

# Fridays At The Student Success Center



Join us this Fall on State Quad for a series of programs developed to help first and second year students successfully transition to UAlbany!

## August 31<sup>st</sup>: Great Danes With Vision – Make Your Own Vision Board

Start your Fall Semester strong by setting goals. Stop by the Student Success Center to create your own vision board. This interactive activity will give you an opportunity to outline goals you wish to accomplish moving forward. Joining us to lead the activity will be Peer Advisors from Advisement Services!

## September 7<sup>th</sup>: Peer Advisement Drop In Hours – Dropping a Class

The last day to drop a semester length course without receiving a “W” is on Tuesday, September 11<sup>th</sup>. Need advice on whether or not you should drop a course. Please stop by the Student Success Center to connect with a UAlbany Peer Advisor!

## September 14<sup>th</sup>: Flavors From Around The World

Stop by and enjoy delicious appetizers from around the world and receive information on Study Abroad Programs the University offers.

## October 5<sup>th</sup>: Therapy Dogs

Take a “PAWS” before midterms begin. Come and de-stress with the therapy dogs before midterms begin. Receive tips on how to best prepare for your exams!

## October 12<sup>th</sup>: Great Danes Give Back Community Service

Stop by to assist the **RED Bookshelf** organization in reconditioning gently used children books. Reconditioned books will be placed on bookshelves around the community, where families and children can take books of their choice for FREE.

## October 19<sup>th</sup>: Take CHARGE of Your Future Through Networking

Stop by and connect with Alumni representing various career paths. Learn about the University Career Advisory online network, which connects you to 1,500 alumni professionals representing various fields!

All Sessions Are Held on **Fridays** from **1:00PM – 3:00PM** in **State Quad’s Student Success Center** Located on **State Quad on the 2<sup>nd</sup> floor of Whitman Hall**. Refreshments Will Be Served and **PRIZES** will be raffled off at each session!

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## October 26<sup>th</sup>: Peer Advisement Drop In Hours – Spring Registration

Stop by and connect with a UAlbany Peer Advisor from the Advisement Services Center to receive tips on preparing for Spring, 2018 class registration.

## November 2<sup>nd</sup>: On Campus Job Opportunities Informational

Stop by to learn about on Campus Job Opportunities. Joining us, we will have representatives from Residential Life, Orientation and Transition Programs, Campus Recreation, University Bookstore, University Dining, Campus Center Connections, UAlbany Programming Board, and More!

## November 9<sup>th</sup>: FREE MONEY – Scholarship Opportunities

Stop by to connect with members of the Student Financial Services Center as they discuss how you can get a head start in filing for FAFSA for next year. Plus, learn about potential scholarship opportunities that you should apply for.

## November 16<sup>th</sup>: Moment of Thanks

Stop by and enjoy fall harvest favorite snacks including apple cider donuts, trail mix, pumpkin pie and more. Plus make your own postcard to show thanks and appreciation to a loved one back home.

## November 30<sup>th</sup>: Finishing Strong With The Therapy Dogs

Take a “PAWS” before finals begin. Come and de-stress with the therapy dogs before finals begin and receive tips on how to finish the semester strong!

## December 7<sup>th</sup>: Zen Zone

Stop by and get in the ZEN ZONE before finals. We will have several stress relief stations including FREE massages, a trail mix making station, a stress ball making station, and an art station. We hope to see you there.

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