EAP Lunchtime Financial Wellness Program

Understanding Social Security

Beneficial for all ages, not just those close to retiring!

Do you understand what full retirement age, early retirement, or delayed retirement mean? Have you set up a “MySSA” account to protect your SS #? Do you know about the on-line retirement estimator? Deciding on when to retire and understanding the benefits you can receive are important aspects of financial well-being. Join us as a Social Security Administration representative answers your questions about retirement benefits for you and survivors and discusses disability insurance. Be in-the-know about Social Security!

To Register Contact:

Brenda Seckerson, EAP Coordinator
bseckerson@albany.edu
Call 518.442.5483 or register online

http://www.albany.edu/eap/event_sign-up.htm

Thursday, March 29
Noon—1:00 pm
Board Room
Campus Center West