J., Franco, C., Friedenber, B., Gordis, E., **Anderson, D. A.**, Forsyth, J. P., & Wulfert, E. (2010). Sex differences in salivary cortisol in response to acute stressors among healthy participants, in recreational or pathological gamblers, and in those with posttraumatic stress disorder. *Hormones and Behavior, 57*, 35-45.

Lavender, J. M., & **Anderson, D. A.** (2010). Contribution of emotion regulation difficulties to disordered eating and body dissatisfaction in college men. *International Journal of Eating Disorders, 43*, 352-357.

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#### 2008

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### 2001

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**Anderson, D. A.,** Williamson, D. A., Johnson, W. G., & Grieve, C. O. (2001). Validity of test meals for determining binge eating. *Eating Behaviors, 2*, 105-112.

#### 2000

**Anderson, D. A.** (2000). Exposing undergraduates to behavior therapy: Self-change projects. *The Behavior Therapist, 23*, 122,128.

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Williamson, D. A., Netemeyer, R. G., Jackman, L. P., **Anderson, D. A.**, Funch, C. L., & Rabelais, J. Y. (1995). Structural equation modeling of risk factors for the development of eating disorder symptoms in female athletes. *International Journal of Eating Disorders*, *17*, 387-393.

**Book Chapters**

2010

**Anderson, D. A.**, Lavender, J. M., & De Young, K. P. (2010). The assessment process: Refining the clinical evaluation of patients with eating disorders. In M. Maine, D. Bunnell, & B. H. McGilley (Eds.). *Treatment of eating disorders: Bridging the gap between research and practice* (pp71-87). New York: Elsevier.

**Anderson, D. A.**, & Murray, A. D. (2010). Psychological assessment of the eating disorders. In W. S. Agras (Ed.), *Oxford handbook of eating disorders* (pp. 249-258). New York: Oxford University Press.

2009

**Anderson, D. A.**, De Young, K. P., & Walker, D. C. (2009). Assessment of eating disordered thoughts, feelings, and behaviors. In D. B. Allison (Ed.), *Handbook of assessment methods*



*for eating behaviors and weight-related problems* (2nd ed., pp. 397-446). Newbury Park, CA: Sage.

2008

**Anderson, D. A.** Lavender, J. M., Milnes, S. M. & Simmons, A. M. (2008). Assessment of eating disturbances in children and adolescents. In J. K. Thompson & L. Smolak (Eds.), *Body image, eating disorders, and obesity in youth* (2nd ed., pp. 193-213). American Psychological Association.

2004

**Anderson, D. A.**, Lundgren, J. D., & Morier, R. G. (2004). Eating disorders in the workplace. In J. Thomas & M. Hersen (Eds.), *Psychopathology in the workplace: Recognition and adaptation* (pp. 187-199). New York: Brunner-Routledge.

**Anderson, D. A.**, & Paulosky, C. A. (2004). Psychological assessment of eating disorders and related features. In J. K. Thompson (Ed.), *Handbook of eating disorders and obesity* (pp. 112-129). New York: Wiley.

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**Anderson, D. A.**, & Williamson, D. A. (2002). Outcome measurement in eating disorders. In W. W. IsHack, T. Burt, & L. Sederer (Eds.), *Outcome measurement in psychiatry: A critical review* (pp. 289-301). Washington, D. C.: American Psychiatric Press.

Wadden, T. A., Womble, L. J., Stunkard, A. J., & **Anderson, D. A.** (2002). Psychosocial consequences of obesity and weight loss. In T. A. Wadden and A. J. Stunkard (Eds.), *Handbook of obesity treatment* (pp. 144-169). New York: Guilford.

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Williamson, D. A., **Anderson, D. A.**, & Gleaves, D. G. (1996). Anorexia and bulimia: Structured interview methodologies and psychological assessment. In K. Thompson (Ed.), *Body image, eating disorders, and obesity: An integrative guide for assessment and treatment* (pp. 205-223). Washington, D.C.: American Psychological Association.

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**Other Publications**

2004

**Anderson, D. A.** (2004). [Review of the book *Sexual dysfunction: A guide for assessment and treatment (2nd ed.)*]. *Journal of Behavior Therapy and Experimental Psychiatry*, 35, 273-274.

2000

**Anderson, D. A.** (2000). [Review of the multifactorial assessment of eating disorders symptoms test.] In J. Maltby, C.A. Lewis, and A. Hill (Eds). *Commissioned reviews of 250 psychological tests* (pp. 84-85). Lampeter, Wales, UK: Edwin Mellen Press.

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**Anderson, D. A.** (1998). [Review of the book *Food, eating, and obesity; The psychobiological basis of appetite and weight control*]. *American Journal of Clinical Nutrition*, 68, 1309.

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Wadden, T. A., & **Anderson, D. A.** (1997). Criteria for success in the treatment of obesity [Monograph]. *Defining success in obesity management* (pp.10-16). Denver, CO: University of Colorado School of Medicine.

Wadden, T. A., & **Anderson, D. A.** (1997, October). Pharmacotherapy for obesity. *Obesity and Eating Disorders Newsletter*, 11, 1-2.

**Manuscripts in press**

Walker, D. C., Murray, A. M., Lavender, J., & **Anderson, D. A.** (*in press*). The direct effects of manipulating body checking in men. *Body Image*.

**PRESENTATIONS AND SYMPOSIA**

2012

**Anderson, D. A., & Schaumberg, K.** (2012, May). *Are intuitive eaters less sensitive to variations in portion size?* Poster presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

**Anderson, D.A., & Schaumberg, K.** (2012, November). *A behavioral economic analysis of food choice after fasting.* Poster to be presented at the 46<sup>th</sup> annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

**Anderson, D. A., & Schaumberg, K.** (2012, May). *Does short-term fasting predict binge eating?* Poster presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

Butler, M., De Young, K., & **Anderson, D. A.** (2012, May). *Emotional reactivity and dietary restraint's relationship with clinical impairment: Does the nature of the relationship depend on current weight status?* Poster presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

De Young, K. P., Butler, M., & **Anderson, D. A.** (2012, May). *Beliefs about the function of eating distinguish individuals whose binge eating is tied to negative and positive affect.* Paper presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

Greenwood, C., **Anderson, D.A., & Schaumberg, K.** (2012, November). *Marijuana use affects dietary intake in college students.* Poster to be presented at the 46<sup>th</sup> annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

Lavender, J., & **Anderson, D. A.** (2012, May). *Body image, disordered eating, and ethnic identity in Caucasian and African-American men.* Paper presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

Murray, A. D., Walker, C., & **Anderson, D. A.** (2012, May). *Manipulating perceived anonymity to assess base rates of binge eating and other impulsive behaviors in a college sample.* Paper presented at the Academy for Eating Disorder's International Conference on Eating Disorders, Austin, Texas.

Schaumberg, K., & **Anderson, D. A.** (2012, November). *Gender moderates the relationship between expectancies and bulimic symptoms.* Poster to be presented at the 46<sup>th</sup> annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.

2011

**Anderson, D. A., & Schaumberg, K. E.** (2011, September). *Behavioral economic analysis of food choice in college students*. Poster presented at the 17th annual meeting of the Eating Disorders Research Society, Edinburgh, Scotland.

**Anderson, D. A., & Schaumberg, K. E.** (2011, September). *Subscales of the three factor eating questionnaire predict binge eating and purging*. Poster presented at the 17th annual meeting of the Eating Disorders Research Society, Edinburgh, Scotland.

Walker, D. C., **Anderson, D. A., & Hildebrandt, T. B.** (2011, September). *The effects of manipulating body checking and mindfulness based mirror exposure over time in women with high shape and weight concern*. Presented at the 17th annual meeting of the Eating Disorders Research Society, Edinburgh, Scotland.

2010

**Anderson, D. A., Murray, A. D., & Schaumberg, K. E.** (2010, November). *A comparison of the weight loss and health at every size paradigms*. Poster presented at the SIG poster exposition at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

De Young, K. P., & **Anderson, D. A.** (2010, October). *The frequency of disordered eating behaviors and eating-related functional impairment*. Poster presented at the 16<sup>th</sup> annual meeting of the Eating Disorder Research Society, Cambridge, MA.

Kapsou, M., Karekla, M., Constantinou, M. & **Anderson, D.** (2010, May). Are individuals high in experiential avoidance more likely to develop eating pathology compared to those low in experiential avoidance? In M. Karekla & G. Panayiotou (Chairs), *The Role of Emotional Avoidance in Risky Behaviours, Psychopathic Tendencies and Coping*. Symposium presented at the 4th World Congress of the Association of Psychology and Psychiatry for Adults and Children (APPAC), Athens, Greece.

Luberto, C. M., **Anderson, D.A., & McLeish, A. C.** (2010, November). *The influence of media exposure on body image dissatisfaction*. Poster presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Murray, A. D., De Young, K. P., & **Anderson, D. A.** (2010, October). *Appearance evaluation moderates the relationship between social comparison and eating concerns in women*. Poster session presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Murray, A. D., De Young, K. P., & **Anderson, D. A.** (2010, October). *The effect of peer feedback on ideal body image in women*. Poster session presented at the 16th annual meeting of the Eating Disorders Research Society, Boston, MA.

Walker, D. C., Murray, A. D., & **Anderson, D. A.** (June 2010). *The effects of manipulating body checking in men*. Presented at the Academy for Eating Disorder's 2010 International Conference on Eating Disorders, Salzburg, Austria.

2009

**Anderson, D. A.** (2009, October). The research-practice split: Narrowing the gap from the top down. In J Fauth (Chair), *How can we help: Prioritizing the needs of practitioners in research*. Panel conducted at the annual New England Society for Psychotherapy Research conference, Williamstown, MA

**Anderson, D. A.**, Davis, A. S., Luft, I. R., De Young, K. P., & Walker, D. C. (2009, November). *A functional contextual treatment for bulimia nervosa*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Davis, A. S., & **Anderson, D. A.** (2009, November). *Examining impulsivity to differentiate various types of problematic eating behavior*. Poster presented at the SIG poster exposition at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

De Young, K. P., Lavender, J. M., & **Anderson, D. A.** (2009, November). *Binge eating is not associated with elevated eating concerns in men who do not desire to lose weight*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Lavender, J.M. & **Anderson, D. A.** (2009, November). *Thought suppression mediates the relationship between negative affect and eating disorder symptoms in men*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Lavender, J.M., Jardin, B.F., & **Anderson, D. A.** (2009, November). *Contribution of mindfulness and thought suppression to bulimic symptoms in college women*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Walker, D. C., Murray, A. D., & **Anderson, D. A.** (November 2009). *Ecological momentary assessment of body checking, avoidance, and affect in women*. Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Walker, D. C., Murray, A. D., & **Anderson, D. A.** (April 2009). *An experimental analysis of body checking in men*. Scheduled to be presented at the Academy for Eating Disorder's

2009 International Conference on Eating Disorders, Cancun, Quintana Roo, Mexico. (The conference was cancelled due to concerns about the H1N1 virus.)

2008

**Anderson, D. A.**, & Gabay, N. R. (2008, September). *Patterns of weight change and problematic eating through the college years*. Poster presented at the annual meeting of the Eating Disorder Research Society, Montreal, Canada.

**Anderson, D. A.**, De Young, K. P., Simmons, A.M., Lavender, J. M., Walker, D. C., & Murray, A. D. (2008, November). *Extreme eating, shape, and weight concerns are not always associated with eating-related pathology*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

De Young, K. P. & **Anderson, D. A.** (2008, September). *Engaging in exercise motivated by negative affect moderates the association between obligatory exercise and eating pathology*. Poster presented at the annual meeting of the Eating Disorder Research Society, Montreal, Canada.

De Young, K. P. & **Anderson, D. A.** (2008, May). *Looking muscular is important. I don't look muscular enough. Therefore, I am unimportant*. Poster presented at the 14th annual International Conference on Eating Disorders, Seattle, WA.

De Young, K. P., Lavender, J., Washington, L., Looby, A., & **Anderson, D. A.** (2008, November). *Does the word repeating technique work via loss of meaning or weakened associations?* Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

De Young, K. P., Walker, D. C., & **Anderson, D. A.** (2008, May). *A critical review and analysis of outcome criteria for anorexia nervosa*. Paper presented at the 14th annual International Conference on Eating Disorders, Seattle, WA.

Karekla, M., Kapsou, M., & **Anderson, D.** (2008; November). *Experiential avoidance and eating pathology in a sample of college students in Cyprus*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Lavender, J. M., & **Anderson, D. A.** (2008, November). *The contribution of emotion regulation to body dissatisfaction and disordered eating in undergraduate males*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Lavender, J. M., & **Anderson, D. A.** (2008, May). *The impact of exposure to idealized male images on body satisfaction in males: A review*. Poster presented at the 14th annual International Conference on Eating Disorders, Seattle, WA.

Lavender, J. M., Jardin, B. & **Anderson, D. A.** (2008, September). *Dispositional correlates of multi-impulsive bulimic behaviors*. Poster presented at the annual meeting of the Eating Disorder Research Society, Montreal, Canada.

Murray, A. D., Walker, D. C., & **Anderson, D. A.** (2008, November). *Duration of male body image disturbance after viewing ideal-body models*. Poster presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Walker, D. C., **Anderson, D. A.**, & Hildebrandt, T. B. (May, 2008). *Body checking and avoidance in males*. Poster presented at the 14th annual International Conference on Eating Disorders, Seattle, WA.

#### 2007

**Anderson, D. A.**, De Young, K. P., & Walker, D. C. (2007, November). *Believability of health messages among college students with disordered eating*. Poster session presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

**Anderson, D. A.**, Milnes, S. M., & Lavender, J. (2007, November). *Appropriate and non-appropriate weight loss in college students*. Poster session presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

**Anderson, D. A.**, & Murray, A. D. (2007, October). *Duration of female body image disturbance after viewing thin-ideal models*. Poster session presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

**Anderson, D. A.**, & O'Brien, A. E. (2007, October). *Goal weights in competitive runners*. Poster session presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

De Young, K. P. & **Anderson, D. A.** (2007, October). *How do our definitions affect our data?: Associations between durations of abstinence requirements and remission and relapse rates*. Poster session presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

De Young, K. P., Keel, P. K., & **Anderson, D. A.** (2007, November). *Implicit vs. explicit muscularity identity in men: How much does looking good mean looking muscular?* Poster session presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Kapsou, M., Karekla, M., Lundgren, J. L., & **Anderson, D. A.** (2007, November). *Night eating among first-year college students in Cyprus*. Poster session presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Karekla, M., **Anderson, D. A.**, Symeou, A. & Kapsou, M. (2007, March). *Alarming rates of reported eating pathology in Cypriot college students*. Poster session presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Lavender, J. M., & **Anderson, D. A.** (2007, November). *Estimating prevalence rates of eating disordered and body image-related behaviors*. Poster session presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Simmons, A.M., & **Anderson, D.A.** (2007, October). *Does the relationship between dietary restraint and impulsivity depend on method of assessment?* Poster session presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

Simmons, A.M., Acheson, D.T., & **Anderson, D.A.** (2007, October). *The relationship between body dissatisfaction and negative affect in problematic eating attitudes and behaviors*. Poster session presented at the annual meeting of the Eating Disorder Research Society, Pittsburgh, PA.

## 2006

**Anderson, D. A.** (2006, November). *Assessment of eating disorders and related problems: The state of the art*. Poster session presented at the SIG poster exposition at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Anderson, D. A.**, Simmons, A. M., Milnes, S., M., & Earleywine, M. (2006, June). *Base rates of eating disordered attitudes and behaviors: Questionnaire versus unmatched count technique*. Paper presented at the 12th International Conference on Eating Disorders, Barcelona, Spain.

Milnes, S. M., **Anderson, D. A.**, Simmons, A. M., & Lavender, J. (2006, November). *A new look at male body image perceptions*. Poster session presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Milnes, S. M., Simmons, A. M., **Anderson, D. A.**, & Lavender, J. (2006, November). *Social norms and eating behavior*. Poster session presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Simmons, A. M., Acheson, D. A., Lavender, J., **Anderson, D. A.**, & Milnes, S. M. (2006, November). *Emotion regulation factors as mediators between body image dissatisfaction and body checking behaviors*. Poster session presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.



Simmons, A. M., Acheson, D. A., Lavender, J., **Anderson, D. A.**, & Milnes, S. M. (2006, November). *Emotion regulation factors as mediators between negative affectivity and disordered eating behaviors*. Poster session presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Simmons, A. M., **Anderson, D. A.**, Milnes, S. M., & Lavender, J. (2006, November). *Multiple conceptualizations of impulsivity and their relationship to dietary restraint*. Poster session presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

#### 2005

**Anderson, D. A.** (2005, April). *Assessment of eating disorders for clinical practice*. Workshop presented at the 11th International Conference on Eating Disorders, Montreal, Canada.

**Anderson, D. A.** (2005, November). Problematic eating in college students. In M. Bonin (Chair), *High-risk problematic behaviors in late adolescence*. Symposium presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

**Anderson, D. A.** (2005, April). *Integrating new perspectives on body image and body image disturbance* (Chair). Plenary session presented at the 11th International Conference on Eating Disorders, Montreal, Canada.

**Anderson, D. A.**, & Simmons, A. M. (2005, September). *A re-analysis and revision of the multifactorial assessment of eating disorders symptoms test*. Poster session presented at the annual meeting of the Eating Disorder Research Society, Toronto, Canada.

**Anderson, D. A.**, & Simmons, A. M. (2005, September). *Clinician use of empirically supported treatments for eating disorders*. Poster session presented at the annual meeting of the Eating Disorder Research society, Toronto, Canada.

**Anderson, D. A.**, Simmons, A. M., & Milnes, S. M. (2005, November). *The reliability of multi-item test meals*. Poster session presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

**Anderson, D. A.**, Simmons, A. M., Milnes, S. M., & Munoz, D. J. (2005, November). *Dietary restraint is associated with weight gain during the transition to college*. Poster session presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- Dams-O'Connor, K., Martens, M. P., & **Anderson, D. A.** (2005, August). *Alcohol-related consequences among women who want to lose weight*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Lundgren, J. D., & **Anderson, D. A.** (2005, August). Meditation as an adjunct to obesity treatment. In J. L. Kristeller (Chair), *Meditation, eating disorders, and obesity- conceptual and empirical issues*. Symposium presented at the annual meeting of American Psychological Association, Washington, DC.
- Malone, M., Alger-Mayer, S., & **Anderson, D.** (2005, October). *Does medication use change during a weight loss program?* Poster presented at the annual meeting of the American College of Clinical Pharmacy, San Francisco, CA.
- Munoz, D. J., & **Anderson, D. A.** (2005, April). *The impact of schemas on diet success and satisfaction*. Poster presented at the 11th International Conference on Eating Disorders, Montreal, Canada.
- Munoz, D. J., Israel, A. C., & **Anderson, D. A.** (2005, November). *Family stability as a protective factor against depression*. Poster session presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Shapiro, J. R., **Anderson, D. A.**, & Danoff-Burg, S. (2005, March). *A pilot study of the effects of weight loss intervention on fibromyalgia symptoms*. Poster presented at the Women's Health Research Day of the University of North Carolina, Chapel Hill, NC.
- Wiseman, C., Freilich, S., & **Anderson, D.** (2005, April). *Body esteem, stress, and restrained eating: Effects on cortisol*. Paper presented at the 11th International Conference on Eating Disorders, Montreal, Canada.
- 2004
- Anderson, D. A.**, & Munoz, D. J. (2004, November). *The reinforcing value of high-and low-fat foods in restrained and non-restrained eaters*. Poster session presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Anderson, D. A.**, & Simmons, A. M. (2004, November). *A pilot study of a functional behavioral treatment for bulimia nervosa*. Poster session presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Anderson, D. A.**, Simmons, A. M., Martens, M. P., Ferrier, A. G., & Sheehy, M. J. (2004, November). *The relationship between disordered eating behavior and drinking motives in college-age women*. Poster session presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Ewing, E. S. K., Wadden, T. A., Foster, G. D., Sarwer, D. B., **Anderson, D. A.**, & Faith, M. A. (2004, November). *Weight loss with brief monthly individual visits vs. traditional weekly group behavior modification: Implications for primary care treatment of obesity*. Poster session presented at the 132nd meeting of the American Public Health Association, Washington, D.C.

Malone, M., Alger-Mayer, S., & **Anderson, D.** (2004, October). *Incidence of medication associated with weight gain by participants in a weight loss program*. Poster presented at the annual meeting of the American College of Clinical Pharmacy, Dallas, TX.

Malone, M., Alger-Mayer, S., & **Anderson, D.** (2004, October). *The Lifestyle Challenge Program: A collaborative therapy management approach for obesity*. Paper presented at the annual meeting of the American College of Clinical Pharmacy, Dallas, TX.

Martens, M. P., Sheehy, M. J., Ferrier, A. G., Corbett, K., **Anderson, D. A.**, & Simmons, A. M. *Development of the Protective Behavioral Strategies Scale*. (2004, November). Poster presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Shapiro, J. R., **Anderson, D. A.**, & Danoff-Burg, S. (2004, March). *Effect of weight loss on fibromyalgia symptoms*. Poster presented at the 25th annual scientific sessions of the Society of Behavioral Medicine, Baltimore, MD.

Simmons, A. M., & **Anderson, D. A.** (2004, November). *Comorbidity of eating and alcohol-related disorders: Clinical implications and research directions*. (Co-chairs). Panel discussion presented at the 38th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

### 2003

**Anderson, D. A.**, Martens, M. P., Cimini, D., & Trujillo, D. (2003, November). *Female college students who purge report greater binge drinking and negative alcohol-related consequences*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

**Anderson, D. A.**, Paulosky, C. A., Lundgren, J. D., & Shapiro, J. R. (2003, November). *Dietary restraint is associated with unrealistic goal weights*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

**Anderson, D. A.**, Shapiro, J. R., Lundgren, J. D., & Paulosky, C. A. (2003, May). *College students' knowledge of nutrition and physical activity recommendations*. Poster session presented at the Academy for Eating Disorders International Conference on Eating Disorders, Denver, CO.

Byrnes-Enoch, H., & **Anderson, D. A.** (2003, November). *Religiosity and eating behavior*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Lundgren, J. D., & **Anderson, D. A.** (2003, November). *Mindfulness-based treatments for eating disorders and obesity: Current status and future directions*. (Co-chairs). Panel discussion presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Malone, M., Alger, S., & **Anderson, D. A.** (2003, October). *Medication associated with weight gain may affect outcome in a diet-exercise based weight loss program*. Poster session presented at the annual conference of the North American Association for the Study of Obesity, Ft. Lauderdale, FL.

Munoz, D. J., Israel, A. C., & **Anderson, D. A.** (2003, November). *Initial evaluation of the psychometrics of two eating disorder instruments in males*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Schurr, M., & **Anderson, D. A.** (2003, November). *Prevalence of self-harm in a college population*. Poster session presented at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Shapiro, J. R., & **Anderson, D. A.** (2003, May). *Life stress increases caloric intake*. Oral presentation delivered at the Academy for Eating Disorders International Conference on Eating Disorders, Denver, CO.

Shapiro, J. R., & **Anderson, D. A.** (2003, November). *Counterregulatory eating behavior is not evident in multiple item test meals*. Poster presented during the SIG poster exposition at the 37th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

## 2002

Alger, S., Malone, M., & **Anderson, D.** (2002, June). *The Lifestyle Challenge program: A multidisciplinary approach to weight management*. Oral presentation delivered at the annual New York State Academy of Family Physicians Research Forum, Albany, NY.

**Anderson, D. A.**, Paulosky, C. A., Lundgren, J. D., & Shapiro, J. R. (2002, November). *The assessment of eating disorders in clinical practice: Patterns of use*. Poster presented during the SIG poster exposition at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Lundgren, J. D., **Anderson, D. A.**, Shapiro, J. R., Paulosky, C. A., & Thompson, J. K. (2002, November). *Perception of teasing in underweight persons: A modification of the Perception of Teasing Scale (POTS)*. Poster session presented at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

Shapiro, J. R., & **Anderson, D. A.** (2002, November). *Dietary restraint increases stress reactivity*. Poster session presented at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

### 2001

**Anderson, D. A.**, Lundgren, J. D., & Shapiro, J. R. (2001, October). *Weight goals in a college population*. Poster session presented at the annual conference of the North American Association for the Study of Obesity, Québec City, Canada.

**Anderson, D. A.**, Shapiro, J. R., & Lundgren, J. D. (2001, November). *Weight and eating changes over the freshman year*. Poster session presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.

Leitner, J. B., & **Anderson, D. A.** (2001, November). *Body dissatisfaction and methods of body shape change in college-age males and females*. Poster session presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.

Lundgren, J. D., Thompson, J. K., & **Anderson, D. A.** (2001, November). *A revision and extension of the fear of negative appearance evaluation scale*. Poster session presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.

Shapiro, J. R., **Anderson, D. A.**, & Lundgren, J. D. (2001, November). *Effects of restraint, weight and gender on the accuracy of self-reported weight*. Poster session presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.

Shyman, E., & **Anderson, D. A.** (2001, November). *The relationship between same sex parent-child dyads and depression among college students*. Poster session presented at the 35th annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.

### 2000

**Anderson, D. A.**, Lundgren, J. D., Shapiro, J. R., Williamson, D. A. (2000, October). *Weight loss versus shape change goals in obese adults seeking treatment*. Poster session presented at the annual conference of the North American Association for the Study of Obesity, Long Beach, CA.

**Anderson, D. A.**, Shapiro, J. R., Lundgren, J. D., Spataro, L., & Frye, C. A. (2000, November). *Dietary restraint is associated with elevated levels of salivary cortisol*. Poster session presented at the 34th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

Lundgren, J. D., **Anderson, D. A.**, Stellacci, J. A., & Lewald, E.S. (2000, November). *The impact of body-specific versus general anxiety on body dissatisfaction*. Poster session presented at the 34th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

Maloney, K. C., & **Anderson, D. A.** (2000, May). *The effect of restraint and hunger on the reinforcing value of food*. Poster session presented at the 26th annual meeting of the Association for Behavior Analysis, Washington, DC.

Maloney, K. C., & **Anderson, D. A.** (2000, November). *Measuring dietary restraint: The validity of the Three Factor Eating Questionnaire and the Revised Restraint Scale contrasted*. Poster session presented at the 34th annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

#### 1999

**Anderson, D. A.** (1999, November). Benefits of the post-doctoral experience. In G. Tremblay (Chair), *Choices in post-doctoral training: A variety of perspectives on the experience*. Panel discussion presented at the 33rd annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

**Anderson, D. A.**, & Maloney, K. C. (1999, November). *Behavioral economic analysis of high- and low-fat food choice in obese and non-obese adults*. Poster session presented at the 33rd annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

**Anderson, D. A.**, & Maloney, K. C. (1999, November). *Contextual differences between body-dissatisfied women with and without bulimia nervosa*. Poster session presented at the 33rd annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.

Boraz, M. A., **Anderson, D. A.**, Simkin-Silverman, L., Wing, R. R., & Kuller, L. H. (1999, March). *Stressful life events and weight loss in normal-weight middle-aged women: The Women's Healthy Lifestyle Project*. Poster session presented at the 20th annual scientific sessions of the Society of Behavioral Medicine, San Diego, CA.

#### 1998

**Anderson, D. A.** (1998, October). Comments on Cone's behavioral assessment grid. In J. Mass (Chair), *The choice of assessment instruments: Can Cone's framework help?* Symposium

conducted at the 19th annual Berkshire Conference on Behavioral Analysis and Therapy, Amherst, MA.

**Anderson, D. A.** (1998, November). *Perspectives on dieting: Implications for behavioral treatment of obesity and eating disorders.* (Chair). Panel discussion presented at the 32nd annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D. C.

**Anderson, D. A.,** Wadden, T. A., Foster, G. D., Gladis, M. M., & Swain, R. M. (1998, March). *Short-term changes in subjective bulimic episodes with weight loss treatment.* Poster session presented at the 19th annual scientific sessions of the Society of Behavioral Medicine, New Orleans, LA.

Franklin, M. E., Sarwer, D. B., Wadden, T. A., Foster, G. D., & **Anderson, D. A.** (1998, November). *Social anxiety in obese women seeking weight reduction.* Poster session presented at the 32nd annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D. C.

O'Neil, P. M., Smith, C. F., Foster, G. D., **Anderson, D. A.,** & Wadden, T. A. (1998, August). *Weight loss targets among clinical and community samples.* Poster session presented at the 8th International Congress on Obesity, Paris, France.

#### 1997

**Anderson, D. A.,** Williamson, D. A. Johnson, W. G., & Grieve, C. A. (1997, November). *Behavioral assessment of binge eating disorder.* Poster session presented at the 31<sup>st</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.

O'Neil, P. M., Smith, C. F., Foster, G. D., & **Anderson, D. A.** (1997, November). *The perceived relative worth of weight loss.* Poster session presented at the annual conference of the North American Association for the Study of Obesity, Cancun, Mexico.

Sarwer, D. B., **Anderson, D. A.,** Wadden, T. A., & Foster, G. D. (1997, November). *Sexual behavior of obese women before and after weight loss.* Poster session presented at the 31<sup>st</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.

Wadden, T. A., Considine, R. V., Foster, G. D., **Anderson, D. A.,** Sarwer, D. B., & Caro, J. S. (1997, November). *Short- and long-term changes in serum leptin in dieting obese women: Effects of caloric restriction and weight loss.* Poster session presented at the annual conference of the North American Association for the Study of Obesity, Cancun, Mexico.

Wadden, T. A., Vogt, R. A., Foster, G. D., & **Anderson, D. A.** (1997, November). *Exercise and the maintenance of weight loss: One-year follow up of a controlled clinical trial.* Poster

session presented at the annual conference of the North American Association for the Study of Obesity, Cancun, Mexico.

1996

Johnson, W. G., Ruffin, N. T., **Anderson, D. A.**, & Osten, C. A. (1996, March). *Racial differences in health habits and attitudes related to obesity*. Poster session presented at the 4th International Congress of Behavioral Medicine, Washington, D.C.

1995

**Anderson, D. A.**, Williamson, D. A., Gleaves, D. G., & Duchmann, E. G. (1995, March). Development of a treatment outcome measure to determine treatment effectiveness: An alternative to traditional evaluation of cost-effectiveness. In D. A. Williamson (Chair), *Unhealthy responses to healthy messages*. Symposium conducted at the 14th annual conference of the American Association for Advances in Health Care Research, Jackson, WY.

1994

Williamson, D. A., Netemeyer, R. G., Jackman, L. P., **Anderson, D. A.**, Funch, C. F., & Rabelais, J. Y. (1994, November). *Structural equation modeling of risk factors for the development of eating disorder symptoms*. Poster session presented at the 28th annual meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.

1993

**Anderson, D. A.**, Williamson, D. A., & Duchmann, E. G. (1993, November). *Development of a treatment outcome measure for eating disorders*. Poster session presented at the 27th annual meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.