The Five Quad formal was held at the Hilton Garden Inn at Albany Airport, on April 29, 2006. Most of the current Five Quad members attended, and it was a great night for all. Thanks must be given to Erica D’Errico for planning not only a fabulous formal, but a great semi formal as well. Great music and food made the event worth remembering. The Formal posed for a wonderful conclusion for a successful year, and hopefully a great start to the 2006-2007 semesters.
Five Quad VAS Semi-Formal

From L to R: Abe Bajaj, Erik Hopkins, Kim Zeiglen, Lauren Cullen, Rachel Engle, Jimmy Roth, Ariel Myers, Daniel Kempe, Shawn Bigam, Amanda Connover, Sarah Geldard, Nick Jones, Cindy Ng, Bart Cohen, Jennifer Johnson, Joe Alteri, Jesús Waltzer, Jordan Hoffman, Matt Unger, Erica D’Errico, Elliot Chung, Alexis Redman, Lauren Crudelle, and Kasandra Cliff.

Kasandra Cliff being presented with an award to honor her four years of service to Five Quad upon her graduation in Fall 2005.

Collage: Rachael Engle and Alexis Redman
Middle: Lauren Cullen, Sarah Geldard, Rachel Engle, Abe Bajaj, and Ariel Myers
Bottom: Rachel Engle, Lauren Cullen, Jimmy Roth, Amanda Connover, Sarah Geldard

Matt Unger, Rebecca Sullivan, Shawn Bigam, Jenn Johnson, and Jimmy Roth enjoying themselves at the Five Quad Semi-Formal.

Congratulations to Our New Officers for 06-07

President
Shawn Bigam
Vice President
Eric Koch
Director of Operations
Josh Stone
Treasurer
Brittney Eastley
Active Member Trainer
Rachael Engle
Membership
Ed Provenzana
Secretaries
Blair Deininger & Rachel Scales
Supply Officers
Ryan Jankow & John Soychak
Scheduling
Katie Crudelle
Public Relations
Cali Zimmerman
Corp Historian
Cara Zucker
Board of Directors
Joe Alteri, Darrell Wenner, Lauren Cullen

Matt Unger presenting Erik Hopkins with an award to commemorate his four years of service and his graduation in December of 2005.

Members in Training – Sarah Cardillo, Matt Plucinski, Joe Cuomo, Cara Zucker, Eddie Komar, Marc Schuler, Brittney Eastley, Cali Zimmerman, Katie Crudelle, and Caitlin Wheeler.
Officer and Staff
2005-2006

President
Shawn Bigam

Vice President
Elliot Chung

Director of Operations
Bart Cohen

Treasurer
Sarah Geldard

Membership
Lauren Cullen

Active Member Training Officer
Matthew Unger

New Member Training Officer
Eric Koch

Secretaries
Blair Deninger
Rachel Scales

Safety Officer
Abe Bajaj

Good and Welfare
Erica D’Errico

Supply Officers
Jordan Hoffman
Scott Seidl

Public Relations
Jen Donnelly

Scheduling Officer
Lauren Crudele

Corp Historian
Ariel Myers

QA/QI Coordinator
Sean Maguire ’00, ’04

Infectious Control Officer
Robert Velenage

Board of Directors
Nick Jones
Jimmy Roth
Darryl Wenner

Captain
Jimmy Roth

Lieutenants Board
Jimmy Roth

Thank You to Our Alumni!

We at Five Quad, would like to extend our gratitude to all of our alumni. The knowledge you have passed on to us and your continuing support are what make this organization possible!

NEW MEMBERS IN TRAINING – FALL 2005

Jessica Campbell
Sarah Cardillo
Katie Crudele
Joseph Cuomo
Michael Eissorfer
Brittany Eastley
Rachel Hardgraves
Ryan Jankow
Eduard Koman
Joseph Lennox
Crystal Martin
Matthew Pagano
Matt Plucinski
Ashley Plunkett

Marc Scholer
Joshua Schultz
John Soychk
Daniel Truchan III
Caitlin Winkler
Cali Zimmerman
Cara Zucker

NEW MEMBERS IN TRAINING – SPRING 2006

Kelly Bennetti
Travis Colvin
Steven Kaminker
Nicolas Rogacki
Adam Wall
Allyson Stein
Jacob Schlan
Phil Zwingelberg
Keith Rodriguez
Smriti Sinha
Sepehr Zandi
Meagan Butsch

Kelly Cheverko
Sepehr Zandi
Elizabeth Ellett
Kenneth Dawes
Khadeem Richards
Dear Former and Present Five Quaders:

Spring is upon us here at UAlbany and I bring you greetings as the current Five Quad faculty advisor. Under Shawn Bigam's strong leadership as current President of Five Quad we are moving forward. This past year Five Quad accepted a recommendation from Remo to create a position of part time Emergency Medical Services Advisor. After interviews former Five Quader, Howard Huth III accepted this position and while we continue to discuss reasonable expectations and needs we are excited to have Howard on board. So too, we continue to appreciate local Five Quad members who have graduated but continue to support our current members. Last fall, under the very capable leadership of Kassandra Cliff, former President of our Board of Directors, UPD agreed in concept to the idea of building a new Five Quad facility adjacent to the "new" UPD building (Indian Quad Parking lot) sharing a common community room which could serve our training needs. We are currently negotiating with the University to secure approval of this concept so that the lands can be dedicated for a new building. That will position Five Quad to actively pursue grants and aid to support funding such a structure. Finally, the Office of the Vice President for Student Success has agreed to make a modest allocation of $500, the purpose of which is to purchase a plaque to memorialize deceased former members of Five Quad whose contributions have made Five Quad one of the most stable and sustained student run organizations at UAlbany. In this respect and on a personal note, I extend our thoughts and fond memories to the family and friends of our very own Alexander Kulli. Be safe and remember one another well, as you are all members of our Five Quad Family.

My best always, 
John M. Murphy
Thank You Robert Velenage, for Your 10 Years of Service!

“Five Quad reminded me that there is truly a heart in EMS, that heart belongs to the youth, The eagerness to learn, to excel, to help others, and to simply make a difference. From that heart emerges the soul, this is found in the seasoned veteran, who has learned from their experiences, and tries to mold the new members into professionals of [emergency medicine]” – Robert Velenage

At our Five Quad Semi-Formal, Robert Velenage was given an award to commemorate his 10 years of service to our organization. Bob has been with the Five Quad Volunteer Ambulance Service since 1995.

He is a beloved member of our “weekend crew,” rounded out by Elliot Chung, Bart Cohen, and Matthew Unger.

“Bob has shown me the true heart in EMS and no matter what the scenario, there is always some good that can be seen,” said Matt Unger, Bob’s good friend and co-worker.

Not only are we thanking you, Bob, for your amazing dedication and experience, but we thank you for being the amazing, good-hearted, giving person that you truly are. You’ve made countless birthday cakes, prepared many breakfasts for your morning crews, and although it seems small, it means the world to us.

He has touched our hearts forever with what he refers to as his “war stories” and “babbling”, but what we will forever know as “words of wisdom.”

And always remember! “If it’s warm, wet, sticky, and not yours… DON’T TOUCH IT!”
EMS Dictionary

Artery.....................the study of painting
Bacteria.....................the back door of the cafeteria
Barium.....................what the doctors do when patients die
Bowel.....................a letter like A, E, I, O or U
Cesarean Section........a neighborhood in Rome
Cat Scan.....................searching for the kitty
Cauterize....................made eye contact with her
Colic.....................a sheep dog
Dilate.....................to live long
Enema.....................not a friend
Fester.....................quicker
GI Series.....................a soldiers ball game
Hangnail.....................a coat hook
Impotent.....................distinguished, well known
Labor Pains.....................getting hurt at work
Medical Staff.....................a doctor’s cane
Morbid.....................a higher offer
Nitrates.....................cheaper than day rates
Node.....................was aware of
Outpatients.....................a person who fainted
Post Operative.....................a letter carrier
Recovery Room.....................a place to do re-upholstery
Rectum.....................dang near killed them
Seizure.....................a Roman emperor
Tablet.....................a small table
Tumor.....................more than one more
Urine.....................opposite of you’re out

Q. What did the EMT say to the stroke patient with left side paralysis?

A. You’re going to be all right!

Word Search - Answers
A Word From Our Director of Operations

The year 2006 has been a promising one for Five Quad VAS. As a number of senior members graduated last semester, others have picked up the slack and helped to ensure the patients of Five Quad still receive the speed and quality of care which they expect. Attention should be given to the Scheduling, Safety, and Supply officers who have worked diligently to keep our ambulances staffed, stocked and running. A special thanks must also be extended to our Alumni members who have again proved to be there when needed.

A lot of exciting things have taken place this year. Five Quad participated in large operations including The Big Purple Growl, Fountain Day and the upcoming Commencements as well as the Relay for Life and various other activities. Five Quad has obtained Albuterol for our ambulances, which recently became available to NYS BLS providers. This item serves as a tool to help Five Quad better serve the community and has already been put to successful use. The spring probationary class has been admitted to the membership and will continue to bring new life into Five Quad.

Following a very successful interagency hazardous materials drill in the fall, plans are being discussed for an even larger one in the coming semester to further test our abilities. Add this the extensive mutual aid and public relations work Five Quad is involved in, it is easy to see high regard outside agencies and the public are beginning to find for some “college vollies.”

As the semester draws to a close I pass on the position of D.O. to the competent hands of Josh Stone. I am sure he will do a great job in the position and will be receptive to ideas from all. I thank everyone for their support over the past year and extend my best wishes for a happy and healthy summer.

“Be Careful Out There”

Bart Cohen
Director of Operations

TO SEE THE NEWSLETTER IN FULL COLOR
CHECK OUT FIVE QUAD’S WEBSITE AT WWW.FIVEQUAD.ORG