The focus of this presentation will be on practical ways to teach coping skills to individuals with autism spectrum disorders. Specifically, techniques to assist with anxiety and problem-solving difficulties will be discussed. Emphasis will be placed on evidence-based strategies that can be taught and used in both the home and school environment. With assistance from CARD Staff, participants will be able to create supports to help teach coping skills.

Registration for a time slot is REQUIRED!

To register, please complete the attached registration form and mail it back with your $5 to the address below.

The Center for Autism and Related Disabilities
College of Arts and Sciences
Department of Psychology
1535 Western Ave.
Albany, NY 12203
Phone: (518)442-2574
Fax: (518)442-4834
E-mail: card@albany.edu