Due to the spread of COVID-19, please implement physical workplace distancing measures:

- Increase physical space between workers at the worksite
- Stagger work schedules
- Decrease social contacts in the workplace (e.g., limit in-person meetings, meeting for lunch in a break room, etc.)
- Maintain a minimum distance of 2-3 arm lengths from each other (6 feet)
Know the symptoms of COVID-19:
Fever • Cough • Shortness of breath

These symptoms may appear 2-14 days after exposure.

If you are symptomatic:

Stay home
Limit visitors
Limit movement in the community
Call your health care provider’s office in advance of a visit

UNIVERSITY AT ALBANY
State University of New York
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