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Education

PhD, Social Welfare

May 2023

University of California, Berkeley

Dissertation: "LGBTQ+ Resilience in Community: Towards Strategies for Preventing and Managing Sexual

Minority Women's Mental and Behavioral Health Concerns Together"

MSW, Social Work (Health and Mental Health focus)

May 2017

San Jose State University

3-year part-time program with evening classes

BA, Community Studies (Sex, Gender & Sexuality focus)

February 2011

University of California, Santa Cruz

Magna Cum Laude, Phi Beta Kappa, Honors in Major

Santa Barbara City College (dual enrollment)

2004-2008

Santa Barbara, California

Current Work

Assistant Professor, School of Social Welfare, University at Albany | Albany, NY

July 2023- Present

· Tenure-track assistant professor in the School of Social Welfare

Researcher (volunteer), The Alternative Sexualities Health Research Alliance (TASHRA) | San Francisco, CA May 2023- Present

- · Research collaborator on various studies focusing on wellbeing for those with alternative sexualities
- · Supported efforts of research through two studies: "International Kink Health Study" and "A Descriptive Exploration of Flourishing through Kink"

Co-investigator, "Exploring Transgender and Gender Expansive Psychedelic Experiences" | National

February 2023- Present

- · Study supported by the Fund for Psychedelic Drug Research and Education at Ohio State University
- · Research collaborator on mixed methods interdisciplinary study of the utility of psychedelic experiences in transgender and gender expansive people
- Provided support and consultation for study start-up, including study design and protocol and consent documentation

Chair and Member of Board of Directors, Social Justice Collaborative | Berkeley, CA

May 2021-present (Chair)

October 2017-present (Member)

- · Assisted with strategic planning, outcome evaluation design, event planning, and grant writing for non-profit legal aid organization that provides free and low-cost legal representation, primarily working with low-income undocumented asylum-seekers from Central and South America
- Previously held roles: Board Secretary and Committee Chair for Fundraising & Development -Foundations/Major Giving committee

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Peer-Reviewed Publications

- **Wootton, A.R.**, Soled, K.R.S., Puckett, J.A., Garrett-Walker, J.J., Perry Hill, A., Delucio, K., Veldhuis, C.B. (accepted with minor revisions). Community (dis)connectedness and identity among LGBTQ+ people during the COVID-19 pandemic: A qualitative cross-sectional and longitudinal trajectory study. *Psychology and Sexuality*.
- McGeough, B., Greenwood, E., Cohen, N., & Wootton, A.R. (2022) "Integrating SMART Recovery and Mental Health Services to Meet the Needs and Goals of LGBTQ Individuals Experiencing Substance Use-Related Problems". *Families in Society*.
- **Wootton, A.R.,** Rice, D.R., McKowen, A.W., & Veldhuis, C. (2022) A mixed-methods and prospective approach to understanding coping behaviors, depression, hopelessness, and acute stress in a U.S. convenience sample during the COVID-19 pandemic. *Health Education and Behavior*.
- Drabble, L.A., Mericle, A.A., Munroe, C., **Wootton, A.R.**, Trocki, K.F. & Hughes, T. (2021) Examining the effects of same-sex marriage legalization among sexual minority women: Identifying demographic differences and factors related to alcohol use disorder, depression, and self-perceived health. *Sexuality Research and Social Policy*.
- Riggle, E.D.B, Drabble, L.A., Bochicchio, L.A., **Wootton, A.R.**, Veldhuis, C.B., Munroe, C., & Hughes, T.L. (2021) Experiences of COVID-19 Among African American, Latinx, and White Sexual Minority Women: A Descriptive Phenomenological Study. *Psychology of Sexual Orientation and Gender Diversity*.
- Drabble, L.A., Mericle, A.A., **Wootton, A.R.**, Munroe, C., Li, L., Hughes, T. & Trocki, K.F. (2021) Measuring the impact of legal recognition of same-sex marriage among sexual minority women. *Journal of GLBT Family Studies*.
- Papautsky, E.L., Rice, D., Ghoneima, H., McKowen, A.W., Nesoff, E.D., **Wootton, A.R.**, & Veldhuis, C. (2021) Characterizing health care delays and interruptions in the US during the COVID-19 pandemic: Data from an internet-based cross-sectional survey. *Journal of Medical Internet Research*.
- Drabble, L.A., **Wootton, A.R.**, Veldhuis, C.B., Riggle, E.D.B., Rostosky, S.S., Lannutti, P.J., Balsam, K.F., Hughes, T.L. & Trocki, K.F. (2021). Perceived psychosocial impacts of the right to marry: A scoping review of sexual minority adults' experiences. *PLOS One*.
- McCuistian, C.L., **Wootton, A.R.**, Legnitto, D.A., Gruber, V.A., Dawson-Rose, C., Johnson, M.O., & Saberi, P. (2021). Addressing HIV care, mental health, and substance use among youth and young adults in the Bay Area: Description of an intervention to improve information, motivation, and behavioral skills. *BMJ Open*.
- Veldhuis, C.B., Nesoff, E.D., McKowen, A.W., Rice, D., Ghoneima, H., **Wootton, A.R.**, Papautsky, E.L., Arigo, D., Goldberg, S., Anderson, J. (2021). Addressing the critical need for long-term mental health data during the COVID-19 pandemic: Changes in mental health from April to September, 2020. *Preventive Medicine*.
- Bochicchio, L.A., Drabble, L.A., Riggle, E.D.B, Munroe, C., **Wootton, A.R.**, & Hughes, T.L. (2021) Understanding Alcohol and Marijuana Use Among Racially/Ethnically Diverse Sexual Minority Women During COVID-19: A Descriptive Phenomenological Study. *Journal of Homosexuality*.

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- Saberi, P., McCuistian, C., Agnew, E., **Wootton, A.R.**, Legnitto, D.A., Dawson Rose, C., Johnson, M.O., Gruber, V.A., Neilands, T.B. (2021) Video-counseling Intervention to Address HIV Care Engagement, Mental Health, and Substance Use Challenges: A Pilot Randomized Clinical Trial for Youth and Young Adults Living with HIV. *Telemedicine Reports*.
- Drabble, L., **Wootton, A.R.**, Veldhuis, C.B., Perry, E., Riggle, E.D.B., Trocki, K.F., Hughes, T.L. (2020) It's complicated: The impacts of marriage legalization among sexual minority women and gender non-binary individuals in the U.S. *Psychology of Sexual Orientation and Gender Diversity*.
- **Wootton, A.R.,** McCuistian, C., Legnitto Packard, D.A., Gruber, V.A., Saberi, P. (2020) Overcoming technological challenges: Lessons learned from a telehealth counseling study. *Telemedicine and e-Health*.
- **Wootton, A.R.,** Legnitto, D.A., Gruber, V.A., Dawson Rose, C., Neilands, T.B., Johnson, M.O., Saberi, P. (2019) A Telehealth and Texting Intervention to Improve HIV Care Engagement, Mental Health, and Substance Use Outcomes in Youth Living with HIV: A Study Protocol. *BMJ Open*.
- Saberi, P., Dawson Rose, C., **Wootton, A.R.**, Ming, K., Legnitto, D., Jeske, M., Pollack, L., Johnson, M.O., Gruber, V.A., Neilands, T.B. (2019) Use of Technology for Delivery of Mental Health and Substance Use Services to Youth Living with HIV: A Mixed Methods Perspective. *AIDS Care*.
- Drabble, L., Veldhuis, C.B., **Wootton, A.R.**, Riggle, E.D.B., Hughes, T.L. (2018) Mapping the landscape of support and safety among sexual minority women and gender non-conforming individuals: Perceptions after the 2016 U.S. Presidential election. *Sexuality Research and Social Policy*, 1-13.
- **Wootton, A.R.**, Drabble, L., Bitcon, C., Riggle, E.D.B, Veldhuis, C.B., Hughes, T.L. (2018) Impacts of Marriage Legalization on the Experiences of Sexual Minority Women in Work and Community Contexts. *Journal of GLBT Family Studies*.
- Veldhuis, C. B., Drabble, L., Riggle, E. D., **Wootton, A. R.,** & Hughes, T. L. (2018). "I Fear for My Safety, but Want to Show Bravery for Others": Violence and Discrimination Concerns Among Transgender and Gender-Nonconforming Individuals After the 2016 Presidential Election. *Violence and Gender*, *5*(1), 1-11.
- Riggle, E.D.B., Drabble, L., Veldhuis, C.B., **Wootton, A.R.,** & Hughes, T.L. (2017) The Impact of Marriage Equality on Sexual Minority Women's Relationships With Their Families of Origin, *Journal of Homosexuality*.
- Veldhuis, C.B., Drabble, L., Riggle, E.D.B., **Wootton, A.R.**, Hughes, T.L. (2017) "We won't go back into the closet now without one hell of a fight": Effects of the 2016 Presidential election on sexual minority women's and gender minorities' stigma-related concerns. *Sexuality Research and Social Policy, 1-13.*
- **Wootton, A.** (2016) AB 109 and its Impact on Prison Overcrowding and Recidivism: A Policy Analysis, *Themis: Research Journal of Justice Studies and Forensic Science*: Vol. 4, Article 6.

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Research Awards and Recognition

James and Khadija Midgley Doctoral Dissertation Award

2023

UC Berkeley School of Social Welfare

For "LGBTQ+ Resilience in Community: Towards Strategies for Preventing and Managing Sexual Minority Women's Mental and Behavioral Health Concerns Together"

Best Practice Note, Families in Society

2022

For "Integrating SMART Recovery and Mental Health Services to Meet the Needs and Goals of LGBTQ Individuals Experiencing Substance Use-Related Problems"

High Impact Article, Violence and Gender

2019, 2020

For "I Fear for My Safety, but Want to Show Bravery for Others": Violence and Discrimination Concerns Among Transgender and Gender-Nonconforming Individuals After the 2016 Presidential Election"

Peer Review Service

Families in Society
American Journal of Public Health
Journal of AIDS
Kansas University LGBTQ Research Symposium
Journal of Homosexuality
Annals of LGBTQ Public and Population Health

March 2022, Sept 2020 Jan, June & July 2020 Jan 2020 April 2018

April & June 2023

Feb & May 2023

September 2022

March 2022

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Violence and Victims

Violence and Gender

Professional Service

Doctoral Student Committee Member, Society for Social Work and Research (SSWR) | National

March 2021 - May 2023

- · Served as volunteer doctoral student committee member for the leading social work research professional organization
- Collaboratively coordinated the SSWR Doctoral Student Social at two national conferences

Grants Committee Member, Lesbian Health Fund | National

March 2021 - July 2022

- · Served as volunteer committee member to support the re-launch of the Lesbian Health Fund, administered by GLMA: Health Professionals Advancing LGBTQ Equality
- Assisted with publicizing grant call, recruiting grant application reviewers, developing application review procedures, and other tasks related to grant application processing

Grants and Fellowships

Pre-doctoral Fellowship, NIAAA T32 (\$26,000/year + partial tuition)

August 2022- Present

National Institute of Alcohol Abuse and Alcoholism (NIAAA) and Alcohol Research Group

Doctoral Completion Fellowship (\$25,000)

UC Berkeley Graduate Division

January 2023-May 2023

June 2023, Pg. 4 of 10

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Chancellor's Doctoral Incentive Program (various)

California State University

2019-present

Graduate Division Conference Travel Grant (\$900)

UC Berkeley Graduate Division

January 2023

Social Welfare Dean's Doctoral Fellowship (\$28,000/year + partial tuition)

UC Berkeley School of Social Welfare

August 2019- May 2022

Summer 2022 Graduate Fellowship (\$5,000)

UC Berkeley School of Social Welfare

May 2022

Summer 2021 Graduate Fellowship (\$5,000)

UC Berkeley School of Social Welfare

May 2021

Project Mini-Grant: Collaborative Research Project with Columbia University (\$916)

California State University's Chancellor's Doctoral Incentive Program

December 2020

Professional Development Grant: NASW Membership (\$179)

UC Berkeley Graduate Assembly

August 2020

Travel Grant: Kettil Bruin Society Conference, Poland (\$2,950)

California State University's Chancellor's Doctoral Incentive Program

June 2020

Summer 2020 Graduate Fellowship (\$3,500)

UC Berkeley School of Social Welfare

May 2020

Project Mini-Grant: Collaborative Research Project with Columbia University (\$2,200) April 2020

California State University's Chancellor's Doctoral Incentive Program

WINGS Tuition Grant, Medicine (\$335)

February 2019

UC San Francisco School of Medicine

WINGS Tuition Grant, UC San Francisco School of Medicine (\$335)

February 2018

UC San Francisco School of Medicine

Conference Presentations

McGeough, B. & Wootton, A.R., Lunn, M., Obedin-Maliver, J., Dastur, Z., Lubensky, M., Flejente, A. & Zemore, S. (2023) "Comparing Experiences of 12-Step Programs and SMART Recovery for Sexual and Gender Minority Individuals" (poster). Society for Social Work and Research Conference. Phoenix, AZ.

Wootton, A.R. (2022). "Queer women's resilience and behavioral health: A review of the literature". Kansas University LGBTQ Research Symposium. Online. [accepted abstract withdrawn due to COVID-19 pandemic circumstances]

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- Wootton, A.R. (2021). "Coping Healthfully but Still Distressed: A Mixed Methods Study of Distress and Coping Styles during the COVID-19 Pandemic". Society for Social Work and Research Conference. [accepted abstract withdrawn due to COVID-19 pandemic circumstances]
- **Wootton, A.R.** (2021). "Treatments for Depression in Sexual Minority Women: What's out there and what works?". Kansas University LGBTQ Research Symposium. Online.
- Saberi, P. & **Wootton, A.R**, (2019). "Integrated HIV and Behavioral Health Counseling for Young Adults Living with HIV". 11th Annual Youth + Tech + Health Conference. San Francisco.
- Veldhuis, C.B., Drabble, L., Riggle, E.D.B., **Wootton, A.** & Hughes, T.L. (2018). "America sent a message bullies get what they want": Effects of the 2016 election on LBTQ+ people. 126th Annual American Psychological Association Convention. San Francisco, CA.

Guest Lectures

- **Wootton, A.R.** (2021). "Qualitative Research Methods" for Social Welfare 282A: Introduction to Social Welfare Research, UC Berkeley
- **Wootton, A.R.** (2020, 2021). "Same-Sex Marriage Policy and LGBTQ Wellbeing" for Social Welfare 220: Introduction to Social Welfare Policy, UC Berkeley

Previous Teaching Experience

Graduate Student Instructor | University of California, Berkeley CA

August 2020- December 2022

Social Welfare 110: Social Work as a Profession

Fall 2022

- · In person course for undergraduate students
- Taught two discussion sections weekly, graded student work, and supported student success

Social Welfare 282A: Introduction to Social Welfare Research

Spring 2021, 2022

- · Online hybrid course for first year MSW students
- · Student mean score for GSI evaluation was above department mean in 2021, not collected in 2022
- · Guest lecture: "Qualitative Research Methods" (4/26/2021)

Gender and Women's Studies 100: Introduction to Gender and Women's Studies Fall 2021

- Introduction to questions and concepts in gender and women's studies through the critical study of the formation of gender and its intersections with other relations of power, such as sexuality, racialization, class, religion, nation, and empire
- · Student score for GSI evaluation was above department mean

Social Welfare 220: Introduction to Social Welfare Policy

Fall 2020

- · Online hybrid course for first year MSW students
- · Student score for GSI evaluation was above department mean
- Guest lecture: "Same-Sex Marriage Policy and LGBTQ Wellbeing" (11/16/2020)

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Previous Research Experience

Pre-doctoral fellow (NIAAA T32), Alcohol Research Group | Emeryville, CA

August 2022- July 2023

- Pre-doctoral Fellow supported by the NIH's National Institute of Alcohol Abuse and Alcoholism (NIAAA) T32
 "Graduate Research Training in Alcohol Problems: Alcohol-Related Disparities Program"
- · Administered by the Alcohol Research Group, affiliated with the UC Berkeley School of Public Health

Consultant, Fenway Health | Boston, MA and San Francisco, CA

August 2022

· Consultant and trainer on i2TEC intervention, funded by Health Resources and Services Administration grant, "Using Innovative Intervention Strategies to Improve Health Outcomes for People with HIV"

Graduate Research Assistant | University of California, Berkeley CA

January 2020- May 2020

• Engaged in general research assistance on child welfare system projects with Dr. Jill Berrick at the School of Social Welfare, including literature review and manuscript and book editing

San Jose State University Research Foundation, San Jose CA

2015-2017, 2019-2020

Research Consultant

February 2019- December 2020

- Served as a contracted research consultant on two studies by assisting with survey development, testing, literature review, manuscript development, and other general study tasks
- "Sexual orientation differences: Prevalence & correlates of substance use & abuse," funded by the National Institute on Drug Abuse, R01DA036606, SJSU School of Social Work and Alcohol Research Group
- · "Effects of Marriage Recognition on Substance Abuse and Health for Women," funded by the National Institute on Minority Health and Health Disparities, R03MD011481, SJSU and Alcohol Research Group

Research Assistant

December 2015 - August 2017

- Acted as a research assistant on a national mixed-methods study on the impact of same-sex marriage legalization and the 2016 Presidential election on sexual minority women and transgender individuals
- Engaged in survey construction and testing, participant recruitment, phone interviewing, qualitative data analysis, and assisted in drafting several qualitative and mixed methods peer-reviewed manuscripts
- Assisted on a Trauma-Informed Care curriculum project funded by CALSWEC to develop training modules and trainer's guides for Santa Clara County Department of Family and Children's Services

UC San Francisco Center for AIDS Prevention Studies, San Francisco CA

May 2017 - July 2019

Clinical Social Worker II

February 2018 - July 2019

- Engaged as clinical and research staff on a study (Youth to Text or Telehealth for Engagement in Care", funded by the California HIV/AIDS Research Program, HD15-SF-060, and the National Institutes of Health, K24DA037034) to develop a 12-session telehealth counseling to help improve HIV treatment adherence, behavioral health, and overall wellness for young people living with HIV/AIDS in the East Bay
- · Developed an original intervention manual, session fidelity checklists, and other research/clinical tools

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- Provided integrated behavioral health telehealth counseling to young adults (ages 18-29)
- · Completed general study tasks including survey programming, social media advertising, community-based participant recruitment, and writing manuscripts for publication

Analyst II - Recruiter and Interviewer

May 2017 - March 2018

 Engaged in clinical research coordination, study start-up, participant recruitment, and data collection on a four-year NIH-funded randomized control trial ("A Couples-based Approach to Improving Engagement in HIV Care", funded by the National Institute of Nursing Research, R01NR010187) of the efficacy of a counseling intervention designed to improve outcomes for HIV-positive people and their partners

Research Assistant | Prevention Partnership International, San Jose CA

January 2017 - May 2017

Assisted on an evaluation study of "Celebrating Families!", a child abuse prevention intervention for families
with parents experiencing substance use issues and child welfare system involvement, by engaging in
participant recruitment and administering quantitative surveys to parents

Previous Direct Practice & Clinical Leadership Experience

Field Supervisor, CSU East Bay Social Work Department | Hayward, CA

August 2020 - May 2021

- Clinical field supervisor for first year MSW student intern placed at Social Justice Collaborative
- · Supported student with weekly supervision meetings, case consultation, provided other support as needed

Medical Social Worker II (Per Diem) | Kaiser Permanente Richmond Hospital, Richmond CA

October 2017 – September 2020

- · Received and independently completed inpatient social work consultation requests from physicians, surgeons, discharge case managers, and other medical staff
- · Provided assessment, benefits and resource referral, counseling, and crisis intervention to patients and their families in the emergency room and inpatient hospital units (MedSurg, Telemetry, and ICU)

Medical Social Work Intern | Kaiser Permanente Hospital, Santa Clara CA

September 2016 - May 2017

• In a training setting, provided assessment and counseling to patients and families in all hospital units (ICU, NICU, PICU, CVICU, CV, Pediatrics, Labor & Delivery, Emergency room, general hospital inpatient units, etc.)

Encompass Community Services, Santa Cruz CA

November 2012 - January 2017

Program Assistant III, Staff Development Coordinator

February 2016 - February 2017

- Managed behavioral health training program reaching 500+ staff, focusing on topics such as Motivational Interviewing, Mindfulness-Based Stress Reduction, and Trauma-Informed Care
- Engaged in project management, contract management, event planning and marketing, website management, strategic planning, curriculum and CEU development, and program evaluation

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MSW Program Assistant II, ReTurn Project

July 2014 - July 2016

- Provided general support for outpatient program contracted with Santa Cruz County Probation to provide mental health services to individuals returning home from incarceration) through AB109
- · Completed intake assessments, referral, and ongoing case management for high-risk individuals with behavioral health challenges returning from incarceration

Counselor II, Supported Housing Program

November 2012- February 2016

- · Mental health wraparound case manager for tenants of low-income mental health housing
- · Facilitated house meetings, arranged community-building activities, conflict mediations, individual mental health rehabilitation counseling and eviction-prevention advocacy for residents
- · Engaged in Medi-Cal billable counseling services and completed required billing documentation
- Worked on agency-wide Trauma-Informed Care task group to establish an initial needs assessment, strategic planning, and training for the initiative

Homeless Services Center, Santa Cruz CA

June 2011 – November 2012

Interim Program Manager/ Senior Case Manager, Page Smith Community House

May 2012- November 2012

- · Managed general operations of a HUD-funded transitional living community for 40 homeless individuals
- · Engaged in property management including tenant leasing, termination/eviction, and staff supervision
- · Maintained active caseload of twenty-five homeless residents while in management role

Case Manager, Page Smith Community House

February 2012 – May 2012

- Conducted weekly case management meetings with 25 residents to create housing search plans and facilitate access to benefits, healthcare services, community resources, and mental health services
- · Facilitated five house meetings per week and several skill-building workshops per month

Campus Coordinator

June 2011- February 2012

- · Developed a weekly schedule of educational and recreational classes for homeless shelter guests
- · Co-managed a participant volunteer program to meet shelter system's daily operating needs

Volunteer Coordinator and Staff Support | Santa Cruz AIDS Project, Santa Cruz CA

June 2011 - February 2012

- Oversaw the volunteer and internship programs for wide pool of volunteer programs
- · Organized community awareness events such as the AIDS Walk, World AIDS Day, and Surf City AIDS Ride
- · Coordinated a holiday business giving campaign, spring fundraiser social, and other fundraising events

Professional Certifications

Certificate for Teaching and Learning in Higher Education, UC Berkeley	2022
Associate Clinical Social Worker (ACSW), California	2018 - 2020
Domestic Violence and Sexual Assault Peer Counselor. California	2015

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Professional Affiliations

American Psychological Association, Division 44	2022 – present
GLMA: Health Professionals Advancing LGBTQ Equality	2021 – present
Society for Social Work Research	2020 – present
National Center for Faculty Development and Diversity	2019 – present
National Association of Social Workers	2015 – present