The University at Albany is carefully monitoring developments related to the novel coronavirus (2019-nCoV) with guidance from our local health departments and the Centers for Disease Control and Prevention (CDC).

The University at Albany’s Student Health Services, as a precaution, posted information about it on its website and will continue to update this information as it becomes available from the CDC.

To learn more about the coronavirus, including CDC guidelines, please visit the CDC’s website.

As recommended by the CDC and the U.S. Department of State, you should:

- Avoid contact with sick people.
- Discuss travel plans with your healthcare provider. Older adults and travelers with underlying health issues may be at risk for more severe disease.
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Clean your hands often by washing them with soap and water for at least 20 seconds or using an alcohol-based hand sanitizer that contains at least 60%-95% alcohol. Soap and water should be used if hands are visibly dirty.
- Enroll in the Smart Traveler Enrollment Program (STEP) to receive Alerts and make it easier to locate you in an emergency.
- Follow the U.S. Department of State on Facebook and Twitter.
- Review the Crime and Safety Report for Italy.
- Prepare a contingency plan for emergency situations. Review the Traveler’s Checklist