How to Apply

The Living-Learning Community application is part of the University at Albany’s housing application process and will be available to you when you apply for housing through MyUAlbany as of May 2, 2016.

- Select the L-LC you would like to join from the list
- Select your intended major (including “undecided”), so that the staff in Student Engagement can be sure the preferred L-LC will be a good fit for you
- Tell us why you would like to be a member of the L-LC you have chosen and how you can contribute to that particular community

Students who are selected to be members of their chosen L-LC will be notified via University at Albany e-mail beginning late June.

Questions about the L-LCs can be directed to Student Engagement at studentengagement@albany.edu.

General questions about housing and roommate assignments can be directed to the Department of Residential Life at reslife@albany.edu.

The Office of the Vice Provost for Undergraduate Education works to provide opportunities and pathways for students to be active and engaged in their studies, both inside and outside the classroom.
**World of Health Psychology**

The World of Health Psychology is designed for incoming freshmen with an interest in the psychological aspects of developing healthy habits. Students in this L-LC will learn how to create and maintain habits for healthy living in areas including nutrition and eating, exercise, and sleep. Members of this L-LC will participate in:

- Activities related to healthy eating, sleep habits, exercise, study habits, and more
- Social gatherings with your L-LC friends
- Guest speakers
- Community service
- Programs to help you implement healthy habits into your daily life

The World of Health Psychology is open to all majors, and is particularly well-suited to intended psychology majors. Students who hope to form or maintain healthy habits in college will benefit from joining this L-LC. The focus of the L-LC will be shaped by the specific interests of the students who sign up.

**Living**

As a member of the World of Health Psychology you will **live with other incoming freshmen who share your interest** in developing and maintaining a healthy lifestyle.

**Learning**

You will **take one or two of your classes together** in the fall and spring semesters of your freshman year and attend co-curricular events together as a community.

**Community**

As a member of an L-LC, you will have a built-in community of friends from the start!

- **Friends:** Study and socialize with fellow L-LC members. Tackle those first-year courses with your friends by forming study groups where you live!
- **World Ambassadors:** “Learn the ropes” from peers selected from last year’s most engaged L-LC students.
- **Community Assistant:** Meet weekly with an upper-class/graduate student to plan or attend social, academic, and community service events.
- **Lead Faculty Member:** Get to know a member of the faculty outside of the classroom at weekly lunches or dinners in your own dining hall!
- **Academic Advisor:** Each L-LC has its own Academic Advisor to help you plan your pathway to success.
- **Leadership Opportunities:** Become a World Representative. Go on to assume a campus-wide leadership role.

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**Recent national studies have shown that living-learning communities positively impact student success!**

**Responsibilities of L-LC Members**

- Register for the designated L-LC classes
- Attend lunch or dinner with the faculty mentor and weekly L-LC meetings and/or activities with the Community Assistant
- Participate in All World Events with the other L-LCs (typically two per semester)
- Participate in at least one community service project with your L-LC each semester
- Be a vital and engaged member of your L-LC and of the University at Albany community

For more information about the World of Health Psychology, including classes and activities, or to learn more about the responsibilities of being in an L-LC, please visit our website.

[www.albany.edu/student_engagement](http://www.albany.edu/student_engagement)

Faculty interaction outside the classroom is directly linked to student satisfaction and enhanced learning.