Summaries of Federally Funded and State Funded Grant Projects
Addressing the Prevention of Alcohol and Other Drug Misuse and Related Risk Behaviors
Counseling and Psychological Services

Since FY 2000, the following federal, state, and local grants to address high-risk drinking, other drug use, and related risk behaviors among University at Albany students have been awarded to University at Albany Counseling and Psychological Services to support and advance its nationally-recognized work:

University at Albany Alcohol and Other Drug Environmental Prevention Project
This project aims to enhance and evaluate the University at Albany’s comprehensive prevention program addressing alcohol and other drug misuse among students. Focus areas will include the enhancement of the University’s campus–community coalition as well as efforts in Screening, Brief Intervention, and Referral to Treatment (SBIRT).

**Funder:** New York State office on Alcoholism and Substance Abuse Services (via MOU)

**Project Directors:** M. Dolores Cimini, Ph.D., Counseling and Psychological Services

**Award Amount:** $625,000

**Project Dates:** 7/1/17-6/30/22

A Psychology Training Collaborative in Screening, Brief Intervention, and Referral to Treatment (SBIRT) at a Large Public University
This project aims to develop, implement, and evaluate a coordinated SBIRT training program which will benefit all doctoral and masters programs and the doctoral psychology internship program at the University at Albany.

**Funder:** Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration

**Project Directors:** M. Dolores Cimini, Ph.D., Counseling and Psychological Services and Jessica L. Martin, Ph.D., Department of Educational and Counseling Psychology

**Award Amount:** $945,000

**Project Dates:** 9/30/15-9/29180

Project PHARM: Personalized Health Assessment Related to Medications
This project aims to evaluate the efficacy of screening and brief intervention for the non-medical use of stimulant and co-occurring marijuana and alcohol use at nine colleges and universities across the United States.

**Funder:** National Institute on Drug Abuse

**Project Directors:** Irene M. Geisner, Ph.D. and Jason R. Kilmer, Ph.D., Center for the Study of Health and Risk Behaviors, University of Washington; M. Dolores Cimini, Ph.D., Counseling and Psychological Services, University at Albany, SUNY; Amelia M. Arria, Ph.D., Center for Young Adult Health and Development, University of Maryland College Park

**Award Amount (to University at Albany):** $500,000

**Project Dates:** 7/1/15-6/30/20

Evaluating the Effects of Screening and Brief Intervention for Cannabis and Non-Medical Prescription Drug Use among College Students
The purpose of this study is to implement and evaluate a comprehensive Screening and Brief Intervention program, based on the NIAAA Tier I Brief Alcohol Screening and Intervention for College Students (BASICS) model, to meet the unique needs of students using cannabis and other illegal drugs.

**Funder:** Division for Research, University at Albany, SUNY

**Project Director:** M. Dolores Cimini, Ph.D., Counseling and Psychological Services

**Award Amount:** $3,960

**Project Dates:** 5/1/12-6/30/14
Expanding Evaluation Capacity for the STEPS Comprehensive Alcohol Screening and Brief Intervention Program
The purpose of this study is to enhance and further evaluate a comprehensive Screening and Brief Intervention program, based on the NIAAA Tier I Brief Alcohol Screening and Intervention for College Students (BASICS) model, to meet the unique needs of students mandated to the University judicial system for alcohol policy violations.

Funder: Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (SAMHSA-CSAP)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $30,000
Project Dates: 2/1/11-9/30/12

Examining the Efficacy of Alcohol Screening and Brief Intervention within University-based Health Care Settings (K23 Mentored Patient-Oriented Career Development Award for Dr. M. Dolores Cimini)
The aim of this project is to examine the efficacy and cost-effectiveness of the delivery of alcohol screening and brief intervention in a variety of delivery formats in reducing alcohol use and related negative consequences in a target population of undergraduate and graduate students seeking services at university-based primary medical and mental health care settings.

Funder: National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $736,000
Project Dates: 10/1/10-9/30/15

The STEPS Comprehensive Alcohol Screening and Brief Intervention Program
The purpose of this study is to enhance and further evaluate a comprehensive Screening and Brief Intervention program, based on the NIAAA Tier I Brief Alcohol Screening and Intervention for College Students (BASICS) model, to meet the unique needs of fraternity and sorority members.

Funder: U.S. Department of Education
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $220,235
Project Dates: 7/1/09-6/31/10

The STEPS Program: Expanding and Enhancing a Coordinated Response to Student Suicide on a Large Public University Campus
This project aims to enhance a Comprehensive Suicide Prevention Program at the University at Albany. Focus areas include the training and education of the campus community in general and faculty, staff, and student gatekeepers in particular on the factors that predispose students to suicide risk.

Funder: Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (SAMHSA-CMHS)
Project Director: Estela M. Rivero, Ph.D., Counseling and Psychological Services
Award Amount: $304,000
Project Dates: 10/1/08-9/30/11

Project REACH: Expanding and Enhancing a Coordinated Response to Student Sexual Assault on a Large Public University Campus
This project aims to enhance a Comprehensive Sexual Assault Prevention Program at the University at Albany. Focus areas include the training and education of the campus community in general and University police and judicial affairs staff in particular on understanding and responding to sexual assault.

Funder: Office on Violence against Women, U.S. Department of Justice (OVW)
Project Director: Estela M. Rivero, Counseling and Psychological Services
Award Amount: $299,875
Project Dates: 10/1/08-9/30/11
The “iKnow” Public Service Announcement Campaign Addressing Underage Drinking at the University at Albany
The aim of this project is to develop a public service media campaign addressing underage drinking at the University at Albany.
Funder: New York State Office of Alcoholism and Substance Abuse Services (MYSOASAS)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $25,000
Project Dates: 9/1/06-3/31/07

The Committee on University and Community Relations: A Model Campus-Community Partnership at a State University Campus (Funded by the U.S. Department of Education)
Under the umbrella of the nationally recognized Committee on University and Community Relations, this project seeks to reduce high-risk drinking rates and associated high-risk behaviors and increase protective behaviors in our on-campus and off-campus students, correct misperceptions of the alcohol use rates of University at Albany students held by members of our campus and in the local community, and identify and describe the effective ingredients of a successful campus-community coalition.
Funder: U.S. Department of Education
Co-Project Director: Thomas L. Gebhardt, Office of Personal Safety and Off-Campus Affairs and Brian M. Freidenberg, Ph.D., Counseling and Psychological Services
Award Amount: $174,923
Project Dates: 6/1/06-9/30/07

The STEPS Program: Expanding and Enhancing a Coordinated Response to Student Suicide on a Large Public University Campus
This project aims to enhance a Comprehensive Suicide Prevention Program at the University at Albany. Focus areas include the training and education of the campus community in general and gatekeeper staff in particular on the factors that predispose students to suicide risk. Training and education will stress early identification and referral of students at risk for suicide.
Funder: Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services (SAMHSA-CMHS)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $224,533
Project Dates: 10/1/06-9/30/08

Project Winning STEPS: Integrating and Implementing Screening and Brief Intervention (SBI) strategies with Student Athletes
The long-term goal of this project is to address alcohol abuse and related harms in student-athletes. Student-athletes will be offered early screening and brief intervention integrated with athletic performance enhancement strategies delivered by Counseling and Psychological Services Psychologists.
Funder: U.S. Department of Education
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $298,266
Project Dates: 6/8/06-6/7/08

Targeted Capacity Enhancement Project for Campus-Based Alcohol Screening and Brief Intervention
This project aims to reduce alcohol abuse and related harms in UAlbany students presenting to the University Health Center for medical care and the Counseling and Psychological Services for mental health services by offering early screening and brief intervention delivered by Counseling and Psychological Services psychologists and University Health Center primary care providers.
Funder: Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, U.S. Department of Health and Human Services (SAMHSA-CSAT)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $1,419,463
Project Dates: 7/01/05-6/30/08
Project First STEPS: Integrating and Implementing Screening and Brief Intervention (SBI) strategies with First-Year Students
This project aims to reduce alcohol abuse and related harms in UAlbany first-year students by providing early online alcohol screening and brief intervention by psychologists at the Counseling and Psychological Services.
Funder: U.S. Department of Education
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $294,601
Project Dates: 6/13/05-6/12/07

Evaluating the Effectiveness of Peer-Facilitated Alcohol Interventions with Judicially Referred Students
The long-term objective of this project is to address alcohol abuse by UAlbany students referred to the University’s judicial system for alcohol policy violations by reducing high-risk drinking rates and associated high-risk behaviors and increasing protective behaviors, evaluating the effectiveness of two peer-based model interventions for these high-risk drinkers, and identifying variables that mediate or moderate intervention effectiveness.
Funder: National Institute on Alcohol Abuse and Alcoholism (NIAAA)
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $890,000
Project Dates: 9/17/04-9/16/07

The Middle Earth Peer Assistance Program
This project aims to assess the effectiveness of peer-facilitated alcohol interventions in reducing alcohol use and related negative consequences in a population of first-year students at the University at Albany.
Funder: U.S. Department of Education
Project Director: M. Dolores Cimini, Ph.D., Counseling and Psychological Services
Award Amount: $75,000
Project Dates: 8/1/00-7/31/02

Updated: June 28, 2017