TALK SAVES LIVES™

A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

EAP Wellness Program
Tuesday, October 16
Noon – 1:00 pm
Room 375
Campus Center

To register:
Brenda Seckerson
EAP Coordinator
442-5483
Online:
https://www.albany.edu/eap/event_sign-up.htm

Brought to you by funds raised by the Capital Region NY AFSP Chapter.