



**February 3-20, 2014**  
**University at Albany**  
**State University of New York**

**Coordinated By:**

***Middle Earth Peer Assistance Program***  
***University Counseling Center***

**Funded By:**

***The Student Association of the University at Albany***  
***With the Generous Support of University Auxiliary Services***



***"Your Student Activity Fee at Work"***

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## EXHIBITS



### ❖ **SEXUALITY EXHIBITS BY PROJECT SHAPE: SEXUAL HEALTH AND PEER EDUCATION PROGRAM**

In its role as a peer education program focused on issues of sexual health, Project SHAPE members will host a series of exhibits in the Campus Center Lobby, from 10:00AM to 3:00PM, February 3-6. The exhibits will include information, as well as handouts and brochures, on topics such as contraception, sexually transmitted infections, HIV/AIDS, and breast and testicular cancer.

### ❖ **MIDDLE EARTH EXHIBIT**

Visit the Middle Earth exhibit in the Campus Center Lobby from 10:00AM to 3:00PM, February 3-6 and February 10-13 and receive free information and giveaways.

### ❖ **“THESE HANDS DON’T HURT” EXHIBIT**

Look for our “These Hands Don’t Hurt” exhibit in the Campus Center Lobby presented in collaboration with **Lambda Theta Alpha Latin Sorority, Inc. and Middle Earth**, and make a commitment to end sexual violence by “signing” your handprint.



*The Middle Earth Peer Assistance Program is a campus service in which trained University at Albany undergraduate students offer hotline assistance, peer education, and peer career advisement under the supervision of professionals at the University Counseling Center. Project SHAPE is a peer education program in which trained University at Albany undergraduate students educate peers about sexuality and sexual health under the supervision of professionals at the University Counseling Center. For additional information, go to [www.albany.edu/counseling\\_center](http://www.albany.edu/counseling_center).*



## KEYNOTE SPEAKER



# “The Power of One”

*Presented by*

**Sandra Fluke, Activist**

**TUESDAY, FEBRUARY 11, 8:00 PM**

**Campus Center Ballroom**

**University at Albany, SUNY**

***Reception to follow***

## ABOUT SANDRA FLUKE

Although best known for her advocacy for gender equality and reproductive justice, for the last decade, Sandra Fluke has devoted her career to public interest advocacy for numerous social justice concerns, including LGBTQ rights, worker rights, economic justice, immigrant rights, and international human rights, often focusing on the unique impact to communities of color. Her work has been honored by the American Federation of Teachers, American Constitution Society, National Association of Women Lawyers, National Partnership for Women and Families, Planned Parenthood, and Women’s Campaign Fund, among others. Perhaps most inventively, Women’s eNews bestowed Fluke with the title “Truth-Teller to the Powerful” in their 2014 “21 Leaders for the 21st Century.”

Fluke came to national attention in February, 2012, when Congressional Republicans prohibited her from testifying, instead hearing from a panel of only men on a question of women’s health. She then testified before the House Democratic Steering and Policy Committee on the importance of women’s own private insurance covering contraception. Despite ongoing personal attacks, she continues to speak out for social justice across news outlets, and addressed the Democratic National Convention. She served as a surrogate for the President in his reelection campaign, and helped elect over a dozen progressive candidates to Congress. Continuing her public advocacy, she currently speaks to audiences across the country, in addition to her legislative policy work and pro bono representation of victims of human trafficking.

Fluke graduated cum laude from Georgetown University Law Center as a Public Interest Law Scholar with a Certificate in Refugee and Humanitarian Emergencies. In 2003, Fluke received a B.S. from Cornell University in Policy Analysis and Management, as well as Feminist, Gender, and Sexuality Studies. She currently lives in Los Angeles, California, with her fiancé, Adam, and their dog, Mr. President.

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**The Sexuality Week Planning Committee would like to thank the Student Association and University Auxiliary Services for their generous support of our keynote speaker.**

## FEATURED SPEAKER



# “Finding Our Common Humanity: Humanizing Atheists, the Religious and the LGBTQ Community”

*Presented by*

**Chris Stedman**

**MONDAY, FEBRUARY 3, 7:00 PM**

**Campus Center 375**

**University at Albany, SUNY**

## ABOUT CHRIS STEDMAN

Chris Stedman is the Coordinator of Humanist Life for the Yale Humanist Community. He also currently serves as the Assistant Humanist Chaplain at Harvard University and the Values In Action Coordinator for the Humanist Community at Harvard (where he was previously the inaugural Interfaith and Community Service Fellow). Chris is the author of *Faithest: How an Atheist Found Common Ground with the Religious* (Beacon Press/Random House), “an intimate and deeply affecting portrait... [that] proves [he is] an activist in the truest sense and one to watch” (Booklist, Starred Review).

Previously a Content Developer and Adjunct Trainer for Interfaith Youth Core, where he helped shape their ongoing collaboration with the Obama administration, Chris is a prolific author whose work regularly appears in Salon, CNN, MSNBC, *The Huffington Post*, *The Washington Post On Faith*, and more. He brings a decade of experience as a community organizer to YHC. As a young adult, he worked for Minnesota’s St. Paul Public School District, helping to coordinate their Gay-Straight Alliances and drop-in center for at risk LGBTQ (lesbian, gay, bisexual, transgender, and queer) teenagers. Later, he ran an after school education program for at risk youth on the South Side of Chicago, providing a safe space and resources for youth living in the neighborhood with the highest rate of violent crime in the United States. Since then, he has spent the last six years coordinating and executing programming for college and university students and local Humanist communities.

Chris received an M.A. degree in Religion from Meadville Lombard Theological School at the University of Chicago (with dual concentrations in Pastoral Care & Counseling and Religion & the Arts), for which he was awarded the Billings Prize for Most Outstanding Scholastic Achievement. A graduate of Augsburg College with a summa cum laude B.A. degree in Religion, Chris is an official advisor to nontheistic charitable organization Foundation Beyond Belief’s *Challenge the Gap* initiative, as well as their new *Pathfinders Project* program.





## OPEN HOUSE



### Gender & Sexuality Resource Center (GSRC) OPEN HOUSE

**Friday, February 14, 1:00PM-4:00PM - Campus Center, Room 329**

**Come visit the Gender & Sexuality Resource Center! We will be hosting an open house for all students to come check out our resources and interactive environment. During this event we will have giveaways, refreshments, and fun activities!**

**The GSRC is open Monday- Thursday 10AM-9PM and Friday 10AM-5PM.**



## V-DAY ANNIVERSARY CELEBRATION



### ONE BILLION RISING: STRIKE, DANCE, RISE!



**Thursday, February 13 at 9:00, Campus Center 375**

“One Billion Rising” calls on everyone to STEP UP, join together, and “dance until the violence stops,” as we celebrate the 16-year anniversary of V-day, a global movement to end sexual violence. “One Billion Rising” stems from the statistic that 1 in 3 women experience violence in the form of rape or beatings in their lifetime, leaving over 1 billion women impacted by violence on this planet. You are invited to STEP UP and join the world in this movement, right here at the University at Albany, to see our collective strength, our numbers, and our solidarity across borders while raising awareness of sexual violence.

Facilitators: **Heidi Wright, Psy.D.**, Staff Psychologist, University Counseling Center  
**Carol Stenger, M.Ed., M.A.**, Director, Advocacy Center for Violence  
Director, Project SHAPE: Sexual Health and Peer Education  
**Members, Project SHAPE: Sexual Health and Peer Education**  
**Karla Jaime-Benitez**, Assistant Director, Department of Residential Life  
**Craig Brewer**, Assistant Director, Recreation



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# WORKSHOPS AND PROGRAMS



## MONDAY, FEBRUARY 3



❖ **10:00AM-3:00PM**

**Campus Center Lobby**

### **CONTRACEPTION EXHIBIT**

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

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❖ **7:00PM**

**Campus Center 375**

### **SEXUALITY WEEK FEATURED SPEAKER: CHRIS STEDMAN – “FINDING OUR COMMON HUMANITY: HUMANIZING ATHEISTS, THE RELIGIOUS AND THE LGBTQ COMMUNITY”**

See Page 4 for Program Description

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## TUESDAY, FEBRUARY 4



❖ **10:00AM-3:00PM**

**Campus Center Lobby**

### **STI PREVENTION EXHIBIT**

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

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❖ **7:30PM-8:45PM**

**Campus Center Assembly Hall**

### **BDSM AND KINK CULTURE WITH MASTER R AND MISS COUPLE**

La Domaine Esemar is the oldest BDSM training chateau in the world. Started by Master R and his partner in 1993, La Domaine quickly became recognized for its unique style and its outstanding quality of BDSM. BDSM and Kink culture is often unspoken and profiled as taboo. This program will provide a rare glimpse into the lived experiences of two renowned architects of the trade and will include an opportunity for questions and answers.

Presenters: *Master R and Miss Couple, La Domaine Esemar*

Facilitator: *Courtney D’Allaird, Program Coordinator, Gender & Sexuality Resource Center, Office of Intercultural Student Engagement*

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❖ **9:00PM**

**Campus Center Assembly Hall**

### **(A)SEXUAL – DOES EVERYONE WANT TO HAVE SEX?**

What is ASEXUALITY? Facing a sex-obsessed culture, a mountain of stereotypes and misconceptions, and a lack of social or scientific research, asexual – people who experience no sexual drive – struggle to claim their identity. In this program, we will watch the documentary *(A)sexual* (2011) and answer your questions.

Facilitators: *Sophia Desrosiers, President, UA Pride Alliance*

*Courtney D’Allaird, Program Coordinator, Gender & Sexuality Resource Center, Office of Intercultural Student Engagement*

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## WEDNESDAY, FEBRUARY 5



❖ **10:00AM-3:00PM**

**Campus Center Lobby**

### **HIV/AIDS PREVENTION EXHIBIT**

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **7:30PM-8:45PM**

**Campus Center Terrace Lounge**

### **DOMESTIC VIOLENCE AND THE LGBT COMMUNITY**

Is there a difference between domestic violence in heterosexual relationships and LGBT relationships? What can you do if you or someone you know is in an abusive relationship? Join us for an informative and interactive presentation highlighting the increase in domestic violence among same-sex couples. Not only will you learn about domestic violence in the LGBT community, but we will share strategies to prevent domestic violence, help people who may be in a violent relationship, and discuss how to support healthy sexuality. We will also talk about the additional barriers faced by LGBT victims of domestic violence from an intersectional framework.

Presenter: **Philip A. Burse, M.A.**

*Director of LGBT Victim Services, In Our Own Voices*

❖ **9:00PM-10:15PM**

**Campus Center Terrace Lounge**

### **THE GENDER GAME!!**

Join us for an interactive game exploring the intersections of gender and sexuality where you are the players. "Transgender, heterosexual, bisexual, masculine, feminine." Come navigate the puzzle and experience a conversation that goes beyond our binary social perceptions. Students of all identities are welcome.

Presenter: **Courtney D'Allaird, Program Coordinator**

*Gender & Sexuality Resource Center, Office of Intercultural Student Success*



## THURSDAY, FEBRUARY 6



❖ **10:00AM-3:00PM**

**Campus Center Lobby**

### **BREAST & TESTICULAR CANCER PREVENTION EXHIBIT**

Presenters: *Members, Project SHAPE: Sexual Health & Peer Education*

❖ **7:30PM-8:45PM**

**Campus Center 375**

### **SeXY MEDIA**

Have you ever thought about what TV shows, music videos, movies, and news that we watch tell us about gender and relationships? SeXY Media is a program that discusses the messages delivered by the media about gender, body image, and sexual orientation in an interactive program that will highlight actual media messages.

Presenters: **Peer Educators, Middle Earth Peer Assistance Program**

**Robert Orf, M.S., Outreach Coordinator, Middle Earth Program**

**Brian M. Freidenberg, Ph.D.**

*Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center*

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❖ **9:00PM**

**Campus Center 375**

**“POWER AND CONTROL: DOMESTIC VIOLENCE IN AMERICA”: FILM SCREENING AND DISCUSSION**

This documentary film is a comprehensive and timely exploration of the shocking persistence of domestic or relationship violence in our society. It explores through the experience of one woman the complexities that victims face, and the power of ordinary people to permanently alter the social conditions that fuel violence through the film and our discussion, we will identify what we can do to end relationship violence.

Presenter: **Carol Stenger, M.Ed., M.A.**  
*Director, Advocacy Center for Sexual Violence*  
*Director, Project SHAPE: Sexual Health and Peer Education*

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**SUNDAY, FEBRUARY 9**

❖ **2:00PM-6:00PM**

**Campus Center Terrace Lounge**

**ARE YOU AN ALLY?: SAFE SPACE LGBT 101 TRAINING**

Join us for this interactive workshop that will educate and empower allies around lesbian, gay, bisexual, transgender and queer (LGBTQ) identities. We will focus on topics such as internal messages, general terminology, and specific ways to be an ally to bisexual/nonmonosexual identities, Queer People of Color and transgender people. All students are welcome!

Presenters: **Courtney D’Allaird, Program Coordinator**  
*Gender & Sexuality Resource Center, Office of Intercultural Student Engagement*  
**Emma Suarez, Gender & Sexuality Concerns Director, Student Association**

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**MONDAY, FEBRUARY 10**



❖ **7:30PM-8:45PM**

**Campus Center 375**

**BE HERE, NOW.**

Ever noticed that, in your most intimate relationships, you’re in your head, not in the moment? Come learn and practice mindfulness skills using chocolate, strawberries, and more. Learn how to be focused on the moment – whatever that moment is.

Presenter: **Lisa Dulgar-Tulloch, Ph.D.**  
*Staff Psychologist, University Counseling Center*

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❖ **9:00PM**

**Campus Center 375**

**“TRANS”: FILM SCREENING AND DISCUSSION**

The newly released feature documentary film “TRANS” is an up-close and very personal journey into the transgender world through the memorable stories and the unusual lives of a remarkable group of six people. It begins with the story of Lt. Commander Christopher McGinn, a Navy flight surgeon selected by NASA to serve on two space missions. But, upon her discharge from the armed forces, Chris McGinn would set out upon a different mission...from which she was never to return. Now Dr. Christine McGinn is able to tell her own amazing story (picked up by the media on both *MSNBC* and the *Oprah Winfrey* show), and provide an entrance into a complex and dramatic world that is "TRANS." The reviews state that “this film will open your eyes and your heart.” Another reviewer applauds this film as “the first time this subject has been properly handled on film.”

Presenter: **Carol Stenger, M.Ed., M.A.**  
*Director, Advocacy Center for Sexual Violence*  
*Director, Project SHAPE: Sexual Health and Peer Education*

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## TUESDAY, FEBRUARY 11



❖ **8:00PM**

**Campus Center Ballroom**

**SEXUALITY WEEK KEYNOTE PRESENTATION: SANDRA FLUKE – “THE POWER OF ONE”**

See Page 3 for Program Description

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## WEDNESDAY, FEBRUARY 12



❖ **7:30PM-8:45PM**

**Campus Center Terrace Lounge**

**#BREAKUPDRAMA...IT’S CALLED A BREAK-UP BECAUSE IT’S BROKEN: IS IT A LOSS OR A NEW BEGINNING?**

Whether a relationship lasts 3 weeks or 3 years, breakups are never easy. Whatever the reason for the split—and whether you wanted it or not—the breakup of a relationship can turn your whole world upside down. But there are plenty of things you can do to get through this hard time. This interactive program will focus on healthy ways to cope with the post-split blues, relationship pitfalls, and feeling stuck in an unhealthy relationship.

Presenters: *Peer Educators, Middle Earth Peer Assistance program*  
*Heidi R. Wright, Psy.D. Staff Psychologist, University Counseling Center*

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❖ **9:00PM-10:15PM**

**Campus Center Terrace Lounge**

**COMING OUT STORIES**

A UAlbany Sexuality Week tradition, Coming OUT Stories is a round table discussion for all students who identify across the gender and sexuality spectrum including those who are Lesbian, Gay, Bisexual, Pansexual, Asexual, Queer, Genderqueer and Transgender. Straight Allies, international students, as well as students with friends and/or family who are LGBT are also encouraged to attend.

Facilitator: *Courtney D’Allaird, Program Coordinator*  
*Gender & Sexuality Resource Center, Office of Intercultural Student Engagement*

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## THURSDAY, FEBRUARY 13



❖ **7:30PM-8:45PM**

**Campus Center 375**

**ALCOHOL AND HOOKIN’ UP**

What does it mean when someone says, “I hooked up with someone last night”? Come see the Middle Earth Players Peer Theatre group act out scenes and discuss myths associated with drinking and sex, the concept of “hooking up,” and how students can better communicate with partners to enhance safer sex practices in drinking situations.

Presenters: *The Middle Earth Players*  
*Rachel Landau, Alcohol Prevention Graduate Assistant, University Counseling Center*  
*Brian M. Freidenberg, Ph.D.*  
*Addictive Behaviors Specialist/Staff Psychologist, University Counseling Center*

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❖ **9:00PM**

**Campus Center 375**

**ONE BILLION RISING: STRIKE, DANCE, RISE!**

See Page 5 for Program Description

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**FRIDAY, FEBRUARY 14****❖ 1:00PM-4:00PM****Campus Center 329****OPEN HOUSE, GENDER & SEXUALITY RESOURCE CENTER**See Page 5 for Program Description

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**MONDAY, FEBRUARY 17****❖ 7:30PM-8:45PM****Campus Center 375****WHAT'S UP DOWN THERE?**

This program will be a chance for students to learn a little bit more about their bodies in an effort to not only educate, but learn some fun and sexy tips along the way. Learn about body parts, erogenous zones, common problems that emerge with body parts, symptoms that are a concern and the best ways to care for our bodies to protect our health. Win prizes as you participate in this fun program!

Presenter: **Carol Stenger, M.Ed., M.A.**

*Director, Advocacy Center for Sexual Violence*

*Director, Project SHAPE: Sexual Health and Peer Education*

**Members, Project SHAPE: Sexual Health & Peer Education**

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**❖ 9:00PM-10:15PM****Campus Center 375****PILLS, PATCHES AND RINGS, OH MY!**

Come join us for a hands-on workshop where students will be able to see, touch and learn about all of the current contraception options and a few ancient methods such as lemons and the advantages and disadvantages of each. A discussion of all the things that should be considered when choosing a method of birth control will be discussed. We will also talk about Emergency Contraception.

Presenters: **Carol Stenger, M.Ed., M.A.**

*Director, Advocacy Center for Sexual Violence*

*Director, Project SHAPE: Sexual Health and Peer Education*

**Members, Project SHAPE: Sexual Health & Peer Education**

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## TUESDAY, FEBRUARY 18



❖ **7:30PM-8:45PM**

### Campus Center Assembly Hall

#### **HOOK UP APPS-NEW LANGUAGE, OLD BEHAVIORS: UNDERSTANDING THE NEW ERA OF ONLINE COMMUNICATION AND MAKING DECISIONS AROUND YOUR SEXUAL HEALTH.**

Join us for a discussion of online applications used to hook up in the MSM (men who have sex with men) community, which sub-groups they cater to, how to be safe while using them, safer-sex techniques, the “do’s and don’ts” of meeting up anonymously, and the sociological implications of why online applications are used.

Presenters: **Andrew Mendez**, *Prevention Intervention Specialist-Program Specific*  
**Andreas Pausch**, *Prevention Intervention Specialist, Peer Associate Program*  
*AIDS Council of Northeastern New York- Project HOPE*

❖ **9:00PM-10:15PM**

### Campus Center Assembly Hall

#### **FACT OR CRAP: HOW MUCH DO YOU REALLY KNOW?**

In this fun program, you will learn about the myths and facts regarding prevention of both STD’s and unwanted pregnancies, with a special emphasis on the importance of “dual methods” of protection (including back up your birth control). Students will learn the “facts” about safer-sex in a welcoming “crap-free” environment where everyone’s questions are encouraged.

Presenters: **Carol Stenger, M.Ed., M.A.**  
*Director, Advocacy Center for Sexual Violence*  
*Director, Project SHAPE: Sexual Health and Peer Education*



## WEDNESDAY, FEBRUARY 19



❖ **7:30PM-8:45PM**

### Campus Center Terrace Lounge

#### **PERSONAL SAFETY WORKSHOP FOR WOMEN**

The Rape Aggression Defense (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for women, which begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: **R.A.D. Team Members**  
*University Police Department*

❖ **9:00PM-10:15PM**

### Campus Center Terrace Lounge

#### **PERSONAL SAFETY WORKSHOP FOR MEN**

The Resisting Aggression Defensively (R.A.D.) System is a program of realistic, self-defense tactics, and techniques. This workshop is a comprehensive course for men, which begins with awareness, prevention, risk reduction and avoidance, while progressing on to the basics of hands-on defense training. The R.A.D. System also includes strategies for everyday life such as home security, public transportation, and dating, to name a few. Come and learn about R.A.D. and how it can benefit you.

Presenter: **R.A.D. Team Members**  
*University Police Department*





## ABOUT SEXUALITY WEEK 2014

During the 31 years that Sexuality Week has been in existence at the University at Albany, college students across the nation have been faced with critical issues and choices. Concerns related to gender and sexuality, HIV/AIDS, relationships, identity, and reproductive health have remained at the forefront across time.

In recognition of the importance of the above issues for students, the content of programs within Sexuality Week reflects these key themes. In this way, we hope to meet the needs of our students as well as to provide a retrospective and prospective look at the issues.

All programs listed in this brochure will be presented or supervised by individuals with expertise in the topic area. We hope the information that will be presented will encourage learning, dialogue, and critical thinking, and will continue to move Middle Earth forward in its mission of prevention and the promotion of health.

### Sexuality Week 2014 Planning Committee

Arleny Alvarez-Pena, M.S., Student Involvement and Leadership  
Carol Anderson, M.L.S., University Libraries  
Ema Bucu, M.A., Residential Life  
M. Dolores Cimini, Ph.D., Middle Earth Peer Assistance Program, University Counseling Center (Chair)  
Donna Crisafuli, Interfaith Center  
Ajon Crump, Student Association  
Courtney D'Allaird, Gender and Sexuality Resource Center, Office of Intercultural Student Engagement  
Joyce Dewitt-Parker, Ph.D., University Counseling Center  
Katie Dowd, Middle Earth, University Counseling Center  
Brian M. Freidenberg, Ph.D., University Counseling Center  
Sarah Gauthier, Middle Earth, University Counseling Center  
Karla Jaime-Benitez, M.S., Residential Life  
Kimberly Kaufmann, Middle Earth, University Counseling Center  
Sarah Koral, Middle Earth, University Counseling Center  
Rachel Landau, University Counseling Center  
Katie Lyons, Middle Earth, University Counseling Center  
Sarah E. Nolan, Ph.D., University Counseling Center  
Robert Orf, M.S. Middle Earth, University Counseling Center  
Alexia Pierluissi, Middle Earth, University Counseling Center  
Carol P. Stenger, M.Ed., M.A., Advocacy Center for Violence and Project SHAPE  
Hana Suhail, Residential Life  
Heidi R. Wright, Psy.D., University Counseling Center  
Jacquelyn Wright, M.A., Middle Earth, University Counseling Center

***Many thanks to the Student Association & University Auxiliary Services  
for funding support of this event,  
and Project SHAPE & the University at Albany Bookstore  
for their assistance with our exhibits and special programs.***

