Make & Take Workshop

Date: Thursday, September 26th, 2019
Time Slots: 9:00-11:00am  
11:00-1:00pm  
1:00-3:00pm

Place: Westchester Marriott Hotel  
670 White Plains Road  
Tarrytown, NY 10591

For: Parents and professionals living or working with an individual with an autism spectrum disorder

Cost: A $5 registration fee is required; this fee covers the cost of materials**

Join the Center for Autism and Related Disabilities for a make and take workshop in Tarrytown, NY.

This training focuses on practical ways to teach coping skills to individuals with autism spectrum disorders. Techniques to assist with anxiety and problem-solving difficulties are discussed. Emphasis is placed on evidence-based strategies that can be taught and used in both the home and school environment.

Learning Objectives:
1. Identify reasons why it is necessary to teach coping skills to individuals with ASD
2. Describe different techniques to assist individuals on the spectrum with anxiety and problem-solving difficulties
3. Identify and make strategies (e.g. feelings thermometer, 5 point scale, coping board) that could be taught to your student and used in a home and school environment

Registration for a time slot is REQUIRED! Space is limited, register today!
To register, please visit our website: www.albany.edu/autism/Lower_Hudson_Valley_Conference.php

Continuing Education Units will be available for an additional $5 fee for the following professions:
- NASP
- CTLE
- Social Work

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