EAP Lunchtime Financial Wellness Program

Understanding Your NY Health Insurance Program Retiree Benefit WEBINAR

Did you know that to meet the current eligibility requirements at the time of retirement employees must have the following:
- Have at least 10 years of eligible service,
- Be at least 55 years old, and
- Be enrolled in a plan at the time of retirement.

UAlbany Health Benefits Administrator Hannah Ingoldsby and recent retiree Kathy Zazarine will outline a framework for understanding how your benefits work within your retirement package as well as offer you a snapshot of the current benefits. You’ll walk away with a general knowledge of the basics to help you understand the steps you need to take when preparing for retirement. A brief Q & A period will be included. NOTE: Dental and vision benefits and individual health benefit estimates will not be included in the program.

Thursday, March 18, 2021
Noon—1:00 pm
Registration required to receive webinar link.

For questions contact Christine Priest,
EAP Coordinator, at eap@albany.edu
or by phone at: 518-442-5483

The retiree benefits are for state/SUNY employees not Research Foundation employees.

To register click on the following link:
https://albany.zoom.us/meeting/register/tJAtc-qrrz4vGNDKeW_rEFX-239qqSnVMu8m