Date: 3/20/2020

Subject: Self-isolation guidance for returning education abroad students

Text:

Dear students,

The latest guidance from the Centers for Disease Control (CDC) on isolation or quarantine is that only those returning from the countries listed by the CDC (below) need to arrange for self-isolation. NOTE: This list may change at any time, so please review the CDC information online often and be prepared in case the status of the country from which you are departing should change. Self-isolation to the extent possible is highly recommended, regardless of whether or not you are arriving from a CDC listed country. Please do everything you can to protect yourself and those around you.

The information below is from: https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html

Depending on your travel history, you will be asked to stay home for a period of 14 days from the time you left an area with widespread or ongoing community spread (Level 3 Travel Health Notice).

Countries that have a Level 3 Travel Health Notice (widespread, ongoing transmission):

- China
- Iran
- Ireland
- South Korea
- Malaysia
- Europe (Schengen Area): Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, Monaco, San Marino, Vatican City
- United Kingdom: England, Scotland, Wales, Northern Ireland, Republic of Ireland

United HealthCare Insurance (UHC “study abroad” international insurance):

1. If you have chosen to remain abroad and have signed and submitted the required waiver form, your UHC insurance will remain in place - no change to your insurance coverage or dates of coverage.

2. If you have returned/are returning to the USA, UAlbany will terminate your UHC insurance coverage 14 days AFTER the date of your return to the USA. UAlbany will process a refund to your UAlbany e-pay account for the unused portion of your health insurance coverage. NOTE: Please reply to studyabroad@albany.edu by Monday, March 23 at NOON if you do not have U.S. based (domestic) health insurance coverage.
The University understands this is a difficult situation and we are here to support you throughout this transition. Please reach out to CIEGS with any questions or concerns. Thank you for your patience and understanding.