Evidence-Based Social Skills Intervention for Adolescents with Autism Spectrum Disorders

The Center for Autism and Related Disabilities at the University at Albany is now offering a group intervention for teens with social difficulties

The PEERS intervention is being offered at no cost through the Center for Autism and Related Disabilities at the University at Albany. This social skills intervention for teens on the autism spectrum provides social skills training in a group format. The program includes small-group instruction, role-playing demonstrations, social coaching, and socialization assignments to help teens learn real-world social skills that will help teens to make and keep friends. The program also consists of concurrent caregiver sessions to help parents learn how to act as social coaches for their teens outside of treatment sessions. Participants are asked to complete assessments in order for us to evaluate the effectiveness of this social skills intervention.

Parents will receive free resources for participation in sessions

For more information

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