Here is an example of a page from the years 551-600 AD. There isn’t much written history from this time, so what we get are rather abbreviated entries.

<table>
<thead>
<tr>
<th>Western Calendar Year</th>
<th>600</th>
<th>596</th>
<th>593</th>
<th>587</th>
<th>562</th>
<th>552</th>
</tr>
</thead>
<tbody>
<tr>
<td>干支年号</td>
<td>庚午</td>
<td>丙辰 (推真6)</td>
<td>戊申</td>
<td>丁未</td>
<td>壬午</td>
<td>壬申</td>
</tr>
</tbody>
</table>

**Cyclical year and Reign Name**

The Empress in 593 is Suiko 推古. She is preceded by Sushun 崇峻, Yōmei 用明, and Bidatsu 敏達.

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**Political 政治, Economic 経済, Social 社会, and Cultural 文化 events are listed here.**

Prince Shōtoku 成為 regent in 593.
Here is an entry from the peak of the Heian period (795-1185 AD). The categories change, because the political environment changes. Of special note on this page is how many important and powerful people are from the Fujiwara 藤原 clan.

### Political, Economic, and Social Events

#### Reign title and cyclical year

If there is an intercalary month, it is indicated with the character 閏. 968 AD is year 1 of the Anna 安和 reign. It became the Anna reign on the 13th day of the 8th month of 967.

#### Western calendar year

968 AD is year 1 of the Anna 安和 reign. It became the Anna reign on the 13th day of the 8th month of 967.

#### Cultural events (now these deserve a separate category)

#### Government ministers. See course notes on ranks for more information. The date above each name gives the date he took office. The date below each name is the date he left office. All dates refer to the lunar calendar.

#### Regent/Chief Advisor to the throne.

摂 indicates regent, 間 indicates an advisor.

#### Emperor. On this page, the Reizei 冷泉 emperor reigned from the 25th day of the 5th month of 967 until the 13th day of the 8th month of 969.

#### Emperor. On this page, the Reizei 冷泉 emperor reigned from the 25th day of the 5th month of 967 until the 13th day of the 8th month of 969.

(In Indicated by “8. 13 改元”)
Here is a page from the early Kamakura period. I have only given you the top portion of the page, covering the rulers and leaders from 1201 – 1205 AD. Because the power structure of the country changed, the important figures are not the same as the mid-Heian period. Now we are given the retired emperor (院政) as well as the reigning emperor (天皇). We are also given the name of the “Barbarian Subduing Commander” (征夷大将軍) and the (military) regent (執権). Note that what I call an imperial regent (摂政) is NOT the same as what I call a military regent (執権), despite the same term used in English.