



Are the Kids alright?

COVID-19 + YOUTH

RESEARCH. POLICY. PRACTICE. ADVOCACY.

**June 2-5,
2020**

COVID-19 & HOMES: COLLABORATING FOR CHILD AND FAMILY SAFETY

J. Gayle Beck, Ph.D.

Lillian and Morrie Moss Chair of Excellence in Psychology at the University of Memphis

Athena Project, University of Memphis

Dr. Beck earned her A.B. at Brown University and her Ph.D. at the State University of New York at Albany. Following completion of a clinical internship at UMDNJ-Rutgers Medical School, Dr. Beck joined first the faculty at the University of Houston; then the University at Buffalo, SUNY; and most recently, the University of Memphis.

Her research has focused on the assessment and treatment of adult anxiety-based disorders, with emphasis on post-trauma responses. Dr. Beck has published widely on the topics of sexual dysfunction, panic, generalized anxiety, post-traumatic stress disorder, co-morbidity among mental disorders, and the role of cognitive and emotional processes in psychological distress. Dr. Beck's current research focuses on mental health issues following trauma exposure, with particular emphasis on post-traumatic stress disorder. Much of her funded work (since arriving at the University of Memphis) has focused on refining treatments for chronic PTSD and disseminating training materials to underfunded agencies that serve trauma survivors. She heads up the Athena Project at the University of Memphis, a research clinic that provides free assessment and treatment services to women who have experienced intimate partner violence and abuse.



Additionally, Dr. Beck is active locally and nationally within her field. She is the Past President of the Society of Clinical Psychology (Division 12) of the American Psychological Association and a Past-President of the Association of Behavioral and Cognitive Therapy. She is the past Editor-in-Chief of *Clinical Psychology: Science and Practice* and *Behavior Therapy* and serves on numerous editorial boards

Dr. Beck is a fellow of the American Psychological Association, the American Psychological Society, and the Academy of Cognitive Therapy. Her career has been guided by the belief that empirically-grounded understanding of maintaining factors for emotional disorders can inform and improve treatments.

A virtual forum hosted by the



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An initiative of the Division of Criminal Justice Services,
Office of Children and Family Services and University at Albany