Spring Family Training Series

Sexual Health Education for Students with Developmental Disabilities
Rocky Bonsal, LCSW-R
Clinical Social Worker at Schenectady ARC
This presentation provides information on reasons to provide medically accurate information, resources for teaching school age individuals and adults, and Schenectady ARC’s Sexual Health Education program, including sample lessons.
May 9th, 2019
6-8pm

Now I Know What to Do: Functional Communication Basics
Deirdre Muldoon, Ph.D., CCC-SLP, BCBA-D
Assistant Professor of Communication Sciences and Disorders at The College of Saint Rose
This presentation will cover what functional communication is, where it stands in evidence-based practice, and how to find the correct communication replacement for some difficult behaviors. The presentation will also include a case example of functional communication, one that is illustrative of functional communication in the context of challenging mealtime behavior.
May 21st, 2019
6-8pm

Self-Care for the Caregiver of Individuals with Autism Spectrum Disorder
Jenna Bodisch, LMSW
Education Specialist at CARD Albany
In this session, participants will learn about different types of stress, compassion fatigue, and burnout and how each of those may affect daily functioning and ability to be a caregiver. This training will help participants to identify stress/triggers within themselves and will introduce attendees to several self-care strategies. Finally, this presentation will guide participants in creating their own self-care plan to use in daily life.
June 4th, 2019
6-8pm

Register online at https://www.albany.edu/autism/90915.php

All trainings will be held at:
The Albany Marriott
189 Wolf Road
Albany, NY 12205

These trainings are offered at no cost to participants through a grant from the New York State Education Department. Refreshments will not be provided.