Evidence-Based Social Skills Intervention for Adolescents with Autism Spectrum Disorders

The Program for the Education and Enrichment of Relational Skills (PEERS)

Program Eligibility Requirements

Participants must:

- Be adolescents, ages 12-17
- Have an ASD diagnosis
- Have average IQ and verbal skills
- Have social difficulties as a primary concern
- Be motivated to improve social skills & make friends
- Have a caregiver who can participate in training sessions
- Commit to 14 weeks of intervention provided weekly (Monday, 6:30 – 8:00 pm) beginning August 26, 2019
- Parents and teens need to participate in phone screening and in-person intake meeting

The Center for Autism and Related Disabilities at the University at Albany is now offering a group intervention for teens with social difficulties

The PEERS intervention is being offered at no cost through the Center for Autism and Related Disabilities at the University at Albany. This social skills intervention for teens on the autism spectrum provides social skills training in a group format. The program includes small-group instruction, role-playing demonstrations, social coaching, and socialization assignments to help teens learn real-world social skills that will help teens to make and keep friends. The program also consists of concurrent caregiver sessions to help parents learn how to act as social coaches for their teens outside of treatment sessions. Participants are asked to complete assessments in order for us to evaluate the effectiveness of this social skills intervention.

Parents will receive free resources for participation in sessions

For more information

Contact Jane Ann Worlock or Jenna Bodisch
Email: jworlock@albany.edu or jbdisch@albany.edu
Phone: (518) 442-2574
1535 Western Avenue
Albany, NY 12203