Applying to be in an L-LC is easy!

The Living-Learning Community application is part of the University at Albany’s housing application process, available through your MyUAlbany account.

- Select the community you would like to join from the list
- Select your potential major (including “undecided”), so we can be sure the L-LC is a good fit for you
- Tell us why you would like to be a member of the L-LC you have chosen and how you can contribute to that particular community

Students who are selected to be members of their chosen L-LC will be notified via university email beginning in late June.

Questions about Living-Learning Communities or Student Engagement?
Visit www.albany.edu/student_engagement
Email studentengagement@albany.edu

Questions about housing?
Visit www.albany.edu/housing
Email reslife@albany.edu.

Questions about admissions?
Visit www.albany.edu/admissions
Email ugadmissions@albany.edu

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Student Engagement
Office of the Vice Provost for Undergraduate Education
University at Albany, SUNY
1400 Washington Avenue
Albany, New York
12222

Phone: 518.442.5333
Fax: 518.442.7484
E-mail: studentengagement@albany.edu
Visit us: www.albany.edu/student_engagement

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The World of Health Psychology

“The World of Health Psychology is a place where we get the opportunity to make new friends. It feels like a home away from home.”
– Noni Murphy, World Representative

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Check us out on our All World: UAlbany Living Learning Communities Facebook page!
Recent national studies have shown that living-learning communities positively impact student success!

**World of Health Psychology**

The World of Health Psychology is designed for incoming freshmen with an interest in the psychological aspects of developing healthy habits. Students in this L-LC will learn how to create and maintain habits for healthy living in areas including nutrition and eating, exercise, and sleep. Members of this L-LC will participate in:

- Events and activities related to healthy eating, exercise, sleep habits, study habits, and more
- Social gatherings with your L-LC friends
- Guest speakers
- Community service
- Programs to help you implement healthy habits into your daily life

The World of Health Psychology is open to all majors, and is particularly well-suited to intended psychology majors. Students who hope to form or maintain healthy habits in college will benefit from joining this L-LC. The focus of the L-LC will be shaped by the specific interests of the students who sign up to be involved.

**Living**

As a member of the World of Health Psychology you will **live with other incoming freshmen who share your interest** in developing and maintaining a healthy lifestyle.

**Learning**

You will **take one or two of your classes together** in the fall and spring semesters of your freshman year, and attend co-curricular events together as a community.

**Community**

As a member of an L-LC you will have a built-in community of friends and colleagues right from the start!

**Friends:** Study and socialize with fellow L-LC members. Tackle those first-year courses with your friends by forming study groups where you live!

**World Ambassadors:** Learn the ropes from a peer selected from last year’s most engaged L-LC students.

**Community Assistant:** Meet weekly with an upperclass/graduate student to plan or attend social, academic, and community service events.

**Lead Faculty Member:** Get to know a member of the faculty outside of the classroom at weekly lunches in your own dining hall!

**Academic Advisor:** The World of Health Psychology has its own Academic Advisor to help you plan your UAlbany pathway to success.

**Leadership Opportunities:** Become a World Representative. Go on to assume a campus-wide leadership role.

For more information about the World of Health Psychology, including activities and classes, or to learn more about the responsibilities of being in an L-LC, please visit our website. www.albany.edu/student_engagement

Faculty interaction outside the classroom is directly linked to student satisfaction and enhanced learning.