

Assessment of Middle Earth Services and Programs

Participation in Training and Service Delivery: Each academic year, our 190 Middle Earth undergraduate peer educators reach the following numbers of UAlbany students and members of the broader campus and community; averages are derived from data from the past five years:

Service	Average Number of Individuals Served: Acad. Yr.
Hotline Service	1,332
Peer Wellness Ambassador Service	12, 495
Peer Career Advising Service	1,000

Post-Graduation Activities: Surveys of our Middle Earth graduates indicate that over 95 percent of program participants pursue graduate careers at the masters and doctoral levels.

Alumni Involvement in Mentoring and Philanthropic Activities:

More than 1,600 UAlbany alumni have been involved with the Middle Earth Peer Assistance Program during their undergraduate and graduate years. They remain involved by joining our Online Alumni Community and updating us about their lives and careers, providing volunteer service to the program through guest lectures and internship supervision, and assisting with the Kimberly E. Esterman Memorial Scholarship named in honor of a former Middle Earth graduate assistant who passed away from cancer in 2003. In the past eight years, several Middle Earth alumni, in conjunction with the student executive board, have launched online communities on Google and Facebook. These groups provide additional support and resources and mentoring to current Middle Earth students. Several Middle Earth alumni have also hosted very successful philanthropic events to assist the Middle Earth program. To date, 100 Middle Earth students have been mentored by 70 Middle Earth alumni; mentor pairings are based on students' field of interest.

Cost-Effectiveness and Impact on Campus and Community Resources:

Based on both its breadth of services and the impact that the Middle Earth program has on our peer educators who are trained, program implementation is determined to be both efficient and cost-effective. Students trained within the Middle Earth program expand significantly the reach of our professional services and provide timely and vital bridges to professional service access by our students in distress through the work Middle Earth students perform with regard to bystander intervention, timely peer-to-peer education and referral to services, and stigma reduction.